

MUSINGS

(At Peace Centre)

Smt. Bhanumathi Devi

SANTI ASHRAM

Thotapalli Hills, Via Sankavaram,

East Godavari

Phone: 7382009962

e-mail : srisanthiashram@gmail.com

Website : www.srisantiashram.org.in

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WRITER'S NOTE

Sometimes I feel so full and complete that I feel it is a waste of time to write the Musings, my Inner Thoughts. Thus some of the important Musings are neglected and forgotten. Today I resolved to write even the essence of my each Musing as it comes within then and there in the Present moment. I feel sure these Musings as they are helpful to me as I write, think and meditate on them.

They will be useful - to my Loving Readers also. May this life and its Musings be helpful to all the aspiring devotees even in a humble way is the Prayer of the One who loves you all, wishing your welfare.

-MUKTI

11.1.74, 5 AM

OM! OM!! OM!!!

Many salutations be unto SHIVA and PARVATHI. May they write these Musings.

1. HOLY STATUES OF AVATARS

The Mother Ashram Thotapalli Hill is blessed to have four Holy Statues of KRISHNA, CHRIST, BUDDHA and GANDHIJI in front of NIRVANA MANDIR – my dwelling place. At first it was a strain to me to garland them with the Holy MALA Garland of

SRI RAM JAI RAM JAI JAI RAM OM.

These days as I feel that they are within me, Krishna in Sahasrara, Christ in my Heart, Buddha in Agnya Chakra – the centre of discrimination and Gandhiji in the feet with his Loving Message of truth and Non-violence. I find it so easy now a days, to garland them with my Holy garland of Om Sri Ram Jai Ram Jai jai Ram Om. May I offer these Holy Garlands not only to Avatars, Sages and Saints who are around me, above, below and all around, near and far all around the world blessing me and all of you also with their presence - See Ye with loving eyes.

May Peace be unto all.

14.6.73, 4 AM.

2. TRAVELLING IN SPACE

Travelling in Space – Some may think it is mere imagination, what is there which not an imagination in this very changing world is. The world itself is a mere imagination and it is a bubble in Akhanda Satchidananda in Infinite Ocean of Existence, Knowledge and Bliss Absolute. My mana or madness, be it imagination it gives me joy and inspiration. Having no

work to do in the early hours of dawn I take joy in weaving garland after garland with the Holy Flowers of OM SRI RAM JAI RAM JAI JAI RAM OM and offer them to the so called departed Mahatmas and the living Sages and Saints in all the world. I close my eyes and went to Anandashram and put a garland around the neck of Sri Papa Ramdasji and around the neck of Pujya Mataji also our Swami Satchidanandaji and other devotees. Then in a moment I go to the Holy Himalayas and offer my garlands of Sri Ram Jai Ram to Gurudev Shivanandaji, then another garland to Pujya Chidanandaji another one to Sri Krishnanandaji. As there are many more garlands to spare I offer them to all the Mahatmas who are blessed to meditate in the Holy Himalayas sitting by the side of Mother Ganges. I take joy in offering my garlands to Father Himalaya and Mother Ganges also. To me these are neither dead nor living, neither animate nor inanimate objects – for all are the living images of the One Indivisible God.

From Himalaya I come down to Santi Ashram, the Abode of Peace to offer a garland to our Jnaneswari who never thinks of herself and always of others and also another garland to our Sri Ram, the ideal devotee who is always serving the Ashram and its devotees day and night so selflessly. Again I soar higher and higher to go to Durban, South Africa to offer a garland to our Pujya Swami Sahajanandaji and more garlands to all the Devotees there who are taking such good care of Santi Ashram in Totapalli Hills. Then I fly to USA to garland Sri Brahmanandaji, Mother Saraswati Devi and all other devotees including Dr Jykale and Mr Hydes too. From my Love excludes none but includes all the children of God who is the Light of the world, Heart of the Universe, above all who is One without a Second – being Omnipresent, Omnipotent and Omniscient.

When I got weary of garlanding all the children of God especially the Devoted Readers of Peace roaming all over the earth, I fly towards the sky and begin to garland all the Stars, all the Celestial Beings – visiting the Moon also where I see the Mystic Syllable AUM even from my boyhood days. Imagination is with destruction and construction. Then I am tempted to wander towards the Sun, the Light of the world. Lo and behold! When I try to garland the Sun who is all Fire, I get consumed with my garlands and merge and dissolve in the Self effulgent Splendor of Millions of Suns.

Om Tat Sat Om.

May Peace be unto all.

OM! OM!! OM!!!

14.6.73, 5.30 AM

3. OUR SRI RAM – THE IDEAL DEVOTEE

Our Sri Ram has been an Ideal Devotee, an example to all the devotees – not only to the Devotees but also even to the Sanyasis and Yogis. I take a joy in calling him a Sanyasi of Sanyasis, a Yogi of Yogis. Sri Ram (a) good work(er), day and night serving to peace centre and left yesterday to Mother Ashram in Totapalli Hills in Andhra as he has a greater urgent and pressing work to do, in receiving the candidates of Sri Rama Tirtha Institute of Peace in the coming course of Spiritual Instructions.

Sri Ram has been ringing the bell every day at 5 AM, after taking his bath in cold water regularly even in this cold Nilgiris. Even Gods shiver and marvel at Sri Ram's single and regular habits and his strict disciplined self. May Gods Richest Blessings of Health and Peace ever be upon our Sri Ram and He bless him with longest life of service not only to Santi Ashram and Mother land but to all Humanity from his dedicated heart's love to all Humanity

Om Tat Sat.

May Peace be unto all.

14.6.73, 5.30AM

4. I CANNOT AFFORD TO WAIT for GOD

How inspiring is the thought that I cannot afford to wait for God. Until I begin my prayers or meditations. Some devotees wait for God until they go to the Temple or Church. Is He not here more sparkling in your eyes, throbbing in your heart, flowing in your very breath.

Q: If God is not here and now, from where does He come?

A: He is here and now – with you, within you, working in your hand, thinking in your mind and writing these Musings through the hand. Feel, feel, feel His Indwelling Presence, Interpenetrating Presence Now and Here. The time to feel God's Presence is now, in this present moment. The place to feel His presence is here and now.

May you feel His Presence whether eyes closed or opened – For, God is the only ever present Reality or Truth.

Om Tat Sat

May all His children feel His Presence Now and Here.

May Peace be unto all.

14.6.73, 7 AM

5. BORN NOW

How blessed it is to be born now in this loving PRESENT MOMENT. Rebirth or new birth, gives a death blow to all the passing clouds of depressions and oppressions.

Life – human life is full of oppressions – depressions, fears and expectations of every kind. Whereas DIVINE LIFE is free of all depressions, fears and anxieties of every form. The man of Divine Life or God Consciousness is all free. He is the Sun of Suns. Where is fear or expectations in the splendor of Millions of Suns. The first requirement of re-birth or new birth is to follow SOHAM ceaselessly without a break as Taila Dhara. This new BIRTH alone is your Divine Heritage. Be born now. Assert it now and here. If not death – even suicide is better than giving away to passing clouds of depression and oppressions and fears of weakness and

darkness. Arise and awake and Stop not till the Goal is reached – the Goal which is all Splendor, Glory and Peace.

May Peace be unto all.

OM! OM!! OM!!!

23.6.73, 3 AM

6. AHAM BRAHMASMI

Aham Brahmasmi Mantram is the Highest Mantram. It is the Maha Mantram of Mantrams. When everything fails, to give freedom and peace – real liberation or freedom, it is this Holy Mantram that makes you free of all bonds, fetters and fears of the mundane world. The Holy Mantram of I am the Sun of Suns – the Light of Lights gives you liberation now and here.

The Mantra says – ***Aham Brahmasmi mantram janmapapam vinashayet, Aham brahmasmi mantram kotipapam vinashayet*** This Aham Brahmasmi Mantram dispels the sins of the whole birth. This Aham Brahmasmi Maha Mantram destroys a millions of sins. What are the thickest clouds, darkest clouds, even if they are a Million before the burning SUN, the Light of the world! What a consoling, life giving, and soul awakening thought to all the sinful or weak persons. Let us assert this living TRUTH of the Infinite and Eternal Light now and here and thus drop off all the passing clouds with the all-consuming light of the Maha Mantra of AHAM BRAHMASMI – Thou art the Sun of Suns now and always, the Light Eternal – Infinite and Stupendous. In thy Self effulgent Light you can burn away millions of fears and depressions. Let us begin to practice now with every breath Aham Brahmasmi Mantram, which is no other than SOHAM within slowly, steadily and ceaselessly. May Taila Dhara be your ideal and Guru. Follow it now and always with all the strength of your heart, mind and Soul.

May SOHAM bless all.

Om Tat Sat.

OM! OM!! OM!!!

May Peace be unto all.

23.6.73, 4 AM

7. MY MEDITATION THESE DAYS

These days I no longer take joy to meditate clinging to body of blood and flesh. How can I cross the ocean of SAMSARA clinging to this crocodile of Ahankara – egoism. I fill the body first with Individual Peace and Light which paves the way to Universal Light and Peace. I come out of this cage-like body of flesh, blood and bones. I come to whole universe considering all

the world as my Body itself. Then I begin my Maha Mantram. Coming to the East with the first JAYA into the second JAYA to West and with RAMA North and with KRISHNA, the South with HARI and OM the whole world from the sky to earth, from the Heavens to the lower worlds. All loka's spheres are filled with the Presence of Light, Life and Love.

