

ARTICLES – 10

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(via) Sankhavaram – 533446
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1. TOO LATE

Even work has its own handicaps. The greater the work, greater are the tests and trials. We published our PEACE and SANTI journals for fifteen long years. For want of treadle in our Santhi printing works, we shifted the publication of the journals to Waltair. With great difficulty we published our Peace and some other Peace booklets in the outside presses. The war came; the prices rose and the workers became scarce and independent in many a press and we had to stop the publication of our Peace.

Recently, in spite of our best efforts and soliciting the favors of Press proprietors we have not been able to publish even a tiny leaflet in spite of our offer of any amount of money. Some do not want to accept any money from our Mission. Some promised to publish a tract and they take a year to complete it. Thus we have been suffering a great deal for want of our press.

Suddenly, last night I conceived the idea to be free of all the troubles and obligations from the outside Printing Presses. We should start our own Santi Printing Works right in our Ashram in Waltair, shifting it from Totapalli Hills. The very idea has thrilled me, for I had a friend in Mr. Satyanarayanan who has worked for several years in our Santi Printing Works in Totapalli. When I met him last, he offered his free services and requested me to bring the Printing works from Totapalli to Waltair.

Hence this morning, I woke up early and wrote a letter to Br. Satyanarayana, mentioning since I resolved to bring the Press to Waltair as suggested by him, that he should come and see me immediately.

By the time my messenger went with the letter to Br. Satyanarayana's house, it seems all the people were weeping over a sick bed. When the man inquired the cause- they said in great agony that Br. Satyanarayana died only last night just a few hours of my writing this letter.

So, it is too late.

How can he come and help us in our publishing work. It is only for his sake and at his suggestion entirely relying on him; I resolved to shift the Santhi Printing Works from Totapalli to Waltair.

I am stunned to hear this unexpected, undreamt and sudden demise of this experienced and retired Printer. I am writing this message as I could not do any other work, to express my

sympathy for the departed and also to emphasize the frailty and uncertainty of the bubble like impermanent life.

How true are the words:

TODAY MAN IS AND TOMORROW HE IS NOT

Last night it was Br. Satyanarayana. Today may be myself and tomorrow yourself. Day after tomorrow, some other dear and near one of ours!

Who can tell the hour of death or demise, who can prevent the call from the High? The best that we could do is to prepare ourselves to be ready if the call comes even this very moment, Now.

We all do the things but only when it is too late. Blessed is the man who lives in the present moment, never living in the dead past or building castles in the uncertain future- doing things always a little too late.

What should we do now? Should we shift our printing works or should we give up the idea of bringing the same, just because of this unexpected blow- the demise of Br. Satyanarayana, the devoted Printer of the Ashram? Are there not any more printers in the land? Yes, there are thousands, but alas, my difficulty is to find a selfless and dedicated printer, wishing the welfare of the Ashram.

Yet, the printing of the magazine Peace and Santhi and other Peace volumes and literature of the Ashram cannot be stopped, should not be stopped just because of the demise of one devoted printer.

God's work should come first at any cost in spite of thousands of handicaps and tribulations. Let the very stumbling blocks be made into stepping stones, towards success.

Today, I resolve in spite of the sudden demise of Br. Satyanarayana- if needed to be the printer myself and to pour out new life into the sleeping Santhi Printing Works.

It does not help to worry over spilt milk. But the fact is the handicap of TOO LATE, comes often into many a life.

One is too late to catch the departing Bus. Another is a little late to catch the running train. Some others are late to attend the important office work or some other vital function. Some other unfortunate souls are too late to do anything worth while.

Even to pray and meditate on God, there are people that say; it is too late now- to begin higher life. It is true that a sturdy palm or oak tree cannot be bent. Yet Peace lies only in bending our little selves to be with God. Happiness is in self-surrender and in doing the

ordained things, just in time- in the present living moment, without any more regrets TOO LATE.

May the Almighty bless the soul of Brother Satyanarayana- the devoted printer, to rest and abide in Him forever and may we never be too late, especially to realize the goal of precious human birth.

May Peace be unto all!

Om! Om! Om

21-2-1947 9am

2. DO NOT BE OBLIGATED

Obligation and begging are twin sisters, having wide distance between them. Begging degrades and obligation kills independence. A slave is obligated to his master and a debtor to the creditor. An evil doer is obligated to the Judge. A sinner is obligated to God.

When you are in darkness, devoid of light, you are afraid of everything, but when there is light, there is nothing to be afraid of. As a child of God, you have nothing to be afraid of. But as a body identifying only to blood and flesh- clinging to the life of senses, you cannot help but be afraid of any little thing. The clouds hover around- the clouds of delusion and darkness and ignorance, only when the sun of knowledge is hidden.

As an image of God- nay as Truth itself, why should you be obligated to anyone? Why should you be afraid of anyone or anything? Assert your Divinity and thus dispel all phantoms of ignorance.

The slave mentality makes you obligated to some one or other. The obligation to something or other exists so long as there is duality. In duality there is desire. It is the desire, the root cause of all disease which creates bondage, fear and what not.

What happiness is there in sneaking and begging always for something or other from friends, relatives and disciples? What can they give after all- perhaps only a few dry crumbs of lip-sympathy? A slave is running after head-long after the goods of the world, whereas a wise man shuns the changing and perishable things. His mind is ever centered in Truth- in the Indivisible Presence; hence he is happy and contented. Thus he need not run after anyone or obligated to anything.

When all this is Truth- One Presence- where does the obligation come in. It comes in only when we forget this Truth Consciousness and become slaves of desires. As children of

Immortality, we need not compromise with anything, or be obligated to anyone- however rich, powerful and mighty others may be in the eyes of the world.

Be desireless and give up all obligations to friends, relatives and even to disciples. Persist in recognizing only to One Presence- the One Truth- the One Divinity, which is illumining your being as well as the whole universe.

May all homage be unto those rare and blessed souls who are free of obligations of any kind and who are centered in the Indivisible!

Om Om Om

7-2-1949 4A M

3. DIFFERENCES

There is only one state, which is free of all difference. That is the Transcendental State. God alone is free of all differences. In God there are no differences. The world is full of differences in name and form. Hence, no wonder that it has been said no two men are alike. Each man has his own thoughts according to his different taste.

But it is greatness of a man, the man of vision lies in ignoring the differences and meeting or appreciating when there is at-one-ment with others. Unity in diversity has been the Law of Nature. But the arrogant man keeps grudge and resentment our minor differences ignoring vast unity in the other aspects of life.

It is ignorant of a man, to think that all should think like him, no more and no less. Let each one be free as he likes. No two flowers are alike. Each is expressing its beauty and fragrance in its own way. Let us not say why the Rose is not a Lily and the Lily is not looking like a Rose. Each is beautiful and fragrant in its own way.

Even in the Avatars, the saviors of humanity, there have been differences in non-essentials but they have taught the same Truth in different ways and methods. Peace belongs to the man who can see the ONE in the many and not to be the one who sees the many in the ONE.

I have with me one of the Ashram children who take care of me both day and night so selflessly and devotedly. She agrees with me in prayer, meditation, fasting and silence too, except in one thing. I use Olive oil in my raw salads but she does not like the very smell of it. Because of the difference in taste, in one little non-essential thing should I be resentful ignoring all the quiet service she does to me at the Ashram.

Here is a beautiful thought from the personal life of Sri Mahatmaji on differences. Let me quote in his own simple but striking words.

“Differences of opinion should never mean hostility. If they did, my wife and I should be sworn enemies of one another. I do not know two persons in the world who had no

difference of opinion, and as I am a follower of Gita, I have always attempted to regard those who differ from me with the same affection as I have for my nearest and dearest.

As Gita teaches God vision belongs to only those rare and blessed souls, who can repeat with Lord Krishna: He who seeks ME everywhere and seek everything in ME, of him, will I never lose hold and he shall never lose hold of ME. So be free of all the differences as Sri Krishna emphasizes and let us fix our minds on HIM.

Just thy mind on ME, be devoted to ME and Love to ME. Verily, thou shalt altar ME; I vouch for it, since thou art my beloved friend.

This is the right royal road to reach the heights of Transcendental Glory which is the goal of human birth, which is eternally free of all differences.

Differences are in the finite man, but never in the Infinite Truth. Differences are on the surface but never in the deep within the bosom of the ocean.

On the surface near the shore, each wave strikes and clashes with the other waves, but behold in the heart of the fathomless ocean, it is all a mess of one and the same water.

Let man's greatness be in agreeing where disagrees and recognizing unity in the face of diversity, nay even opposition and ridicule.

Judge not lest thou shall be judged.

It is the weak finite and ignorant man that judges and differentiates. The Infinite Mind judges and recognizes only the One Interpenetrating Presence of the Light of Lights within as well as without in both the macrocosm and microcosm for it is all One without a second! May we be ever established in THAT for the Peace in our souls as well as for the Peace of others or the World Peace!

18-4-51 2am Kailas

4. SERVICE BEFORE SELF

Grandest Ideal:

What a grandest ideal and noblest axiom it is: - 'Service before self.' The ideal is wonderful, but alas, the distance between the ideal and ourselves, is too far. Yet it is the goal, the goal of human birth and the Soul of creation.

Whether we realize this noble ideal today or tomorrow, in this birth or in the births to come, our freedom, the salvation is only there – in service and nowhere else. Our freedom is in the annihilation of the tiny self. Our salvation is inputting service before self.

This sublime Motto is the very foundation and the corner stone of the famous inscription- the Rotary club. They believe that service is the life soul and goal of their very existence.

Our Gurukula:

Our Peace magazine has had the privilege of closely knowing and being associative with many important Members of the Rotary Club. Many a time, they have visited our Ashram and felt deeply impressed with our Gurukula- the Residential School, with thirty boys and a

number of teachers, based on 'Universal wishes leading one caste, one creed, one humanity and one God.

Some of the members feeling deeply touched with the fundlessness of the Ashram, arranged one of their monthly meetings in the Ashram itself, to get all their friends and other members interested, so that something permanent could be done, so as to see the Gurukula to continue unhampered for want of daily food itself. The meeting was a grand success. Even a group photo was taken along with the members of the Rotary Club- by the boys, teachers and other members of Peace Mission. At the end of the meeting a collection was also taken for the future welfare of the Gurukula and the Ashram. The amount was so little, that we could not take the group photo from the Photographer, paying this collection. Although nearly a year has passed by since the meeting, to this day I am sorry to state that our photographers are still with the photographs, as we could not take them, paying the cost of the same. It is needless and sad to say that the Gurukula had to be closed and dissolved for the time being.

Our Printing Treadle: Peace Mission has published Peace and Santi journals for fifteen years, spreading their message of Peace far and near in the East and West. As the Treadle in our Santi Printing Works was worn out, we needed a new one; hence our printing work had to be stopped.

Hearing of our helpless condition, one of the devoted prominent and very rich members of the Rotary Club, has volunteered to get a Printing Treadle from Madras. He has taken his diary or note book from his pocket and made a note of the Treadle that the Ashram needs. For a time we were overjoyed and expecting the needle any day now, nearly ten years passed since that promise- and no treadle came. Seeing our helpless plight and our Peace work suffering, one Lady Rotarian took me once to see her fellow brother Rotarian, this rich Rotarian who has promise us the treadle.

Apparently he was surprised and all joy to see us. He has all devotion and attention to us and served us with refreshments. Whenever we tried to approach him with the subject of the Ashram and its fundlessness, he was asking us to eat a little more upma or noodles. Thus he has drowned our pathetic appeals in his refreshments, without giving us a chance to speak a word about the fundlessness of the Ashram – but promised to visit the Ashram on the next day without fail. When we were waiting for him anxiously arranging all kinds of refreshments – we were shocked to receive a letter that he could not come because of sickness.

Thus when we were still expecting his visit and some help or other, to our great sorrow and the misfortune of the Ashram, we heard recently the Donor of our Treadle breathed his last.

May his soul rest in Peace!

Our Cine Projector:

This is another, prominent and buzzing Member of the Rotary Club. He was on the dot for every meeting so regularly in paying the dues and so proud of his Membership too- while I was having a long fast in Totapalli Hills, he came to the Waltair Ashram and represented

himself as the close friend and supporter of the Ashram to the new manager and requested for a loan of Cine Projector promising to return it within three days.

Our fool Manager, trusting the words of necessity allowed him to take the costly Cine Projector. While taking it, he saw a folding Cinema stand and he wanted this as a loan. I am glad that he did not take any more valuable properties or loan. This ardent Member of the Rotary Club has written me also a letter to Totapalli saying:- That he has taken from the Manager- the Cine Projector and folding stand and that he has come also into position of lots of money and he would be helping the Ashram in all possible ways etc. After seeing this letter, I was so happy that the new manager has obliged the member of the Rotary Club, for I have the highest regard for all the members of the Rotary Club and for their very high ideals,

But, alas, the promised three days passed away. Even three weeks passed away. When three months all were about to pass away, I began to get anxious and worried for the projector and folding stand belonging to our sister Sushila Devi. After I returned to Waltair, I wanted to be in touch with the member and to my disappointment; I was told the friend had to leave for England suddenly with his family.

His old father, a staunch Christian who has been also a friend and devotee of the Ashram (don't know, whether he too is a member of the Rotary Club, in his younger days) said on his word of honor, that his son did not take the projector and the stand to England for he has examined all the trunks and boxes – the goods that were taken abroad.

The old kind gentleman has promised to write to his son and see that the projector and stand would be returned soon. He was kind enough in giving us his son's address in England also.

Since then more months have passed away. The father also left Waltair for good to Bangalore. We wrote to both the father and the son letter after letter –but also there was dead silence from both the ends.

The Rotary Club: In our helplessness, sad disappointment and needless loss, our only hope and solace is the Rotary Club. Verily, for all are not the black sheep in it. Every field, every Ashram has its black sheep sometimes or other. Our respect goes and we offer our homage to all the dedicated and consecrated souls of the Rotary Club in East and West, in all the big cities in India and abroad. Our course of action is to contact the black sheep in England, with the help of white sheep, the good hearted selfless workers of the Rotary Club here. I am not worried or sad for the loss of the projector and stand, knowing that poor and naked we come and poor and naked we leave the world!