In this Universal Meditation no one is excluded – all are included. What a wonderful meditation to embrace the whole of humanity both the friend and foe, even **bird** and beast, flowers and stars in the arms of Love which is One without a Second. How blessed it is to have LOVE that embraces all. Verily the Heart devoid of Love for all, is a cemetery. Let us meditate now on the Universal whole – on Poorna, Completeness to be blessed with Peace that passeth all understanding - the Bliss of the Beyond, the Incomprehensible Splendor of Millions of Suns.

Om Tat Sat.

23.6.73, 7AM

8. PRACTICING MY MEDITATION THESE DAYS

Practice is one thing and theory is another thing. There is as much distance as between North Pole and South Pole between Practice and Theory. Theory is darkness and Practice is Light. Do you want to be in darkness or light? If so join me my Loving Reader in Practicing My MEDITATION of these days from today and feeling His Presence Now and Here ceaselessly. To begin with let us fill the body from the toes to the top of the head – Sahasrara with the words of Simple MANTRA JAI JAI RAM KRISHNA HARI OM.

With the first JAI you are filling the Right Leg – with the second JAI, you are coming to the Left Leg filling it with HIS Presence. Now with RAMA you are covering the left hand and shoulder, with KRISHNA you are recognising the LIGHT in the right hand and shoulder. Now there are only two more Holy words; HARI and OM. With HARI you are covering with Light from the head to the toes and with OM you are going up again towards the Heights until you are established in the Heighest centre of Sahasrara, the thousand petalled Lotus.

Glory! Glory! Glory!

It is all the Millions of Suns. Splendour. There is nothing more to be said on mantram Let us feel and feel. Let us use what we have, so that as we practice this simple Meditation, it will lead us to the Universal Meditation slowly and steadily one step at a time. May you be centred and established in the Individual Meditation now, so that you will be lead into a simple and natural way to the Universal Meditation and this be a Blessing to THY CREATOR, The God of Gods and Light of Lights.

Om Tat Sat.

OM! OM!! OM!!!

29.6.73, 5 AM

9. RAMA RAJYA

Thoughts are things, what we sow we reap sooner or later. Mahatma Gandhiji sowed the seeds of RAMA RAJYA. Mahatmaji is never dead. Selfless souls are alive eternally. Only selfish souls who are alive are already dead even though they are alive. Mahatmaji's message is to be practiced at least by his devoted and ardent followers to bring Rama Rajya to the east, to establish PEACE and GOOD WILL in the world between communities and nations in the world- in both the East and the West. May Sri Mahatma Gandhiji's immortal spirit which is hovering over us, which is ever present give us the necessary strength to establish RAMA RAJYA first in our peaceful hearts then in the whole body, in the Home wherever we may be and fully spread among the country and nation in memory of Sri Gandhiji who is ever watching us anxiously as a witness of our thoughts, words and deeds.

Now let me share my own thoughts of how I try to fill my body with the presence of Rama from the toes to the top of the head to begin Rama Rajya within. First in my own heart hoping that it will pave way to Universal Peace, as it is the Individual Peace that paves way to World Peace. Before we think of establishing RAMA RAJYA in the world, or in India, first we must establish it in our own body. I take joy in appealing the truth again and again with great emphasis of Individual Peace and freedom. Thus I try to fill my body, each and every cell of it with RAMA. From the toes to the top of the head, it is RAMA when once my body is filled with Rama's presence when each and every cell in it is pervaded and permeated by His Presence, I open my eyes to see Rama in every one and all around me as it has been said ***anta Ramamayam E jagamanta Ramamayam***. All this is Rama, the whole universe is filled by Rama's Presence.

In my own way I try to ask the children, workers and devotees around me to feel the Presence of Rama within themselves as well as in all the world, even in flowers, birds and plants and in the dumb animal friends. Thus Rama Rajyam begins at first in our devoted and peaceful hearts and spreads it off in our homes and communities until it pervades the nations and fills all the world with His Presence, Light and Love. Blessed are they who can say the world is my home and all the people in it are my sisters and brothers. To love and serve them is my religion. This is the first step to establish Ram Rajya within and spread it all over the world. May we in our humble way contribute our quota to establish Rama Rajya by establishing Rama Rajya first in our devoted hearts, today alone now and Here feeling Rama's Presence within and feeling Him all around. For nothing else except Rama within and without. May glory be unto Rama, the Light of Lights.

May peace be unto All.

OM! OM!! OM!!!

30.6.73, 7 AM

10.. WORLD CITIZENSHIP

Blessed are they who are blessed with Hearts of universality and whose love includes all and excludes none. Who can say boldly that I am the citizen of the world but not the citizen of my own village or town or even to one country or nation. World Citizenship belongs only to very few and rare souls of freedom and illumination. All others to bind to one nation or religion. What are the most essential requisite to become a world citizen.

- I. You must have LOVE in your heart, not love for your body or for your dear ones at Home, Community or Nation but all for all Communities and Nations, for all are the children of one Indivisible God or Light. An aspiring heart that loves and feels for all is most essential for God is Love and Love is God. Verily the Heart which is devoid of Love is a cemetery. Where love is there is God.
- II. The repetition of one single PEACE PRAYER makes one feel God's Presence or Love Universal within yourself. As the way to be happy is to make others happy, you should try to slowly to repeat the Peace Prayer yourself and make all your dear ones and friends and devotees to repeat and spread the Peace Prayer from head to heart. For this is the way to be happy and make your fellow beings happy. This should be one of the ordained duties of the world citizen.
- III. It is a subtle trait or weakness to praise one's own religion and condemn inadvertently the followers of the other religions. When one's real love and caring others in one's heart, one is free of all weaknesses of praise himself and condemnation of others.

Be dead to the little self, to ego so that you can live for all humanity. Be proud to be a world Citizen. These days something urges me from within to make all of you World Citizens.

I am taking joy in writing the free and rare and precious name of the World Citizen. Dear Loving Readers are you World Citizen? May I have the privilege of adding your name to the list of the World Citizen which is the goal and Soul of human Birth. Let us feel for all, let us Love all. For, in loving every one of the least of his children anywhere in the East or West and His dumb animals and sweet smelling flowers, we are only loving the different forms or Images of the one indivisible God. Glory to whole World Citizenship and Homage be unto the World Citizens with my ardent prayers for their longest lives of service and Peace.

May Peace be unto all.

Om Tat Sat. Om

30.6.73, 8 AM

11. YOU ARE MY GOD

There are only two souls in this wide world who consider me as their God - 'all in all'. It is blessed to have even one SOUL who considers us as his All in All. One is Sri Vandana, one of the devoted student of our Vedanta class who has surprised me saying 'Dear Swamiji, YOU ARE MY GOD' The other one is OMY our little splendid puppy. OMY does not say with its mouth in words – as it is a little puppy. But it looks at me and follows me as my shadow both day and night as if saying Swamiji, you are my God! My heart longs to be fully worthy of the great love, trust and confidence of these two loving souls.

As I look at their simple faces my heart longs to be fully worthy of their deep love and trust and never to disappoint them in any way

SOMEBODY LOVES YOU.

Empty thyself to be fully worthy of that somebody. Let the ego be destroyed in the fire of God consciousness to be completely worthy of that somebody, by feeling HIS Presence ceaselessly.

BE DEAD, TO BE ALIVE to God, to self and never throw those who love you.

May God bless you, Vandana, OMY – with longest lives of Health and Peace.

Om Tat Sat.

OM! OM!! OM!!!

30.06.73, 8.30 AM

12. NOW-the Life- giving Present MOMENT

I wrote several Musings on the present living moment, Now - but never tired or weary of writing my thoughts on the life giving and soul awakening precious moment, Now. I feel the three reflections Now represent to me Omnipresence, Omnipotence and Omniscience. Man of the world is miserable for he lives either in the dead past or in the dim uncertain future neglecting the life giving Present moment, Now. Blessed are they who can make the best use of every moment, living moment by moment in His Omnipresence. Very few and rare are they who treasure the potentiality of the Present moment - Now He who wastes moments wastes all his life. Repeating that line is precious still, it is sad to see that men of the world, majority of people wasting their precious time with too many useless works and with unprofitable words. Always scheming what things will do in the dim future - forgetting and neglecting life - giving and soul awakening moment - Now. Now or never should be the ideal of all seekers of truth who are aspiring after God, the goal of precious human life. The result of such aspiration making best use of every moment will be God Realization Now and Here. With every breath, with every heart beat may we feel God's Presence making best use of this very precious moment Now. Blessed are they who can say this one step is enough for me. This one single moment Now is enough for me, to lead towards God.

May peace be unto all.

Om Tat Sat.

9.7.73, 10 AM

13. FOLLOW SOHAM

When you are weary and tired, oppressed and depressed merge within and follow SOHAM which is your own breath. It is so easy, simple, direct and most useful if you could only follow your breath ceaselessly. When everything fails to give you Peace of mind or freedom from the brute life of senses, when you are sad and blue, it is Soham that helps you. It

is the unfailing remedy for all the ills of man. Practice, constant practice of following Soham, faithfully and ceaselessly is wanted making it your life's Soul and goal. If you use what you have, what you have will grow infinitely. The finite breath becomes the Universal Breath. Begin Now only for this moment alone is yours and not the next moment. How true are the words that today alone is yours and not the next day. May the Holy Soham breath give you Peace, longevity and God – realization now alone.