What hurts me deeply is the reputation of the Rotarians. I feel like going to England itself, to meet the Rotarian – the projector stealer face to face to compliment him on his accession to immense wealth and above all for his last letter of supporting, promising to help the cause of peace. But, this has not been a case of not 'service before self', but self in the name of service – to exploit the innocent and trusting in the name of **service**.

Finally I appeal to all the Rotarians in east and west, all over the world, to commune with their fellow brother Rotarian to see that he will not be after any cine cameras to join the projector and stand in the far away England. If we can't help and resume a spiritual cause, how wonderful it would be at least to cease to do harm, just to remain silent.

Be good and do good is another noble and wonderful motto and axiom. We will be happy to provide the name and address of our Rotarian brother in England, if any of the Rotarians wish to correspond with him, to keep up the self respect and prestige of the rotary clubs in all the world! Apart from these little incidents and tests in the Ashram life, I have the highest respect to all the members of the rotary club in East and West. My homage goes once again to their consecrated lives of selfless service.

May His Will be done on earth as in heaven and may peace be unto all.

Hari Om Tat Sat Om

8.10.1950 11 AM

5. SILENCE

Dear friend, the essence of every religion can be summed up in one word, Silence- Supreme Silence. We were taught by sacred scriptures by Atman is Santi. God is silence. Verily, He is beyond words and thoughts. He is waveless peace.

It has been said that empty vessels make much sound or noise. Those that have realized God, do not speak much. They are silent especially about God. We can speak of anything and everything in the world, but not of God. He who tries to speak about God is considered as a fool. Buddha was silent about God. Christ was silent about God. Krishna was silent about God. Sri Ramakrishna was silent about God.

We cannot describe the taste of sugar, but we can experience it. Similarly, we cannot describe God but we can experience and merge in Him knowing that they melt in silence, is a great saying, expressing the Highest Truth. The knowers of Truth are always silent.

Silence creates souls! What a soul-awakening and powerful Truth is this! the word is conceived in Silence. Let the word merge in silence or God, now.

Be still and know that I am God, is the message of the Bible. *Santoyam Aatmaa* – God is silence is the message of the Vedas.

Let us become silent now to experience the same Truth, personally in our lives- in the stillness of our purified hearts!

May adorations be unto all the silent ones – the messengers of God in both the East and West. May all Glory be unto God, the Supreme Silence.

May peace be unto all!

6. ONE THING AT A TIME

One thing at a time is a simple and natural law but applies to one and all both to the ignorant and wise.

You can never do two things at a time efficiently. No man can serve two masters at the same time.

Can you put two swords in one sheath? Can you go to Rameswaram which is in the extreme South and to Haridwar which is the extreme North at the same time? Even our childhood in the school begins with the rhyme.

Work while you work

Play while you play

I wish to add to the above two helpful lines the following lines too

Pray while you pray

Meditate while you meditate

What a consoling and comforting thought it is that the mind can think only one thought at a time.

You cannot run after two hares. Yet, man in ignorance is running after not only two hares but several hares.

Peace that passeth all understanding belongs to the one – is to who understands and respects the unchangeable.

If you are thinking of God you can never think of Saturn or any other being. It is only when you forget God; something else immediately enters your mind.

You cannot keep both the light and darkness at one place. If there is light, the darkness disappears. If the light is absent there is darkness. As an illustration: There is only one thing that really exists for it is One without a second. You may call it by any name. You can never see both the rope and the snake in the same thing. So long as you see the rope, the snake idea never comes into your mind. When you forget and ignore the rope, there comes in ignorant darkness the snake idea. When it is rope all along, why forget and deny the rope and bring the snake idea and suffer agonizing of hell?

Pray! Cling to the reality in God-head – through thick and thin.

Your salvation peace lies only in centering yourself on the Indwelling Light. You are really clinging to God, if God is yours all in all – Your life, soul and goal, you can never forget Him even for the millionth fraction of a second.

One thing at a time. Let God be yours all in all, in all your tests and trials – from the beginning to the end. With God we are complete and without Him we are empty. With the awareness of the God's presence within, without, above, below and all around, our lives are blessings to the humanity. With the forgetfulness of the Indwelling Light, our lives are a burden to mother earth.

God realization now and here is the only living message of the day as well as of the hour. Let now or never be our life's motto.

The bird on the wide sea, sitting on the mast of a ship, may wander for the time being here and there and finally no other place to rest, it comes back to its old mast.

Similarly, the restless mind may find joy in the things of the world only for the time being, but soon it gets tired with all forms and names, even with the ruler-ship of the world and goes back to the centre within and identifies with the indwelling light.

This is single message but gives hope and strength to all the restless people who are suffering untold agony being slaves of the mind to be free of all worries and miseries to resolve to think of one thing at a time. That the mind thinks of God ceaselessly. Let it chant any of God's names or the sound syllable AUM for the Peace of his soul.

When one thing at a time is the simple and natural law paving the way towards the peace, why make your life miserable, thinking too many things at a time and thus make your precious life full of agony, misery and suffering!

Recognize the Light – Omnipresent. Identify with the indwelling light which is Omnipotent. Silent Adorations be unto the Omniscient Light which is the only changeless reality – your real birthright and divine heritage.

May peace be unto all!

OM OM OM

24.11.61, 4 AM

7. SRI RAMA TIRTHACOLLEGE OF PEACE

(Under the auspices and blessings of Sri Ramananda Tirthaji Maharaj- the living disciple of H.H. Narayana Swamiji and the direct disciple of H. H. Rama Tirthaji Maharaj)

The Goal of the individual as well as of all the mankind all over the world is PEACE. Life devoid of Peace is a burden to Mother Earth. Everybody wants world Peace- without thinking of establishing Peace within in her or his individual heart. It is the Peace of the individual that paves the way to universal Peace.

Hence the ideal and Motto of the Peace Mission has been always since the last half a century:-

(R) M It is the Individual Peace-----

----- Life of Peace.

In the same words Sri Rama Tirtha says in his clarion voice

(R) M Wanted

Reforms

---- your own self. Om! Om! Om!

This new venture of Sri Rama Tirtha College of Peace, aims to help to start the Peace in the individuals and thus spread the Peace from heart to heart, village to village, town to town in all the

nations in both the East and the West, by the disciples, followers and admirers of Swami Ram- the God-intoxicated Universal Soul- who worked, lived and breathed for all- excluding none and including all.

8. MEDITATION

Let us meditate on the Self-effulgent Light which is pervading and permeating the very cells of our being.

Let us meditate on the Light which is permanent that never goes out, which is same at all times- either in the past- present or future.

Let us meditate in the stillness of our purified hearts when the Light is shining in full glory.

Let us meditate on the Light which is of the splendor of splendors of Millions of Suns.

Let us meditate on the Soham Light which is flowing ceaselessly- both day and night.

Above all, let us Inhale and Exhale Peace with each and every breath until we merge and dissolve in the splendor of Sun of Suns.

It is Light within, without, above, below and all around.

It was Ramatirtha who said: Let one man alone live in God – the whole nation can be united through his ideal life.

Now the chief aim and aspiration of our college is to help and serve the students and the teachers of the college to live in God and help others to live in Him- through their simple and ideal lives of purity devotion source and peace.

Glory! Glory! Glory!

Silence Supreme Silence Waveless Silence.

Om!

Amen

15-12-69 4am

OM

Q: - How to feel God's Presence in this present moment Now and Here ceaselessly, without the need of any prayers or meditations. Is it possible?