May Peace be unto all.

Om Tat Sat.

9.7.73, 10 Am

14. INHERENT DIVINE ENERGY

I AM ALWAYS HAPPY WHEN I WRITE SOMETHING INSPIRING. Today I am thinking about the Inherent Divine Energy which is the Birth right of each and every individual on the sphere of the earth, for, Divine Energy of God is the only true Heritage of every man, True living Image of God. Yet in the practical life, man - ignorant man being the Image of God having Omnipresence, Omnipotence and Omniscience as his Divine attributes forgetting his Inherent Divine Energy is living like a Mummy, Dead corpse, clinging to the perishable body of flesh and blood and with thousands of anxieties, worries and fears. How real it is having Nectar of immortality within himself, man should run after the deadly poison of ignorance in darkness, running after the alluring senses which lead finally to destruction and death.

It is not theory or philosophy that we read but practice of God's Presence, His Inherent Divine Energy in the practical daily life. Do not live like a dead body without life. Be a flowers of God. Omnipresent, Omnipotence and Omniscience are not mere repetition but expression and manifestation in your daily life in little things as well as in big things. It is this Divine Energy what is writing in me and which is reading in you, my Loving Reader. Wherever you may be, whoever you may be, you are that Inherent Divine Energy, most of you have forgotten IT. Thou art THAT. Tat Twam Asi. May Glory be unto the Divine Energy which is expressing in the Sun, Sea, in The Stars, birds, beasts and flowers, nay in every atom of the Universe - also all in all of you.

Om Tat Sat Om.

May Peace be unto all.

OM! OM!! OM!!!

10.7.73, 7 AM

15. PUJA – THE WORSHIP

For the PEACE of Our Soul. Everything that we do must be made unto Puja – the worship to the All- Knowing Omnipresent God. Whether we know it or not, whether we recognize his Omnipresence or not, we live in Him, work in Him, breathe in Him and finally merge and dissolve in Him. In little things such as writing or reading, it is all HE. In big things such as offering Prayers or doing Meditation, it is all HE. For if it is not for HIS Presence – ever present Presence, we can never do anything. So may we recognize Him in all that we do - this makes

our life a continuous PUJA- endless worship to HIM. May this be a tiny offering to the Omnipresent God, who is in all of you.

Om Tat Sat Om.

May peace be unto all.

11.7.73

16. CONTRADICTIONS

Life seems to be full of contradictions. Contradictions are only in the finite outer life where as in the Infinite Life it is all one and the same presence. Which is Infinite and Eternal – without any changes too, being one without a second. I write, teach and preach to live in the Present Living Moment - Now. Yet I plan for the morrow for the future.

- I. As we are leaving the inspiring Nilgiri Peace Centre of beauty of serene and as our Ideal Devotee Sri Vasudevan is taking me on his comfortable car. Tomorrow that I should sit by his side feeling the Light within and without helping him to feel the Light.

As we will be staying in the lovely home of Sri Meenakshi Sundaram Chettiyar, there also I should express same Light helping the devotees there to feel the Presence of God. As I sit in the compartment on the train that takes me to Madras, I should help all the fellow passengers do to feel the Light – the Presence of God, the only changeless reality in this world of all changes. As we stay in the comfortable Waiting Room of the Madras Central Station, I should help all the devotees who come there with Light with the touch of God's Presence - For life is not worth living if we fail to love, help and serve our fellow beings. May the life, every moment of it be helpful to devotees in Guntur, Vijayawada and Bhimavaram on the way and as we reach our destination Sri Santi Ashram, Abode of Peace. This is my ardent prayer, this moment alone ours and not tomorrow. Why all these plans for the uncertain dim future and Live in Him – Now, moment by moment in Him. This is our prayer to God who is our soul and goal.

May Peace be unto all.

Om Tat Sat O

17. BEEF EATING

A wise man said, if you tell me what you eat I will tell you what you are. It made us all sad and shocked to read the Editorial in VISWAKALYAN about the speech of the Prime Minister of the cultural and enlightened state of Mysore advocating the Mysoreans, the God – loving and devoted people to eat beef in an open lecture. After reading the same I am wondering what the Prime Minister eats. His food must be BEEF. He must be living on beef. A man who gives such a cruel and heartless message advocating to God-loving Hindus who consider all life as sacred and one with the respect and veneration for the dumb animals, especially cow - must be living on Beef eating, Beef for Breakfast, Dinner and Supper.

One of the oldest devotees of the Ashram who was a former minister of the cultural state of Mysore was sad to read the sensitized shocking message and said to console me. But to know the Prime Minister drinks also. Such thoughtless words that hurts the gentle feelings of the pious Hindus come only from a drunkard. He must be a Muslim in the former birth addicted to eating Beef, the flesh of gentle loving cow – GOMATA. Only in KALIYUGA, such cruel and drastic things happen which is almost unbelievable.

What is our duty now. When we hear of such heinous and cruel things, what is the duty of the devoted Mysoreans, who are blessed with loving hearts of devotion and compassion. Santi Ashram, the mission of Peace is blessed to have some sisters and brothers who are doctors, professors and lawyers, merchants etc. who are full of love and compassion, who never killed even a fly respecting all life is ONE facing God in all life, nay, from the lowest atom to the biggest planet. My homage goes to all such loving souls of love, truth and non-violence. They are the real followers of Mahatma Gandhiji- to JATIPITA, to the father of BHARATMATA.

When man becomes a beast with no heart of love or respect for the helpless, dumb animals, especially towards the gentle cows advocating FLESH EATING – BEEF, this is the time for us to cling the God, to light within for consolation and comforts, offering the memorable Prayer of Lord Christ, FATHER, forgive them for they know not what they do..... May Peace Love and Forgiveness and Compassion alone flow from us towards the weak and erring children who are groping in darkness forgetting the Light within ever present Omnipresence. As the SUN shines on all, on the Saints and the sinner equally, May THY Blessings be upon the Prime Minister as well as on the poor peasants. Blessing all with WISDOM and PEACE, human as well as dumb animal kingdom, as all life is one without a second. An offering to Bhagavan Sri Krishna who is in front of me as I am writing this message in the early hours of dawn in the Peace centre, Nilgiri Hills, playing on his divine flute- looking on the gentle cow – GOMATHA- asking his children to empty their bodies and minds from all selfishness and ignorance. Loka Samastha Sukhino Bhavantu.

Om Tat Sat

12.7.73

18. LITTLE NAPS ARE MOST DANGEROUS

In the path of Spirituality LITTLE NAPS are most dangerous and harmful. Forgetfulness of God or TRUTH even if it is for a moment is real death. It seems that a devotee was praying for hundreds of years at the gates of Heaven for the gates to be opened. Weary and tired, he had one nap. During that short period, it seems the gates of Heaven were opened and shut again. How sad and unfortunate! The path of Truth is narrow and rugged. We are always walking on the sharp edge of a razor Blade.

Q: What should we do in order to escape this death like suffering and misery?

A: Remembering the wise words that Forgetfulness of DHARMA – the TRUTH or GOD is actual death, we should try to be aware of His Presence ceaselessly in each and every moment of our lives expressing TRUTH – HIS Presence in thought, word and deed.

As Light dispels the thickest clouds, only God's Presence drives away – dispels the darkest sins of our ages. Let us not fall even in a dream into the cruel mouth of the serpent of AHAMKAR – egoism. May every Breath be Awareness of SOHAM Glory, help and lead us to open the portals of Heavens to establish Peace first in our painful hearts and bless the world with Peace Universal.

May Peace be unto all

Om Tat Sat Om.

12.7.73, 5 AM

19. WHAT AM I TAKING FROM NILGIRI

What are we taking from the lovely cool Nilgiri hills, from the Peace Centre in Kotagiri. Our friends and members of the Ashram are taking the famous Nilgiri oil for the use of the sick and suffering to relieve them of their pains. As for me I am taking the fragrance of the sweet smelling flowers. I am taking the Care Free Life of the sparrows and other birds that do not look for the morrow for the Heavenly Father feedeth them from day today. I am taking with me the essence of the message of Sri Krishna's DIVINE FLUTE. Make Thy body hollow, EMPTY THYSELF of all ignorance and darkness. Do not live for yourself, live for all. In loving any of the least of His children you are loving only God – the one indwelling Light or Presence who is permeating and penetrating the very cells of your body as well as all the universe.

Light of Millions of Sons is your Divine Heritage is your true Birth right. Do not hide it under a basket. Please share it with all the Children of God in the East and the West who are groping in darkness of duality. The Lord said - Let there be Light and the world is filled with Light. Now as you go forth into the world of activity, carry the light of your life, the Light of your heart and wake up the sleeping souls with the life giving and soul awakening Thy(Prayer) on lips : Lead us . from darkness into Light, from duality unto Oneness, to Awareness of His Presence Now and Here and above all from mortality into Immortality, death to Eternal life.

May there be Peace in the world and let it begin with me in my peaceful heart Now and Here. For it is the INDIVIDUAL PEACE that paves the way to UNIVERSAL PEACE.

May peace be unto all.

OM! OM!! OM!!!

12.7.73, 5.30AM

20. TODAY IS THE FRIEND OF MAN

Blessed are they who can make every day as their best friend making best use of each and every moment from dawn to dusk. Instead of relying on outer friends who are so changing in

could rather rely on this unfailing friend who comes to us every day with every dawn bringing the message of Light of - Self effulgent Light – the Light of all the worlds. As we make best use of every moment of this day we grow silently and steadily in wisdom, filled not only with Light but also with Life which is Eternal, Love which is all-embracing and Universal. May all Homage be unto Thee, TODAY – The unfailing, eternal and unchanging friend of man.

Om Tat Sat Om!

May Peace be unto all.

OM! OM!! OM!!!

17.7.73, 6 AM

21. THE SIMPLE TINY HUTS

Man is so busy with himself having no time to see anything good anywhere in the outer world even in better things. Having eyes, see ye not! Did you ever see hundreds of tiny huts of Coolies by the road side, especially by the nets of the Railway Stations where Coolies are busy breaking the stones for construction works or for the placement of rails. As the poet said, God is here where the Coolie is breaking the stones, verily work is worship. As I pass by the road side, in our peace van or travel by train when I go to the Peace Centre in Nilgiris, I take joy in watching these little tiny huts. Uncommonly the thought comes how heavy is the head that wears the crown be of his Kingdom or Ashram with all its heavy responsibilities. One feels that man is bound with iron chains hand and foot. Life seems to be so suffocating – always busy and restless in doing work. Look at these coolies in their tiny huts so happy, carefree and contented – doing hard work earning their daily bread by the labour of their hands.

Why are they so happy and contented. Whereas why is many a learned man, rich man is so restless, unhappy and miserable. This ... simple life of rice and vegetables, makes them healthy and happy whereas the rich man's life – complicated with various dishes courses of food of every kind – makes him more feverish and sick often resulting in indigestion. For he has no work like the laborer to digest what he eats. Eating, talking and sleeping – pave the way to idleness of rich man. The laborer – the coolie – does not have any Autobiographies to print- Even musings to write and get them typed. He is free of all self- made so called without duties and responsibilities. He is contented with his simple life of breaking stones earning his daily bread. To his heart's content within, with his life partner and mother and children. I feel God is here in these tiny simple huts. Where is love of life. May all blessings be unto these simple souls of fresh and Peace.

Om Tat Sat Om

OM! OM!! OM!!!

11.7.73, 6 AM

22. TO OUR LOVING VISITORS

It is very kind of you to have come to see the Ashram and myself. What can we do for you? Time is too precious to be wasted in mere words in *Kushala Prashnalu* asking your welfare etc. We want you to feel God's Presence here and now, as He is abiding in your heart, Sparkling in your eyes and flowing in your very breath. The moments that we spend alone with God are the only moments of our real life. It is our aspiration that no one should leave the Ashram without filling their hearts with His Presence.

Santhi Ashram is your own Spiritual Home. During your stay here, fill yourselves with His Light and Love. Kindly take part in Nama Sankirtan and also in offering Prayers for the sick and suffering people in the world in our Spiritual Healing Centre on the upstairs of SUSHILA Hospital. Above all in your visit, please memorize the single helpful Peace Prayer and let your ladies and children repeat it in your Home. Thus make it Heaven – a Heaven of Peace on Earth. It is within your hearts to make your Home a Hell or Heaven on Earth.

As you go back from the Ashram unto the world of activity, May you carry the Divine Heritage – your Birth right, Self-Effulgent Light with you and express the same in thought word and deed. This is the prayer of your own Omkar.

May Peace be unto all.

OM! OM!! OM!!!

16.12.73

23. CONTENTMENT OF MEN IN THE SIMPLE HUTS

When I write, whatever I write must be useful not only to myself but to all – to all the children of God in the East and the West. I should not write mere trash, I should not repeat the same thing again and again to fill up the pages to entertain visitors. It has been said that a fool repeats the same thing again and again the same thing. Originality is needed. Something first from within must be given out from one's own personal Experience. Anything that comes from within is always helpful for others for it is original.

May the day – day for Original always from within.

OM! OM!! OM!!!

17.12.73, 11 AM

24. FORCED REST

With the God – given FORCED REST for 15 days, although confined to bed mentally I was taking part in the Nama Sankirtan. Repeating His Name with the devotees who are engaged in that holy work of particularly filling one's body from the toes to the top of the head with God's Name. I was also taking part in the Spiritual Healing Centre offering prayers for all the

sick and suffering people in the world. How blessed it is to Love and pray for the welfare of others.

When I am able to walk a few steps I am the happiest man in all the worlds. Let these falling steps take me towards God only. I fall with the falling steps but I have conquered half the world.

Q: When will I conquer the whole world?

A: I will be the Master of the world when I can run, fly with the birds, play with the children, shine with the stars.

Verily he who controls himself controls the whole world. How can the Infinite be confined to a sick bed in a small room. It longs to come out of the cage – like body of flesh and blood. Ignoring the passing clouds of sickness, accidents etc whether it is in Forced Rest or in busy work let nothing come between you and God as He is the only changeless Reality in all the conditions of outer life. But the Inner life Nivritti Is your Soul and Goal. May we ever abide in it for your Peace as well as for the Peace of the world.

May Peace be unto all.

Om Tat Sat Om.

18.12.73, 5 AM

25. GOURANGA IS CALLING YOU

Sitting under the lovely Margosa tree in Thotapalli Hills in front of Gouranga – Sri Chaitanya Maha Prabhu, I begin to sing in the early hours – when all nature is fresh and still, I begin to sing the Holy Mantram - SRI RAMA JAI RAMA JAI JAI RAMA OM You will be surprised that the very leaves of the NEEM tree and the flowers around me join me in the Holy Chant. I look at Sri Chaitanya Prabhu to see whether he has joined us also, Singing the Sacred – Mantram, He is there ever singing His names exhorting all people to repeat HARI BOLO ceaselessly. Having ears to listen can you not listen to HIS Holy Song.

Dear Loving Readers, where ever you may be, hear to the Divine call of Lord GOURANGA. He is calling me, He is calling you, and He is calling all the children of God in East and West and in all the world. Let us be silent to listen to His Divine Music, Still Small Voice. May every cell in your being from the toes to the top of the head respond to the Divine call of Lord Gouranga – the Light within SRI RAMA JAI RAMA JAI JAI RAMA OM, leaves and flowers and also the OMY the little Puppy which is lying near my feet. If flowers and leaves and even the dumb animals are taking part in the Holy chant in the silent worship of the Creator, O Man, the living Image of God why are you still deaf, mute and lazy. Pray, for in the song and dance of the Divine where God's are rejoicing and showering Blessings in the form of drizzling from Heaven.

OM! OM!! OM!!!

26. ASHAMED OF BEGGING

After the Forced REST as I am privileged to walk with faltering steps towards the lovely Margose tree where Gouranga Prabhu – Lord Chaitanya is calling me with outstretched hands to come unto Him. I feel so happy and contented, to listen to His Divine Call and my heart longs to merge and dissolve in Him forgetting the outer world. As I sit there in Silence looking at all the beauty and glory all around I feel so ecstatic and contented, feeling like the uncrowned messiah of the world.

Being the Light of Lights, why beg for a little more light or for the perishable goods of the world even in the name of Ashram and its Gurukula. In this glory, feeling His presence within and without I feel ashamed of myself still writing, begging letters even from my sick bed. Such is the sad and deplorable attachment to Santi Ashram, my hard work of 60 years. In this birth even though I am attached to the Ashram, the Mission of Peace, let the Ashram Serve all the aspiring Souls in East and West is my only Prayers. In this Birth may this life be helpful and useful to all of you and if I am going to have next birth I will think of my salvation, Mukti in the coming birth.

May your Peace be my Peace. May Peace be unto to all.

OM! OM!! OM!!!

18.12.73, 6 AM

27. OUR HOLY POPE

Dr Babu Rao Patel and Dr Sushila Rani have been two oldest devotees, friends and well wishers of Santi Ashram, the Mission of Peace. It was a happy surprise to me yesterday when I received their illustrated monthly journal to see the photos of Holy Pope blessing both of them during their last visit to Europe... **at.** Rome is considered as a Holy city because it is the Residence of Holy Pope. Holy Pope is the Father of Millions of Roman Catholics who worship him as their living God. He lives in Vatican in Rome.

During one of my visits to America, I had the joy of visiting Rome but did not have the Privilege of paying my respects to Holy Pope. Then I was too young, yet seeking God within but also without me in Masters and Prophets, for God blessed me within The Light - Vision of Truth that God is even within in the stillness of one's own heart. But I have the great joy of considering all as my own, the big and small, rich and poor, the mighty and weak – even the emperors and peasants. Verily Love includes all and excludes none. It gives me joy and strength to think that the Holy Pope, the Holy Holy Father of Millions of Christians who sits in Vatican as the King of Kings of all Roman Catholics as my own. I am related to Him spiritually for Spirit or God is ONE – includes all the inhabitants of the world excluding not even atom or largest creature. Feeling the urge within as soon as I see the inspiring and beautiful photo of the Pope blessing our Sri Babu and Smt Sushila Rani I wrote a loving letter to the Holy Pope

requesting his sympathy and blessings on my life's work of 60 years sending our Peace Literature and a copy of our PEACE magazine. How God, the All-knowing One, unites kindred souls is mystic and uncomprehensive. Holy Pope belongs to me. All his devoted followers belong to me. All the people in the world belong to me. My Loving Readers, all of you belong to me. You are in me and I am in you all, loving you all as my own. My heart longs to do more service to all the children of God, to all the world with the Blessings of our Holy Pope Paulos VI. With the Blessings of Holy Father Pope may it be a Blessing to all the seekers of truth in the East and West

Om Tat Sat Om.