A:-Please meditate deeply and let me have the reply from your personal experience.

Omkar

9. KRISHNA JAYANTHI

As Krishna Jayanthi nearing day by day, we are nearing day by day nearer to Krishna.

The more His Jayanthi far away the more it seems we too are far away.

Everyday in the early hours of dawn as I go towards His statue often Krishna seems to say:

O ignorant Child, when I am in you, within you throbbing in your very heart, sparkling in your eyes, flowing in your breath as Soham, why do you seek me outside and why do you come even towards my statue. When I am pervading and permeating the very cells of your being, how ignorant of you to neglect me within and to seek and search for me

In silence I speak with Sri Krishna:

O Lord, as thou art Omnipresent, Omnipotent and Omniscient thou art everywhere permeating from the tiniest atom to the biggest planets, it gives me joy to see thee everywhere – not only within in the very cells of my being but in all the Universe for, there is not an atom of space where thou exists not.

Every step I take takes me only towards Thee. I walk only towards Thee.
I am the worshipper and the worshipped. Thee and I are not two but One.

Om Namo Krishnaya Namaha.

Day by day, hour by hour as Sri Krishna Jayanthi comes nearer to me, I too feel that I am getting dearer and nearer to Bhagavan Sri Krishna the giver of world message, Sri Bhagavad Gita. All Glory be unto Him the Lord of the world- the bestower, Giver of Gita the Immortal Nectar of Peace.

When I am ever before His statue I became numb and dumb. Words will not come. Only I whisper in Silence. Lord let me be like Thee. I come to you to merge and dissolve in Thee.

In utter silence, in incomprehensible silence, Lord Krishna seems to whisper:

O Child! Make your body empty like that of a flute which is near to my lips, for it is empty and hollow.

Empty thy self of all ignorance of duality. Be hollow without ignorance. Annihilate the ego to be like myself. The message of Krishna Jayanthi is complete self surrender. Be dead but ye may live. Glory be unto the Lord of Wisdom, the giver Geetha – the Message of highest Truth, love and illumination.

May Bhagavan Sri Krishna bless you all with health, peace and highest lives of service- seva. This is the ardent prayer of your own Omkar who loves you all.

Hari Om Tatsat

25-8-78 6AM

10.STARTING ASHRAM BRANCHES WITHIN

It is so easy and simple to start SHANTI ASHRAM BRANCHES within.

It is most essential too to start the same for one's Peace and for the Peace of the world, for: it is the Individual Peace that paves the way to Universal Peace.

What is Life without Peace, except a bundle of fears, restlessness and cohesive?

It is like the life of fish on dry land. The life devoid of Peace is full of misery and suffering. It is verily, hell on earth, a burden to the world.

Hence let us lose no time in starting an Abode of Peace- a Shanti Ashram Branch in our own purified heart now and here.

Q: What should we do to start a Branch of Shanti Ashram in our own heart now and here?

A: All that you need is a purified heart, for PURITY is the base, foundation of Souls, Ashram Branches and it is the Life soul and goal of spiritual life.

The kingdom of Heaven belongs to the Pure in Heart, and to those devoted and dedicated souls who are pure in heart, starting a real branch on the firm Foundation of Spotless Purity. You do not need any money to start an Ashram Branch, within do you need any assistance of others! All that you need is a burning to realize God and to serve others; for in serving others you are serving God.

My soul is on fire to serve you all by starting Ashram Branches Now and Here in your devoted and dedicated hearts. All that you need to start an Ashram Branch Now and Here is to repeat our simple Peace Prayer with heart and soul, with one hundred per cent -100% of Concentration and consecration. The way to be happy is to make others happy.

So let us be happy by repeating Peace Prayer always and let us help and serve others by making them to repeat Peace Prayer for world Peace. Let us reform ourselves before we think of others. Let us repeat and memorize the helpful, simple life giving and soul-awakening Peace Prayer for our Peace as well as for the Peace of the world.

Be dead that ye may live, for. You can't serve both God and Mammon. Let us not waste our precious time with too many words but repeat our simple peace prayer Now and Here. Let us repeat the Prayer Now.

Peace prayer for world peace.

May the new Branch of the Shanti Ashram be a blessing to you and the Mother Ashram and to the whole of the humanity, to all the children of God in the East and the West! This is ardent prayer of your own Omkar, who loves you all as His own!

Om! Om! Om!

An Offering

Dedicated a tiny offering to all the aspiring children of God who are trying to start Sahnti Ashram Branches in their own purified hearts!

Hari Om Tat Sat

31-7-1978, 5pm

11. OUR HOMAGE TO SRI NEHRUJI

How true are the words: today man is and tomorrow he is not. No one can tell what is going to happen on morrow, when the call is going to come from great beyond. Swami Ramananda Tirtha and Sow, Chitraji brought to me the shocking news of the sudden demise of Pundit Nehru to Kailas on 27th at 5PM from heart malady. I too have been having heart malady or sickness in the last 6 months, yet God is not yet pleased to take me and he has taken away his chosen soul, dynamic instrument into His bosom.

God knows what is best for each and every individual. With all our mighty intellects and vast learning, how ignorant will be one before god!

All the wise men and all knowing Mahatmas in the East and the West and the great astrologers could not predict or tell us the coming death of Pundit Nehru or of the dastardly assassination of Mr. Kennedy, the late President of USA. Thus with all our wisdom and scientific knowledge – mastery of the mind- we are only children – mere babies playing with the tiny sand particles of the world, considering this as our all in all often forgetting the indwelling light. Great souls like Mahatma Gandhiji and Pundit Nehru can never die with the demise of ever-changing bodies. I feel they live now more than ever in all of us. Selfish people who live for themselves are already dead, though alive whereas selfless people though physically dead. They are more alive in all of us for their souls are immortal. Where is death for the immortal spirit? It was on the morning of 28th, I was sitting on the corner Hill Rock of Kailas, facing the ocean, started my usual meditation on the coming Sun rise from the horizon. But my heart was heavy and sad as it was thinking of the great compassion and the universal love of Sri Punditji towards all the oppressed people in any nation. Unconsciously I was communing thus facing the waves in the ocean and rays in the Sun.

Q: Oh Nehruji you have left the body only a few hours ago. As you have left us all where are you now? Where is your great spirit hovering?

A: Behold! I am one in the form of these waves; I am in the form of the rays in the Sun. While alive I was working only through one body, now I have become much free, nay I have become all these – all in all. Nay, my spirit has entered into the hearts of all the 44 millions of people in the motherland – nay it has entered into the hearts of all the 4000 millions of all the creatures. I am more free now, for, I can work and serve the humanity through all of you.

Hearing these words of comfort I was consoled, my heart became lightened – for a great soul like that of Nehru cannot be fitted or listened by the demise of the physical body. Strange as it may sound to many of the readers – exactly at the hour of demise of our Nehruji, at 2 PM on 27th, flag which was installed in Kailas wishing peace unto all, on its own accord, in the high wind came down, lowered half way joining all the flags of the nations, all over the world. The Ashram children brought this touching incident to my notice on the sad day of Pt. Nehru's sudden demise.

May his great immortal soul rest in peace.

Om Om Om.