11.12.73, 3 AM

28. MY PUJA – THE WORSHIP

This is one of my favorite and oldest themes from my boyhood days. Everything I do is my Puja. I am never tired of repeating it again and again although I may get my reader weary and tired of listening to the same words again and again. For instance as I am writing it is my Puja to all of you. This Musing is an offering to you. My loving Reader of Peace or Shanti, what is there in all this world which is not Puja, the worship from dawn to dusk everything I do is my Puja to HIM.

My Pulse is an offering to HIM. My Heart beats are worship for HIM alone. Every thought I think is my Puja and humble offering to HIM. My God is so loving and understanding like a compassionate Father. He accepts every little thing I offer to HIM as I am His doting and trusting child.

INHALE, EXHALE PEACE with each and every breath.

Every breath is a lovely offering to HIM. It is the real offering most acceptable, for He is the Breath of the Breath. Verily He is the SOHAM Breath. May it be a ceaseless offering to HIM never forgetting or denying HIM even for a millionth fraction of a second.

Glory, Glory, Glory.

Hari Om Tat Sat Om

19 -12-73, 4 AM

29. PRAYER (Jan 1974)

At the dawn of 80th year 21 Jan 1974 what shall I offer to my Loving Readers of Peace. May I offer them finite and empty words which are compared to mere stones. Let me offer my Silence, Supreme Silence and the Wave less Silence which is One without a second and includes you All – never excluding anyone – even the believer or unbeliever. May every moment of the New Year be a Blessing not only to the Readers of Peace but to all the Children of God in the East and the West. May this DAY be a Friend of Man by making best use of each

and every moment in a constructive way by feeling His Presence in the very cells of one's being – as well as feeling HIM in all the manifested world above all in YOU.

My Loving Reader, verily Love of Man is Love of God. May I have the privilege of loving you as my own, for my Peace, for your Peace as well as for the Peace of all the world. May Peace, Good Will be established in the world – especially in the hearts of souls of Presidents or Dictators and guides of all the Nations in the world and let the Peace Start within me in my humble heart of dedication in all silence. This is the humble prayer of your brother, friend and well wisher in the Dawn of the New Year 1974.

May Peace be unto all.

OM! OM!! OM!!!

19th Jan 1974, 4 AM

30. MEDITATION

(Jnaneswari has requested me to write a Prayer and Meditation for the New Year 1974 as I do usually at the Dawn of every New Year) In the early hours as I begin to write with ecstasy. I look at the wonderful statues of Buddha, Christ, Gandhi and Shiva. This was a beautiful Art work that we bought it during our pilgrimage to north nearly 30 years or so. Our Shanthi kept this inspiring and beautiful Art Piece on my table yesterday only, bringing it from one corner in her room. As not a blade of grass moves without His Will, I feel Shanthi was made to put these beautiful engravings of Buddha, Christ, Gandhi and Shiva. Hence Love is the essence of this message. My heart longs to help and serve you all for in serving you, I am serving Myself, the One Indivisible Atman – The Universal Self. Last time when we met here on the full moon night, I have requested you all to be full and complete like the Full moon. How many of us have been aspiring to be full and complete in our daily lives trying to feel His Presence in thought, word and deed is a thing to be known by each and every one of you introspecting your daily lives.

How blessed it is to be FULL and complete ***purnamadaha purnamidam***. To be ever complete which is the goal and soul of human birth. Today also my heart longs to help and serve you, requesting you to feel His Presence. Now and always ceaselessly at least reminding that you are blessed to be in Santi Ashram the abode of Peace for your spiritual prayers. Heavy Is the head that wears the Crown, are the wise words of a wise man, with all the responsibilities of his Kingdom. Similarly, heavy is the heart and the Soul of any person who bears the responsibilities of the Ashram, this Spiritual Institution with its Gurukul, Aged Home, Printing works, Hospital – the Spiritual Healing Centre, Namasankirtans and many other activities to help man to realize God, his Goal of human birth.

Today the helpful and inspiring thought of:

A round plug in a round hole but never a square plug in a round hole is proverb. If you are feeling for God you are contented and happy to be in Santi Ashram, the Abode of Peace If not having ***daivaparitapam*** Is absent you are the most miserable creature on the face of the earth although you are in Santi Ashram, the abode of Peace because of your restless mind and

endless desires. Desire binds. Only desirelessness is the very thing that gives you freedom or Mukti. The wise words of Ramana Maharshi always gives me joy and inspiration in the Ashram life. It seems when someone complained that the food in the Ashram is not good, Bhagavan asked him in Simple plain words “Have you come here only for food and for eating, hence you are thinking of food. If you have come here pining for God, you think of God”. I always feel parents are to be blamed when they do wrong things. The simple old story of *totakura*. leafy vegetable is very illuminating. It seems a boy when quite young is to bring home *totakura* stealing from the garden of others and the parents were happy to get it – thus they encouraged the boy in stealing from little things to big things and he was put in prison when the parents checked the child – in the beginning when he stole the leafy vegetable string all this would not have happened.

Similarly when Gurukula allows a boy stealing things and a girl telling lies, does wrong things, I always think the teachers are to be blamed. The teachers are more concerned about their Monthly Pay, in making and caring a few rupees, the perishable money instead of making Imperishable wealth or Truth building the character of the children. The teacher should consider all the Gurukula children as their own children and help them to realize God. Only the man who knows the preciousness of his birth in the human form tries to make best use of every moment, realizes his duty to himself to his family, community, nation and world at large. Thus he tries not for him but to the world at large. Love and Be Loved in return. This is a great law that applies to Animal Kingdom also. If we love the animals even the so called harmful creatures such as the Lion, they will love us also. Instead of wearing you with any more words, I love to close the gathering on this important Full Moon Day with one of my latest experiences.

As a boy I read a verse of this *shatakamulu* in *Bhaktachudamani* a most useful book of poems for the young and the old. Here is the verse that I recall from my memory which as snakes are demurring frogs our sins alone are the cause of all suffering. Do not be disturbed by sufferings but be compassionate and forgiving. Save us O Lord., the reformer of all devotees. I want to get the actual poem written here with the translation as it will be helpful to all devotees. Yesterday a cobra was at the back of Nirvana Mandir near the steps, unable to move because it was demurring a frog. It was there for several hours and the children who were with me were watching the snake patiently for they wanted to know what the snake **coming will be inside** , but to which direction it is going for good of all.

Although some of the members passed by the snake, it did not harm anyone.

Thus if we love all creatures they will love us, nothing harms us. LOVE is a great unfailing Law of God. Thus let us have Love starting from ourselves, and our dear ones. Let our Love include not only the Humanity, but even all the Kingdoms of life and thus be a blessing to your human birth to the Ashram where you are blessed to stay, to be born a million births more, you are blessed to be born and to all the dumb Animals in all the kingdoms of life. In memory of the Full Moon day Prayers, may we Loving bird, beast or man, whether we are in the kitchen, Press or garden, or hospital we are always in the Presence of God, so let us be FULL recognizing HIM not only within in ourselves but in others also without, for *Isa vasyam idam sarvam*. For the whole universe is pervaded and permeated by Isa – God. Our own Anta Ramamayam, EE Jagamanta Ramamayam.

May Gods Rich blessings ever be upon us and every one of you who are blessed to be in the Ashram and may your devoted lives be a Blessing to all in memory of this Holy Day.

May Peace be unto all.

Om Tat Sat

OM! OM!! OM!!!

10.1.74, 5 AM

31. PERMANENT

Among the two hundred helpful Mottos in Santi Ashram adorned here and there on the trees, walls etc one of the inspiring Mottos is:

MAKE THIS MOMENT PERMANENT

As I was repeating the above helpful Motto on one day I was having severe teeth ache. Then I laughed at the thought whether I have to pray for the pain to be permanent. At the very thought of it incessantly I was laughing. You will be surprised that the pain though not disappeared at least was lessened. Hence I was praying. Dear God give me the strength to bear the passing clouds of pain silently with a smile. God has given me the strength never to pray to remove the pain but only to give strength to bear all passing clouds of the pain.

May all Glory be with Him

Om Tat Sat Om

11.1.74, 9 AM

32. IMPOSSIBLE TO FORGET

How can I forget God when He is seeing in my eyes and thinking in my mind. How can I forget Him when He is writing in me now. It is because of His Presence I am seeing, thinking, writing and moving. Verily God alone moves and breathes in me. ***Antam rama mayam, EE jagamanta ramamayam*** All is Rama. All this universe is full of Ram. It is pervaded by God's Presence. Blessed are they who can feel HIM within in Silence and express HIM without in activity both in Nivrutti and Pravrutti. How life giving are the words. I cannot afford to forget HIM even for the Millionth fraction of a second.

May all Homage be unto the SUN of SUNS both within and without.

Om Tat Sat Om

11.1.74, 6 PM

33. WASTE OF TIME

Time can be wasted in so many ways, knowing that the time even if it is one tiny moment wasted in doing nothing does not come again. Sometimes I am unwilling to read or even to write letters or Musings. I sit still looking vacantly into the Eternity. Thus hours pass away in doing nothing with imagination and oscillation. What a waste and void too. It is always helpful to me and to others to write something from what comes from within, especially when I fail or ignore to follow the SOHAM breath within. MAYA often comes here to the wise in so many ways. Above all may I make best use of every moment and may this time be useful and helpful to all His children is my humble prayer.

Om Tat Sat Om

12.1.74, 5 AM

34. WRETCH

*Where is there a Wretch
So loathsome and wicked as I
I have forgotten my MAKER
So faithless have I been*

This verse - Surdas, of Sri Surdas the great, blind saint has been a life-giving and Soul awakening - nay thought provoking thought, as I think of its great humility and deeper definition or introspection from the personal experience of Sri Surdas- whose feet be of worthy to touch. I love this poem and the great humility of Sri Surdas but some of the Ashram members do not wish that I should use it in my writings or talks. Anyway what we need and what is most important is that we should not forget the CREATOR or MAKER even for the Millionth fraction of a second.

May we be eternally centered in HIM

Om Tat Sat Om

35. MESSAGE ON THE FULL MOON DAY

Once in a fortnight on Amavasya or Pournami, full moon day, we are supposed to give a message wishing the welfare of all the members, workers in the Ashram - including the Gurukula children and their teachers. Santi suggested that I should not go out because of the tooth ache but rest and relax within in my own room. By His grace I went into the Ashram and the pain increased. In spite of the pain a nice message was the outcome of the Full Moon day meeting (in spite of the severe pain.). The essence of the meeting was so deep and inspiring. I have requested some of the members of the Ashram to write the message for the good of all to keep it fresh in their devoted hearts and lives, whether they respected my wish, I felt like writing it in the early hours of 9th Jan although. Homage be even to the words that are leading us into Supreme Silence Waveless Silence - to God of man and to Soul of Humanity.

May our meditation be deep and intense expressing Budha, Christ, Gandhi and SHIVA

SIVOHAM

SOHAM ASMI

SOHAM

Loka Samastha Sukhino Bhavantu. Peace be unto all.

Om Tat sat Om

OFFERING

Out of the fullness of heart my Heart longs to offer this simple and inspiring Meditation to all the members of Mother Ashram – workers of Kotagiri Peace centre in Nilgiris and to all the friends , devotees and well-wishers of the Cause of Peace in the East and the West. With Prayers for World Peace.

OM! OM!! OM!!!

Properly only to write my New Year meditation having there four statues – as the Basis of Foundation of my meditation now. Let us meditate now on Buddha filling our bodies for compassion not only for human beings but even for the dumb animals. As I am writing here my inseparable companion OMY is at my feet joining me to send its new year greetings to all of you. As it is the Holy Christmas season let us Our.... The blessed Christ repeatedly the most welcome word COME UNTOME to all the Humanity. Gandhiji is here with his most powerful spiritual weapons TRUTH and NON-VOILENCE. Let us not be satisfied by merely repeating like parrot, but practice Truth and Non-violence in our daily lives expressing the same in thought, word and deed. Now comes Shiva the Lord of Death with His life giving and soul awakening message of SOHAM. Let us merge within and follow our one simple SOHAM breath ceaselessly like Taila Dhara - Oil poured from one vessel into another without a break.

Dear friends, what else is there to be said on within these finite words.

Let us Practice Practice Practice.

The time to practice is Now, in the living Present Moment.

No more words

OM! OM!! OM!!!

36. BLIND MAN

There is a devoted Blind man in the Ashram taking part in Namasankirtan, Repetition of the Name of God ceaselessly. He is so totally blind that he cannot take one step without the help of some or other. Two of his children are in our Gurukula and they will be helping the blind father. It touches my heart to see father and children. What surprises me more is with all the Blindness and feeling inconvenience from every step, the Blind man wants to go on a pilgrimage to attend a festival. I was telling him when he came for my permission to go, I told him while It is such a strain to me to come to attend the Sunday Prayers even once in a week it

is a real gandamu to me that he with the God given handicap he should make every moment of his life in Prayer and Meditation – in taking part in ***Nama sankirtana***, in making it a blessing to all devotees instead of wasting the precious time in wandering, gossiping etc.

Let Nama Sankirtana be a great Blessing to all devoted visitors and May Santi Ashram be one example to all the Ashrams in serving the visitors with Spiritual food of God's Name. He who denies, forgets or ignores God is really blind. As eyes will not be satisfied by seeing alone, really Blindness is a great Blessing provided we make good use of it in praying and realizing God – The Goal of precious human lives. May we convert our stumbling blocks into stepping stones.

OM! OM!! OM!!!

37. SILENCE

May SILENCE – Supreme Silence, Infinite Silence, and Eternal Silence – Waveless Silence be the Soul and Goal of all aspiring children of God in every religion. Some people – the members and the Devotees of the Ashram want me to be SILENT wishing my welfare and longevity. Some of them are pressing and forcing me to be silent saying that I am wasting my precious time and energy by talking with too many words. They say that I live longer serving the Ashram and its devotees by Supreme Silence. Dr Pitchayya who has given this body by God's Grace – a Rebirth and new life often says: Swamiji your words only help a few people who listen to them but whereas you're Silence. Helps all the humanity especially those who are pursuing for God aspiring the goal of precious human Birth.

Some others and friends of the Ashram say, O Swamiji, if you begin Silence – Complete mounam, what will be ours, of the Ashram and all of us. Their advice is to set apart a few hours every day for silence or even certain days for silence only and serve the Ashram the rest of the days. Their wise thoughtful suggestion reminds me of the pig- which is male- adavi panthi, forest pig or ura panthi, country pig. How to be a middle kind of mused PIG. How to sour in the middle of the sky either by flying to heaven up above or clinging to earth hearing abide the wise suggestions of the friends and well-wishers of the Ashram. Either to be Silent or not to be Silent or partly to be Silent.

I have to introspect my daily life and its attachments and desires and see for myself whether I am worthy to begin my SILENCE for it is not so easy to begin my silence now and always and eternally more so having the God given OMY my dependable client, loyal companion who follows me wherever I go and clings to me like my shadow. I would rather give up Silence rather than disappoint my trusting and loyal faithful OMY who never criticizes and finds fault with me as some of the people do. My homage to my faithful and loyal Omy who never tells lies or criticizes or finds faults with me.

In this connection to wise advisers the Mantra given by Dhan Gopal Mukerji the ardent devotee of Sri Ramakrishna Paramahansa who wrote several books especially the FACE OF SILENCE on Sri Ramakrishna has been always my inspiration and guidance in my life. His wise words have a marker for Silence in my life.

During my visit to USA when he came to see me in Philadelphia he said:

Swamiji we all speak, What is the use of your speaking. We speak, we come, we cannot be quiet. We are fools but what is need of your speaking in your advanced stage of God consciousness or illumination. Every time I speak with too many words I think that I am making a fool of myself, ignoring the great suggestion and wise words of Sri Dhar Gopal Mukerji who passed away in USA doing marvelous work and great service to Mother India also. But his memorable words remains for ever unto the end as guiding stars to lead talking machines unto the soul of Silence – the embodiments of Peace. When I have nothing to see, nothing to hear, nothing to talk, when all is God to me then alone I am worthy to begin my Silence and be a blessing to all those whosoever rely on me for their guidance. May my Silence help beginning from my Loyal OM to the highest planet in the sky. This is my earnest prayer in working with blessings of God and the prayers of all of you.

Om Tat Sat Om.

An offering to all lovers of Silence and seekers of truth.

OM! OM!! OM!!!

12.1.74, 7 AM

38. RUSHING TO DEATH

An ignorant man of the world was rushing to death trying to commit suicide by falling in a well. His dear ones and friends were running after him to prevent him from falling in the well. As they could not overtake him they shouted to a Sadhu who was mediating. But the Sadhu in reply laughed instead of protecting the man. Then the relatives and friends of the man who committed suicide began to blame and accuse the Sadhu for his heartlessness and cruel nature. The Sadhu smiled and replied – My ignorant friends you are seeing only with your physical eyes whereas when I see with my spiritual eyes that unfortunate man was destined as for his karma to fall and die in the well at that appointed day and hour, to the very moment. Not only either I or you but even the Brahma cannot stop his Prarabdha karma whatever is destined to be born. How true are the words what we sow, we reap. In our Santi Ashram we have some people of the world who are running after outer life and who do not care to attend *satsangalu* regularly at proper time, they go to ... by previous appointment to meet alone at the fixed time. How alluring is the life of senses how trying hard and full of thorns is the life of silence, Nivritti, the inner life. Blessed are they who are standing by Dear Truth at any cost, Kingdom of Heaven belongs unto such rare and precious souls alone.

My Homage goes out with such.

Om Tat Sat Om

12.1.74, 8 AM

39. SMOKING AND LYING

He is a BA and B com too, as he is telling to everyone that he is highly educated. But unfortunately due to his bad KARMA He is addicted to smoking and lying and also speaking ill of others. Self-praise and speaking ill of others have become his virtues. Through the bad karma of Santi Ashram this highly educated man descended on the Ashram promising to help the Ashram by improving the press. He was in Prem Samaj and several institutions for years and he had wide experience being a BA – B Com. I am reminded of Pujya Mother Krishna Bai's appeal in the famous VISION, Purushottam Pappaji to read his heart making prayer as follows.