Here is the often quoted verse from B.G. on death

1. "As a man casting off New"

2. The following wise words of Ramana Maharshi on death are also consoling: "After the death ones real nature"

3. Let us listen also what Longfellow says on death:

Tell me not, in mournful numbers,
Life is but an empty dream!
For the soul is dead that slumbers,
And things are not what they seem

Verily there is no death, much less to our Punditji who is the embodiment of selfless service and universal love – whose vision includes the whole world. It is most touching to see all the homage and tributes paid by all the great men of the world – Presidents, Premiers, Dictators, Kings and Queens and Leaders in all the nations and religions of the East and the West to the great soul of Nehruji.

Where does it all lead to?

Does the Punditji need all these high tributes paid of course out of the love of the hearts of his various devotees and admirers! Does not all this – all the words pass away with the passing of time! Pt. Nehru worked, lived, breathed until the last moment, dedicating all the 72 years of his life, for world peace! If our leaders in different nations all over the world, who were kind enough in paying highest tributes to Pr. Nehru, do something helpful and practical to fulfill the greatest wish and desire of Sri Punditji by helping to establish peace on earth and goodwill among nations. Let our highest tribute to Nehru's memory be the cessation of all bitterness and hatred and other communal differences – and let peace and understanding be established now and here. Peace in the individuals and harmony among nations. In the name of Pt. Nehru's so called death, may his great spirit unite us all into one world and one home with harmony and peace. In memory of the demise of our Punditji, "let our one slogan be no more strife and wars – that peace and love for we are all the children of one indivisible God. What Nehruji could not fully achieve while alive, let us all help him, if we really love him in establishing peace on earth permanently for ever. May I conclude now my heartfelt tributes to Sri Pt. Nehru the chanting of the universal anthem!

One – Cosmic brotherhood All life is one

May the indomitable, unconquerable, nay immortal spirit of Sri Nehruji enter into all our aspiring hearts now more than ever and be blessing to all the world – bringing peace to individuals and harmony and goodwill among different nations in all the world.

May peace be unto all.

The essence of this message and the ardent prayer of this writer is let everyone in all the world aspire to be living Nehruji. May Homage be to all the sisters and brothers and the citizens of the one World, one religion, the religion of Love.

Offering: A Humble offering and love to all the devoted followers, friends and admirers of Sri Pt. Jawaharlal Nehru – who worked, lived, breathed and died, wishing the welfare of all the children both in the East and the West.

May peace be unto all.

Om Om Om

27.51964 5PM

12. HINTS

1. The two precious moments in my life.
2. Whatever one speaks or writes, should come from the silence – the center of Omnipresence, Omnipotence and Omniscience.
3. Geetha is an ocean of spiritual wealth, containing everything from a boisterous wave to a priceless pearl in its bosom. Men assimilate according to their larger need. What they have within they search without and find it in Geetha.
4. Geetha is the immortal milk– Arjuna the calf, Krishna the cowherd, how many of you are thirsting for the milk of truth. Very few know what is real thirst. How can you talk, breathe or think if you are really thirsty.
5. It has a message for the active man, a devotee – a yogi and wise one. It has a message to the *Brahmacharis, Gruhastas, Vanaprasthas* and *Sanyasins*. It has a message to *Sudra*, the *vysya*, the *kshatriya* and the *Brahmin*. It has a message to the poor, neglected, oppressed woman and children. It has a message to the pauper as well as beggar – to the sinner as well as to the saint – to the ignorant as well as to the wise.
6. To know Geetha should we attempt to drink the whole ocean. Many learned scholars have dwelt on its different aspects. Let me take also a drop of the ocean and try to share with you. Where Krishna says – that a yogi is greater than an ascetic, a man of action and even a wise man – a man of wisdom. Who is a yogi? He who has mastered the mind. What is Yoga – *yogachittanirodhi*? But also how different it is.
7. Q: It is easier to control the air?
A. Only *abhyasa – vairagya*, practice and renunciation.

Why does your mind wander? – Because of desires – endless desires – useless desires, life-sucking desires – your want is where your desire is. What is the goal of all these desires?
The story of jackal – when shall we practice – how!
8. The convocation in USA.
Paradise of the presence of God now and here is the single, safe and direct way.
Let us begin to drink the milk of truth – Amrita of Geetha now.

Offered to Omnipresent, Omnipotent, Omniscient.

OM Om Om

1.12.1941 5AM

13. A MOMENT OF DIVINE GRACE

It was the beautiful hour of sun set. The sun had already set in on the horizon in the west behind the ranges of silent and stately looking hills. The sky was flooded with glowing colors of different hues.

Since the workmen left Kailas, I was all alone, taking a stroll, feeling the Presence of God, within, without and all around. How easy it is to feel His Presence in the enchanting beauty and silence!

I just went towards one of the raised platforms and sat on one of the rocks facing the hills- happy and contented to be alone with God. I had nothing to wish for or desire or pray for things for it was all so complete and brimful.

At that glorious hour of beautiful sun set in completeness the following thought flashed out of the blue sky without my thinking of it. Everything is as it ought to be. All is in perfect order.

The Hills are there where they ought to be. The ocean is there where it ought to be. The Islands are there where they are to be.

I saw some steamers in the harbor and I thought they were where they are intended to be. All the lights in the town in all the houses are there where they ought to be. Similarly plants, birds, beasts, men- all are there, where they ought to be.

In the Divine plan everything is completeness and perfection. When everything in the world is there, where it ought to be, what is the need of troubling God, begging for this change and that change and grant this and that? God knows what is best for each and everyone of us- as we deserve. He grants us what we deserve, whether we pray for it or not.

Everything is as it ought to be. If we could only understand this deep and sublime truth, what a relief it would be for the individual. How he will be free of this feverish rush and restless haste and needless misery?

The famines, wars, pestilences are all man made as per the *Karma* of the individual on a small scale or the *karma* of the universe on a big scale. Man reaps what he sows individually as an individual or collectively as a nation as per one's thoughts, words and deeds sown in silence or openly in public. The more one sows, the more one is compelled to reap, be they good or bad. The sooner we recognize the great Law of sowing and reaping and its background which is all perfection and completeness, where it is all ever perfect and complete the better it is for us and for the welfare of the world.

It is helpful here for the busy man, the restless man to remember the great truth that God did not make the world for man to mend it. Whatever God has created is perfect and it is in complete order. All that the man has to do is only to recognize God and to be silent.

How true are the words, that Omnipotence is working, let the mortal retire.

But the restless man, the ignorant man does not want to retire. He cannot be still even for a minute. He wants to change the whole world. He wants to teach and preach to every one- except to himself. Thus he is accumulating new *karma*, fresh *karma* to be reaped in this birth as well as in the future births to come.

Everything is, as it ought to be. Everyone is as he ought to be- in the world, placed as per his own desires in that particular environment suitable to work out his *karma*.

The ecstasy of the same moments of Divine Grace is inexpressible. It makes a man happy, contented and self- reliant recognizing God's Divine Plans in little things as well as in big things. It is children who pray for the mountain to be shifted, for the oceans to be lifted and for the stars to be pulled down, worrying God always with endless prayers of give me this and give me that or Dear God do this for me or do that for some other one! How childish!

5. But the wise man- the man who is blessed to see God's plan- the Divine plan of perfection is happy and contented for he knows, that he is, where he ought to be and all else is also where it ought to be - as per His Holy Will.

Peace that passeth all understanding belongs to only unto such- but to none else.

May all Homage be unto such who are blessed to see perfection and completeness Now and always. Unto such it is always Full. They recognize fullness for they are ever full within.

May Peace be unto all!

Om Om Om

Sri Kailas 5-2-52 7pm

14. THE VOICE OF SILENCE

SAHAJA SAMADHI- the Natural Trance is the birthright of every man in the world, yet only one in a million is conscious of IT.

Whether man is conscious of his Divine Heritage- the Sahaja Samadhi or not, he is ever centered and immersed in IT. Nay is pervaded and permeated by this ineffable Light.

How to be consciously conscious of IT is the most important thing to know? But it is not a thing to be known for It is unknown to the finite mind and intellect. It is beyond them. It is beyond long prayers and deep meditations for they are being done with the senses and the mind.

Then what to do?

Do nothing.

Know the SELF-reflection that leads you to Natural Trance. It is wrong to use the words LEADS, for you are already THAT.

One is lead to a place: near or far. But Sahaja State is not far or near. It is your Birthright. You are THAT.

BE THAT and forget all else. This is Waveless Silence, the Avyakta state. In the Vyakta- the manifested state. It is the SELF that sees, hears, thinks, writes and does all little things as well as big things.

Glory be unto the Transcendental Condition of the Sahaja Samadhi- the Natural Trance.

Om Tat Sat Om

3-4-53 4am

15. HOW TO FEEL GOD'S PRESENCE ALWAYS

The answer to this vital question, the solution of this soul-awakening theme lies in your conception of God. If your conception of God is finite and limited, you can never feel His Presence ceaselessly. If your God is confined to a religion or creed, to a temple or church, you can never feel Him ceaselessly. If your God is confined to a name or form, to a time or place, you can never feel Him ceaselessly.

First let us try to understand the depths of the meaning of the word CEASELESSLY.

Did you ever watch the pouring of the oil from one vessel into another vessel?

Did you see how it is poured like an unbroken current without a break in the middle- in its course and runs ceaselessly?

Your mind also should run towards God ceaselessly in an unbroken condition.

This is the example for a steady unbroken and concentrated meditation.

This state of steadiness is explained in *Dharana, Dhyana, Samadhi*- concentration, meditation and cosmic consciousness or *NirvikalpaSamadhi* or Trance.

Now let us come to the true conception of God, to the highest conception of God.

He is Omnipresent, Omnipotent and Omniscient, nay He is interpenetrating the very cells of your being.

If so, you are in God and God is already in you. *Tat Twam Asi*. Thou art That.

As God is one without a second, as nothing exists besides Him, you are THAT already.

God has no other body on earth than yours. How wonderful! He is working through you; God is moving and breathing through you.

Not a blade of grass moves without His will.

I am writing now because of His Presence. We are reading now, my loving reader because of His presence. In the real conception of God, He is seeing through your eyes, hearing through your ears, working through your body and thinking and functioning through your senses and mind. Verily, He is throbbing in your heart and flowing in your very breath.

How close and near is God- closer than our hands and feet. Indeed, He is the breath of the breaths. He is the universal Breath- *SOHAM* breath that embraces all excluding none, but including everything. Even the dumb animals, plants, herbs and flowers are included in God's Presence. It is He who is shining in the stars, sun and moon and other planets. How blessed it is not to be earth bound. Let us chirp with the insects. Let us fly with the birds. Let us sing and play with the children. God is not only in the form of a flower, bird and man; he comes to us in the form of a critic or enemy, to test our mettle- the Love that we have in our hearts.

Blessed are they, who can repeat from the cross, facing God in the persecutors: Father forgive them for they know not what they do. In my religion, there is nothing like forgiveness, for all is God. Crucifixion and resurrection are one and the same unto those blessed and rare souls who have the real conception of God.

Just yesterday we received a letter from a lady who is the Editor of Animal Champion, finding fault with us for not writing in our Peace journal advocating the life and sufferings of the dumb Animal Friends. I appreciate the kindness towards animals and their cruel sufferings but I feel sorry for her unkindness or harshness towards the fellow-beings who are kind and good in their daily life of compassion.

As I am writing this message both the Bada Ram and Chota Ram are nearby me as if asking me to send their Love to the Animal Champion lady, in the far away England.

In our Ashram we have nearly a hundred cows, bulls, calves etc etc, all living on our Love. Not only we love and take care of them but we consider all these dumb animals as a part and parcel of our lives- the living images of God. In loving and serving any of the least of His children, we are only loving God. The only difference is, we do not broadcast and advertise our work but only feel contented in our silent service without expecting any reward.

While I am engaged in writing this message sitting under the cool shade of a mango tree, it made me happy to see a Doctor coming to see me offering his selfless services to serve the sick and poor.

Two sisters came and sang devotional songs that touched my heart. In all these simple incidents I see God and I feel His Presence, nay it gives me joy to face Him.

The sun shines in the day time. In the night time it is dark. Yet, in the sun, there is always sunshine. The wind blows- sometimes it stops too. The waves in the ocean rise high and they go down too. Everything in this world seems dual, cold and heat, light and darkness, sickness and health, poverty and riches, ignorance and learning. God is changeless One. He is above all changes.

How to feel His Presence ceaselessly is the problem of problems. In the outer awareness of impressions to feel His Presence ceaselessly is almost impossible. Inadvertence comes at every step. Forgetfulness seems to be the nature of mind. The mind of even the learned and wise is so full and restless- always imagining both the useful and useless things.

The only way- the helpful way seems to merge within, to introspect one's life- to be still and to know that we are a part and parcel of God.

In stillness we realize that there is something within- in every man and woman, even in dumb animals too that which is flowing ceaselessly in their every breath- with each and every inhalation and exhalation.

Inhale and exhale Peace is the greatest help, to realize God if we could only follow ceaselessly our own breath Soham, is the Universal energy. It is the essence and soul of all senses and religions. *Soham* is the mantra, the Holiest statement or affirmation that makes us to feel His Presence Now and Here immediately.

Let us only have strength to feel, feel His Omnipresence and to be eternally centered in God- the Universal energy.

Let us close now with the Vedic Peace Chant, with the prayer that it may lead us into that ceaseless flow of God- consciousness which is the soul of man goal of humanity.

The Peace Chant:

Unto the Heavens be Peace

Unto the sky and earth the Peace

Peace be unto the waters

Unto the Herbs and Trees be Peace

Peace sea, verily Peace.

May Peace be unto all!

Om Tat Sat Om

Amen

4th Jan, 1970 4pm

16. UNIVERSAL GARLAND OF PEACE

This holy garland of “SRI RAM JAYA RAM JAYA JAYA RAM OM” is most valuable and precious garland of enlightenment, peace and illumination. But is everyone is willing to wear it? Only those few rare dedicated souls are blessed with hearts of universality whose hearts feel for all humanity – including the dumb animals are worthy to wear this holy garland of universality that gives peace to the individual leading to world peace.

With our Sri Ram, I felt the whole body from top to toe with His presence, floods of light. Every finite cell is filled with His infinite splendor of millions of suns.