O God, why do you sent to our Ashram to test and try our patience.

Please save and protect us and let us do our part patiently In test and trials with men of the world even in the garb of Sadhus.

Our B Com wanted to be alone and spends his time in Prayer and Meditation and requested to be with a Sadhu who was observing Mounam and doing Gayatri Japam.

Our B Com started smoking and blow the smoke on the face of the Gayatri Upasak – unable to bear the smoke going into his nostrils our Mouni Sadhu left the Kutir and went out leaving the room for the B Com. But B Com says that he never been smoked at the Mouni Sadhaka. He is a dangerous man and he should be sent out of the Ashram. At the Blackest lies of the B Com and speaking ill of devoted soul.

My heart becomes sad and heavy and even to every soul ... O God protect us from such people – educated B Com, and allow us to do the work of Serving thy Children in Silence.

Om Tat Sat Om

14.1.74, 5 AM

40. THE THREE OMY

Omy – the little, loving and loyal puppy clings to me both day and night like my shadow. As it sleeps under my camp cot , it wakes up in the early hours and looks at me adoringly. I feel so deeply touched at its loyalty and affection, my heart longs to help Omy and reciprocate its LOVE. Hence I begin to teach Omy in the early hours the following prayer

RAMA RAMA YANUMA OMY

RAMUNI MARUVAKUMA OMY

Repeat Rama Rama, the name of God Omy, donot forget God at any cost O-Omy. It looks at me so tenderly and inwardly – as lots of us are lost in Rama's presence as we keep on repeating the prayer many mallas.

The first Omy is the little puppy,

the seconf OMY is myself.

I tell to myself

RAMA RAMA YANUMA OMY , RAMANI MARUVAKUMA OMY

Thus I teach myself never to forget God even for a moment in the name of the Ashram or anything in the world. Let RAMA the God within and without be your all in all. The third OMY is all the world - all of you, my Loving Readers in the East and the West How blessed and helpful it is, all of you loving me in repeating

RAMUNI RAMUNI MARUVAKANDI

RAMUNI MARUVAKAND O, MANAVULARA

Thus with RAM Nam first I fill the body of OMY, then I fill the body from the toes to the top of head with God's name and with the third OMY I am covering to all of you dear child of God in all the world to wake up all of you from your long slumber into the presence of God who is Omnipresent, Omnipotent and Omniscient awaiting your recognition Now and Here.

May Peace be unto all.

Om Tat Sat Om.

14.1.74, 5 AM

41. LET NOTHING COME BETWEEN YOU AND GOD

Blessed are they who do not allow even confusion to come between them and God, the only changeless TRUTH and REALITY, the splendor of Millions of SUNS. How the passing clouds of weakness, sickness or depressions or oppressions from others can dare to come even near by or stand in front of your splendor. Let children instead of working play with marbles and tell all kinds of lies. Let others criticize or condemn needlessly let all the tests and trials even to test your spiritual strength let not your mind be sad and disturbed. Gita - scriptures teach that Fire cannot burn you and water cannot wet you, swords cannot cut you, all the turbulences and calamities in the world can bring trouble to you, nothing can touch - Real Atma Sun of Suns - hence be happy and contented and untouched with all changing conditions for thou art the indivisible TRUTH

Om Tat Sat Om

14.1.74, 6 AM

42. PURITY

Where is there a wretch as loathsome and wicked as I?

I have forgotten my MAKER, so fatherless have I been - SURDAS. Every time I am forgetting God even for a moment in the name of anything in thought, word or deed. I am becoming IMPURE. If I see anything other than God in anyone or anywhere I am becoming Impure. Real PURITY is to see God in all the world, to feel God's Presence in the very cells of ones being from the toes to the top of the head. To Hear His sweet Voice in every sound is real Purity. Blessed are they Pure in Heart for the Kingdom of Heaven belongs to them. Thus Purity has a deeper meaning and a greater significance.

Hari Om Tat Sat Om

15.1.74, 6 AM

43. GRACE OF GOD

Man of the world is praying for the grace of God forgetting the LIGHT within himself. Man of God is happy recognizing the grace of God – Within himself which is ever present in the form of SOHAM Breath, Universal Breath which is ever within him. As he follows the individual Breath, his own Breath, faithfully and concentratedly in every moment of his life, both day and night, his single tiny finite breath alone leads him in a simple and natural way towards the Heights of Glory-to splendor of Millions of Suns. Adorations be unto the GRACE OF GOD within and without on every side, above, below, all around which is ever –present and never absent even for the Millionth fraction of a second

Glory. Glory, Glory

Om Tat Sat Om

15.1.74, 6.30AM

44. TWO KINDS OF BOYS

How natures differ and in degrees too, with as much difference and distance from North Pole to South Pole. Let us try to understand this theme taking an example of each of these two kinds of boys or girls. One boy of Satvika nature – nature of Harmony, he does all kinds of work so lovingly and cheerfully without expecting any reward even when money is offered by anyone he refuses to accept it saying that the Ashram is taking care of them with food, clothing and education freely and what they want to offer can be offered to the Ashram to take care of all the children or can keep it in the Charity Box, Dharma Dabbi.

What a great helpful lesson and example to all the other Gurukula children.

Now let us see the nature of the Boy of Tamasa Nature-inertic nature. His eyes are always on stealing. His eyes are always looking for stealing any goods or money. He is plucking fruits and stealing things from his fellow boys-room mates and school mates. He is opening the trunks of his roommates and stealing things whatever is possible. Similarly he is breaking the locks of the kutirs of the inmates of the Ashram. We have bad reports that the visitors also are missing things and money too. What a sad and bad example that reflects on the good name of the Gurukula, bringing disgrace to the parents of such bad boys. Gurukula teacher should take special care of such crooked and lying boys and prevent any more disgraceful event to happen and protect the good name of our Gurukula – making it an ideal Gurukula in all India.

May peace be unto all.

Om Tat Sat

OM! OM!! OM!!!

16.1.74, 12 PM

45. BIRTHDAY

As the birthday is fast approaching my thoughts and prayers have been naturally with the birth day visitors and devotees. What can I do for them. In what way can I help and serve each visitor? As usual it has been my earnest wish and ardent prayer not one or two people but many men or women or children should leave the ashram without filling their minds and heads with the Presence of God. Pujya Swami Chidanandaji is blessing Santi Ashram with his holy visits. How can I serve him? What I say to him in these cold finite words. How to express my gratitude to him for all his blessings and love. After deep pondering and introspection, I have come to this happy conclusion- not to say anything or speak but only to see CHIDANANDA in Pujya Swamiji.

Jai Chidananda

Hari Om Tat Sat Om

16.1.74, 12.30 pm

46. THE SELF EFFULGENT LIGHT

The self effulgent Light is ever present, eternally present, never absent even for the millionth fraction of a second. How blessed it is to live in the Present Moment feeling God's Omnipresence, Omnipotence and Omniscience, burying the Dead Past and ignoring the Dim - Uncertain Future. As Light – the self effulgent Light alone is the only Changeless Reality, let us be eternally centered in that Light in each and every moment of our life. Verily it is the same indivisible Light which is expressing in both in work and rest consciously and unconsciously. May all Homage be unto the self-effulgent Light.

Om Tat Sat Om

23.1.74, 10 AM

47. WASTE OF TIME

As everything seems to be a waste of time, these days I have not been writing any musings. But now I feel the urge that I should write something. The day begins teaching OM

RAMA RAMA YANUMA OMY

RAMUNI MARUVUKUMA OMY

Then I teach myself to repeat RAMA RAMA and not to forget the Light, the infinite and eternal Light within me. Then I take joy in spreading out myself by waking up all the people in the East and the West in all the world repeating RAMA RAMA YANUDI RAMILU, RAMUNI MARUVAKUDI OMILU. Thus I find my happiness in making everybody in the world happy. As the Happiness of all of you is my Happiness. May I request you kindly to help me by feeling the Indwelling Light more and always ceaselessly.

Om Tat Sat Om.

29.1.74, 5 AM

48. FINITE PLANS

(Looking INTO VACANT SPACE)

Finite beings make all plans for the past, present and future. What to do with this day?

What are the plans for this day? The Infinite is free of all such plans and schemes for today or even for the future. It is the finite man that worries and hurries with all finite plans and schemes struggling like a fish on dry land. How blessed it is to live like a fish in the ocean of Akhanda Sat-Chit-Anandam just feeling His Presence within, without, above, below and all around. Without any future plans, with finite thoughts and to be eternally centred in HIM without any more **future plans** and its delusions. Blessed are they who are ever centred in the Light looking into the Vacant Space without any future plans.

Om Tat Sat Om.

29.1.74

49. FORGETFULNESS

We all repeat that the forgetfulness of God is death only with lips but do we really believe in it? If so how are we spending all our time in Pravritti forgetting the Light within. But how blessed it is to feel His Presence with each and every breath – nay to express HIM in all that we do. There is no Peace even for the learned and the most intelligent of men until they feel and recognize the Light of Lights in thought, word and deed. To be aware of His Presence ceaselessly not only in life but also in death itself and is the only way to feel and express Peace.