As I am saturated with His presence and light then and there, thy light unto all the world, by repeating Jai Ram. One Jai Ram covers you all, fills all of you, whether you are near or far, in India or America for Jai Ram the universal spirit in the indivisible light includes you all. Then as you continue to repeat Jai Jai Ram – as then these holy words represent past, present and future. They bring all time to the present life – giving a soul – awakening moment.

Now more so as you end it by the repetition of the sacred syllable AUM, which is the soul and goal of the humanity.

As one word is enough for the wise, let us practice a simple but inspiring and most elevating meditation – identifying no longer with the physical body of flesh and dead, but with the indwelling light, the light of the sun of the suns. Let us practice and practice not repeating the mantra of *Maha-mantras* merely with lips like parrots and talking machines, but with one hundred percent of mind, heart and soul Sri Ram jai Ram Jai Jai Ram Om.

Thus with the first glimpse of dawn until the late hours of midnight I keep on wearing these holy garlands one after another wishing the welfare of all of you. To whom shall I offer this garland of universal love – that includes all and excludes none?

These holy garlands are not for sale to the people of outer life, *Pravritti*. They are offered freely to the devotees of *Nivritti*, to those who are pining for God!

These precious, priceless garlands of universality cannot be bought with all the wealth in the world.

They can be easily bought freely only by those blessed souls, who are endowed with hearts of universality – with complete self-surrender to the Almighty, facing Him in all the human kingdom of life – including dumb animals and so-called animal kingdom.

Now rising above these finite words let us chant now

SRI RAM JAYA RAM JAYA JAYA RAM OM, filling first, our bodies and then, all the establishment, nay all the world and heavenly spheres into one universal whole, the indivisible and incomprehensible millions of suns’ splendor.

Hari Om Tat Sat Om.

An Offering:

The first and several garlands are an offering to Pujyasri Papa and Pujya Mataji of Sri Ananda Ashram, the emblems of universal love, blessing all the children of God irrespective of caste, creed, color and nationality for God is One, Light is One, Truth is One, Love is One.

Peace that passeth all understanding is One without a second.

SRI RAM JAYA RAM JAYA JAYA RAM OM

Om shanti shanti Shantih.

Om Om Om

17. GOD IS ONE

If God is one without a second, there is nothing besides HIM.

If there is nothing besides HIM, where is sickness- heart malady or health? He is above sickness or health – the dual state of the mind.

So long as you recognize the day or daytime you are to recognize the night or nighttime also. But god is above day, night – above light and darkness.

In the world of duality there is light and darkness but in the Sun, there is perpetual light, the light that never goes out.

Question: what about the God – the source of all the world?

Answer: As He is the splendor of millions of Suns – He is all Light.

Blessed are they who recognize the changeless in the ever changing world, the immortal in the mortal and the infinite in the finite.

God is. God alone exists nothing else exists.

Body does not exist, senses do not exist, nor mind does not exist. Intellect and ego do not exist Intellect and ego do not exist the snake of delusion never exists – only the rope of the reality exists. In the rope of Truth there are neither Ashrams nor the worlds. There are neither *Chela* disciples to learn nor Gurus, the masters to teach. All that exists is God – the self-effulgent splendor of Sun of suns – the Light of lights.

O adorable Light, thou who art within, without, above, below and all around – silent adoration be unto thee.

It is ecstatic to know nay, to feel that in God, no more enemies are persecutors exist, no more disease or weakness exists and no more passing clouds of ignorance exist.

It is all Light from beginning to end. It is Light from eternity to eternity.

As the Light is one without a second that thou art that *Tat tvam asi*.

Homage to Myself the one without a second. Homage to Him.

Homage to thee my loving reader as thou art that. That nothing exists besides this. Homage to all these images of God.

Offering: A loving offering to all - who work and breathe in the Light – as embodiments of God – expressing highest Truth in simple words.

18. STUPID MISTAKE

It is strange and pathetic how man calling himself all wise sometimes commits stupid mistakes, over powered by delusion or *MAYA*. To err is human is his only consolation when he commits blunders, besides himself.

A God loving man finds comfort or consolation in the thought- that when he falls, he is falling in the lap of God, for all the earth is the lap of God.

How blessed it is to feel God's Omnipresence, Omnipotence and Omniscience both in depths and heights, in pain and pleasure.

Out of the depths fresh strength.

Out of the darkness new Light.

Even in the gloom we are on the way. These are the often quoted wise words of Lincoln, giving hope and strength to all those who are forced to commit stupid mistakes.

Six months ago when we were busy with the coming Birthday Celebrations of the 70th year, one envelope came from an old devotee and well-wisher of the Ashram. I felt happy to find a cheque in it along with his loving letter.

The cheque had the following figures thus 50/- with a bigger cross line after 50- in my haste naturally or blindly, I took the cheque for 50/ and sent my thanks for his loving letter and donation sent towards our prayer hall in memory of his devoted life-partner.

The Birthday was finished and several months passed and the devotee friend requested us to send an official receipt for the amount of Rs 501/ sent by him in the month of December.

Imagine my surprise- when I saw the Rs 50/ turning into Rs 501/. We wrote to the Bank to confirm the amount of Rupees. The Andhra Bank replied that it was Rs 501/ given by the generous Donor and it was drawn by me in the same month of December.

I was in a fix over the great blunder. How it happened. What a big difference between Rs 50 and Rs 501? How did it happen? What was the cause of such a stupid mistake?

Even when there was a slight mistake in the figures why did I not read the written words- Five Hundred and One Rupee only- Was I blind? Yes! I was made blind by some evil forces- in the name of haste or confusion, ignorance or darkness.

How could I do such a stupid mistake? Even if I have committed the blunder in haste, what about the people who are always with me Mr. Jagdish, Sri Rajaram, Sri KSR, Chy Gnaneswari and Santi who read my letters and look into the daily post. Were they all blind folded and blinded.

Going back into the life of the Ashram, I tried to remember, how when I was pressed for money, in the great need of the Ashram, I must have given the cheque- thinking it was only a cheque of Rs 50/- to the Manager or someone else to make use it in his emergency.

Even though I was blind passing the Rs 501 cheque as a cheque of 50, why the man who received it from me was also was blind and never said a word over my stupid mistake!

It all looks now like a sad mystery. We are tracing now the man who cashed the cheque. But what a needless and stupid blunder!

This little incident although it looks like a mole hill, it has become a huge mountain to me. I can easily forget and forgive the mistakes of others but not my mistakes. Since realizing my blunder- my heart has become sad and heavy. I am trying to solve the mystery or forget it also. But somehow I was unable to sleep or eat – for I was the cause of loss to the Ashram- not a rupee or two but Rs. 450/- What a stupid and unforgettable mistake. As *Prayaschittam*- atonement for my foolish mistake my heart longs to 'fast' for sometime be observed in Him. I feel from within as 1) cling to Him now more than ever, He alone will give me the needful relief, by giving back to the Ashram what it rightly deserves.

While I was feeling depressed over my foolish mistake with such sad thoughts as if to cheer me up- on that day an Insure Cover comes for Rs 500/-. It does not cheer me. Another insure comes from devotees in Adoni for Rs500.

It does not give me also joy and make me rise above depression. On the next day come a Draft for Rs Two Hundred Dollars- nearly a Rs 1000 / which do not cheer me or make up my depression.

Several money orders come from the Ashram devotees from near and far- and none of these amounts make me to forget my foolish mistake.