Verily religion is Completeness. May we be aware of His Presence - the Inner Light in each and every moment of our lives.

Hari Om Tat Sat Om.

May Peace be unto all.

13.2.74, 4 AM

50. I WILL NOT ALLOW

(Anything to come between me and God)

As God is the only Changeless Reality - Omnipresent, Omnipotent and Omniscient Interpenetrating Presence – my All in All. I will not allow anything to come in between me and God. I should be like a fish in the ocean or Akhanda Sat Chit Ananda surrounded by His Presence within, without, above, below all around. I should not allow any word, thought or deed to come in between me and God. Let not my work, food or rest come between me and God! Let Him be my All in All always eternally.

Om Tat Sat Om

15.2.74, 6 AM

51. HIGHEST CONDITION

There are days when I am not able rather unwilling to preach or speak a word for there is nothing to speak. When All is Complete How can any one speak? In Adviteeyam – One without a Second state, what is there to speak? All speech and speaking is possible only in duality - ignorance. Where there are two or many. Even if God or His Avatars come, there is nothing to Listen also, when there is nothing **beyond** you what is there to listen. Divine Silence is the Highest condition. Recognized, Be Silent eternally for the Eternal Truth or Light is ever Self-effulgent. Homage be unto thee - Infinite and Eternal Light – Thou Art That.

Om Tat Sat Om

28.2.74, 7AM

52. FREE

(If you think free you are, bound if you think bound you are)

It is a valuable pearl necklace studded with gold string. In all these 80 years no one offered a pearl Garland on any of the Birth days. After the Birth day rush on the third day, Chy Jnaneswari and Chy Shanti came to me with great joy saying that there is a Garland of Pearls among Birth day gifts offered by the devotees among the flower garlands, cloths, fruits, etc. etc. I was surprised to see the Valuable Garland. What shall I do with it? Let not the Garland of Pearls come between me and God. Anyway as it was offered with devotion, I have touched every Pearl of the Garland repeating the sacred syllable OM wishing Peace for the devoted soul who offered it so lovingly. As I do not touch Gold or Pearls what shall I do with it now?

Further, I am blessed to have Pearls of Peace in the stillness of my humble heart. He who has Pearls within will not run after the Pearls without. Hence I have requested our Jnaneswari to give the Garland back to the devoted owner of the Pearl Garland. In case she does not want to take back the rich gift that she has offered so lovingly on the Birthday, a thought came from within to offer it to someone who is free from all desires – to a **Good desires to God Wise minded God realised Soul**. The very thought I have offered the Valuable Pearl Garland to someone who is free of all desires gives me joy. Hence I extend a Hearty Welcome to all the children of Immortality to come and taste the nectar of Immortality in your own Santi Ashram which is your Birth right and whatever your lives and if you are free of all the latent desires within, you can claim the Birthday Garland of Pearls as my humble offering to the Perfect one – the Desireless one – the Living Image of God.

God has blessed me to give an Abode of Peace – Sri Santi Ashram to all the seekers of Truth in every religion in all the world. Another **beautiful** offering of mine has been to Peace Prayer that leads to Universal Peace. Now here is the valuable offering of Gold studded Pearl Necklace fully – unto all lovers, without expecting any reward in any form, but God consciousness in thought, word and deed in each and every moment of one's life.

Om Tat Sat Om.

May peace be unto all.

3.3.74, 3 AM

53. DESIRES (DESIRE BINDS)

Every desire binds, be it of Mundane or Spiritual. Every chain binds us. Be it of iron or gold. Through introspection I was examining my inherent Desires. I feel ashamed of myself to know that my desires are too many, endless too. Often almost that they are impossible to realize them so easily. But my great consolation is that these desires are not for my selfish interest but for the interest of all humanity. How blessed it is to live for others. I love that inspiring Poem on OTHERS published in the Birth day message. Let me share my latest desire with you my Loving Readers for your sympathy and blessings. By the way in spite of the 60 long years work I feel that so far the real work has not yet started. Only the foundation for World Peace were laid. The rest of the work for the Peace of the world is with all of you.

These simple desires, though appears simple, I call them *Gonthemma korikalu* endless desires to be fulfilled.

- I. I always wanted a Veda Pundit to fill the Ashram with Veda Ghosha – teaching vedas to the inmates of the Ashram as well as to the devoted visitors who come here almost every day.
- II. In the field of Physical and Service, It has been my desire to have a selfless devoted and dedicated doctor like Dr Pitchaiyya who never accepts even a banana from his patients and who does his day night services so cheerfully without expecting any reward in any form but considering his patients as the living images of God. What a great privilege to see God in all the patients and to serve God who comes to us in the form of sick and poor considering it as the greatest fortune of our lives.
- III. Spirituality is the basis of all success and Peace in the individuals as well as in the world. Hence I want an ideal teacher like our Sri Bhashyam Appalacharyalugaru as the Spiritual Head of Sri Santi Ashram taking care of all the devoted visitors who are coming every day from near and far- from the East and the West. What a great privilege it is that to desire even one visitor to go away without filling their hearts with Peace and Love, the Presence of God. Sri Appalucharyalugaru is the only great soul with the deep learning and a great heart to serve God's children from their own standard and capacity, whatever they are. Dwaitas, Vishistadwaitas or advaitas – dualists, qualified dualists or monoists and to the Highest Order of Advaita, One without a Second state.

It has been said that God listens to the earnest and selfless prayers of His children. Strange as it may sound here is the happiest news. The first desire is already granted without the least effort on my part. The famous and well known Pundit Sri Lakshmana Sastrigaru the oldest devotee of the Ashram who has performed several Lakshapatri Pujas with Bilwa leaves on every Birth day offered his free service to the Ashram for the Peace of the world – to spread Vedas, Upanishads – the end of knowledge from heart to heart – near and far. He is anxious to

come and join the Ashram with his dear ones as soon as we provide... proper accommodation for his comfortable stay in Santi Ashram.

How good is God! Now about the second desire of having Dr Pitchaiyyagaru the famous and the eminent surgeon as the permanent doctor of the Santi Ashram and its doctor of its Sushila Hospital. He is planning to come to the Ashram as soon as possible to do selfless Services in God's Vineyard and all the world we know. He will be a big fish in the small well of Santi Ashram. But Dr Pitchaiyya will make Sri Santi Ashram as the bigger ocean of service. How true are the words of Emerson. If a man builds a better mansion on one fearless a better service – to world will make a . that even if he lives on the top of the Hill (in the Totapalli hills)

During my stay in Hyderabad... to offer and teach.... One of Dr Pitchaiyya once I was talking here some day It was my ardent wish – to have services of a desireless, selfless and simple – detached Doctor like Sri Pitchaiyya in the Santi Asram and he said ----- to santi Ashram. O Swamiji, if I ever begin my practice in Santhi Ashram It will cost lakhs of rupees for my work here. I replied cheerfully if we work selflessly not lakhs but crores will be given by God, The all knowing and all merciful One. ONLY DESERVE NON END OF DESIRE Dr Pitchaiyya is enthusiastically waiting day and night to ... for the Ashram as early as possible to be a happier ...and.... Of all the sick people In the world.

Now as for my third wish of having Sri Vidwan Appalachayalugaru as the Spiritual head of Sri Santi Ashram. He does not need any persuasion ,for he is an ideal doctor of God and God realized soul serving all his children in Kakinada and other places. Now the real work of constructing spacious quarters giving all comforts to his poor and sick people are essential to make them all happy and to begin to work. It seems lakhs of rupees are needed to construct the Hospital Building and separate quarters to doctor Pitchaiyyagaru, Sri Bhashyam Appalacharyalu and to all the doctors, compounders, ward boys, staff nurses etc., to take part in this Universal work of service and Peace. If there is any doubt so long as we are fully selfless, there is not the least doubt to realize our selfless dreams to serve God's children, Physically, mentally and Spiritually.

For the one who is blessed to offer piece of bone to a helpless girl in the name of BONE GRAFTING especially when all the other lives are To feeling Serve sick people his is not the least doubt to realize his golden dreams. God has already chosen three devoted dedicated philanthropic souls to begin His glorious **work** of service in the Vineyard of God.

1. Sri K Narayana Raogaru of Aurobindo Ashram, Pondicherry has offered not only his free services but also his personal contribution to begin the glorious work.
2. Sri Tirupathi Rajugaru of Relangi near Tanukku who has met our Dr Pitchaiyya in the Ashram during one of his visits while taking care of the Gurukula children of the Ashram with his generous love offerings.
3. There is the great philanthropist Sri Harischandra Prasad whom I met only recently in Dr Pitchaiyya's house as he is one of the ardent admirers of Dr. Pitchaiyya, not only he is a great admirer and selfless life of dedicated services and he is blessed to be related to the devoted family of Dr Pitchaiyya. By God's grace I was able to do my better in service in sowing seeds of Peace .

May the rest of the great good work be done by our Trimurthjulu. With the mystery of Will be devoted souls in the East and the West and May Santi Ashram and its Veda College, its Hospital. I even at the spiritual height teaching of a blessing not only to India but all the world, setting an example to all devoted followers in every religion from and .. for the Peace ... in India... individuals as well as the world. Loka Samastha Sukhino Bhavanthu.

OM! OM!! OM!!!

3.3.74, 5 AM