All the wealth in the world, fails to give me comfort and consolation. What shall I do now? Why did I commit such a needless blunder. Even if I have committed this blunder in haste or ignorance what is my never failing and ever protecting God, the indwelling presence doing, when I was stumbling. In my agony, in the still small hours, when I am done with Him I approach the indwelling Light and unconsciously I murmur to Him. O God! Where were you? When I was falling down, stumbling with such a gross mistake in the day light, as if blinded, mistaking rupees 501 to Rs 50 cheque. I know it does not help to worry over spilt milk. Yet one ought to be extra careful in little things as well as in big things. Now I console and reconcile myself with the thought, all money belongs to God. Wherever it lies, whoever uses it, all wealth belongs to the desireless. Poor and naked we come into the world and poor and naked we leave the world. For some unknown reasons in our incomprehensible ways, such slips and blunders, mistakes happen. Let us have strength to repeat, feel His omnipresence – even in the

Blunders and depths. All is for the best. Let us try to convert our stumbling blocks into stepping stones. We are trying to trace the cheque and the one who cashed it. Verily, what is lost. Truth is immortal.

May the Rs. 501/- cheque of the rope be not be mistaken to snake of Rs.50/- cheque.

May the rope be the rope alone even in darkness and delusion. In my heaviness or sadness and disappointment, with myself as I merge within, I feel in the waveless silence- Inner voice speaking:

My Child, in vain is the search for happiness in the Ashram- in the construction of Prayer Halls, Hospitals, shrine Rooms etc etc. Your real happiness- changeless happiness is only when you forget all but Sand Castles. And airy castles in the sky and give up running after the mirages, in the desert of the world.

Why cling to the bubble like world when Ocean of *Sat Chit Ananda*- Existence, Knowledge and Bliss Absolute is your Birthright.

Let not the passing clouds of stupid mistakes – the things of the world touch or reach you – the ATMAN, which is Omnipresent, Omnipotent and Omniscient.

Detach yourself from the body the unreal. Attach yourself to the Indwelling light the Real- wherein alone all stupid mistakes disappears and Self Effulgent Light the only changeless Reality- the splendor of Millions of Suns keeps on ever shining blessing all with Peace that passeth all understanding. Above all may the All – wise and all Knowing God bless us all to live now always eternally in the One world of God-consciousness. This is the pardon prayer of the erring child.-Omkar

13-7-65, 2:30 am

19. GOD THE DIVINE FORCE

God is not a force but the Force. He is not a ordinary force but He is the Divine Force, operating in all our thoughts, words and deeds, in different ways and manifestations.

It is because of His Presence, I am writing now these words. It is because of Him, I am thinking of His inspiring theme. It is because of God's Presence, now and here – I am seeing the very motion of my hand nay, of the whole body; mind and soul are only because of God's indwelling presence.

It is because God exists – we exist. Without Him or apart from Him, we do not exist at all. The sooner we realise this great truth better it is for us- for our peace and happiness and for the peace of the world.

God exists not only as a mere divine force, but also as *Dharma* – the living Truth. He is there, wherever there is Dharma in the East or the West. God is Dharma and Dharma is God.

God is not only operating as divine force and Dharma – the Truth, He is operating or expressing Himself as Life Eternal, as Love Universal, as Light Infinite – nay as Supreme Silence too.

Verily, God is waveless Silence. He is both active and inactive. He is indeed the manifested and unmanifested.

Isavaasyamidam Sarvam

All this world is *Isa* - God the Brahman.

The same divine force of God is expressing in your spiritual study. He is there when you are writing letters – nay when you are writing messages. He is there in your Bhajan, in your prayers, meditations or in *Mounam* (silence) too.

Where is the moment either in the past, present or future, when God exists not? He is there, He is here. He is everywhere from Eternity to Eternity, from the beginning to the end. Can you show me even an atom of place or space, where God exists not, either in the body within or in the world without? What a blessed consolation, comfort and strength it gives just to feel God is pervading and permeating the very cells of our bodies, from toes to the top of the heads! He is there in *Sahasrarain* the thousand petalled lotus, breathing as *Soham* the divine force with every breath in your very inhalation and exhalation.

Feel, feel, and feel. Recognize the One indivisible force and be silent!

Spiritual study is helpful paving the way to prayer and meditation, finally leading into silence – the goal and soul of human birth. Our goal and soul is God – realisation and not singing like talking machines, expounding scriptures as gramophone records or repeating like mere parrots, quotations and *slokas* from the various scriptures in different religions.

If spiritual study is beneficial prayer is ten times more helpful. Prayer which leads to meditation is fifty times more beneficial and *Mouna* – the supreme silence is (100) one hundred percent helpful – leading one to the very goal of life – to the God-realisation in this very life – nay now and here.

Blessed are they who are blessed with a taste of *Nirvikalpa Samadhi*– the seedless transcendental cosmic state, in this very life.

All homage be unto the divine force which is operating now – reading this message – in the form of my loving readers, that which exists is One and thou art that, *Tat Tvam Asi*.

Let there be peace on earth and let it begin with us.

Let peace begin now with every heart beat! Let it begin with every breath! Let us follow our own simple breath – our indwelling *Soham*. Let us inhale and exhale peace with each and every breath – SOHAM.

Enough of words, adorations be unto the One divine force which is called by the sweet name – God. That which exists is One and the wise call it by various names. I love to conclude this loving message with the following peace chant:

May there be peace in heaven.

Peace in the sky

Peace in the waters

May there be peace on earth
May peace flow from the herbs, plants and trees
May all the celestial beings radiate peace
May peace pervade all quarters
May peace be unto all. Om Om Om
Offering to Chy. Shushila Rani and Sri Babu Rao with the Richest Blessings of the One indivisible Divine Force.

OM Om Om

12.6.1969 4AM

20. MY HEART BLEEDS

My heart rejoices also wherever there is understanding between individuals, love in communities and harmony among nations.

Similarly, my heart bleeds when I see bitterness and hatred, criticism and condemnation of others' religions and their respective followers. Live and let live others.

Who are we to condemn others, and to try to reform everybody? Have we reformed ourselves in the first place? Have we seen God? Have we felt his presence?

Only the one who has seen God, rather felt His presence as a right to speak and preach – but not the people of selfishness – rather self important who are running after the fleeting clouds of name and fame.

The bees make buzzing noise – so long as they have not tasted honey of personal experience. Some bees sting us also. When once we are blessed with personal experience of God vision we never sting or hurt the feelings of the followers of other religions.

Swami Vivekananda asked us not to be frogs in the finite wells of our ignorance and imagination, yet sad to see many learned frogs disturbing the faith and belief of followers of other religions and crying topmost – bet my religion is the highest. I wish they are satisfied with this needless cry, but they are not satisfied unless and until they condemn and crucify the tenets and beliefs of other faiths. Even Paramahansa Ramakrishna taught us from personal experiences – after practicing in his own life the tenets and fundamental teaching of every religion – that all religions are leading to the same goal – God. Are these zealous reformers, learned orders, greater than Vivekananda and Ramakrishna? They do not know yet what God is – in spite of their grand oratorical lectures and discourses. They become silent when they realise God within themselves. Instead of reforming others and the world, they begin to reform themselves – in silence – knowing the preciousness of every moment.

Our peace mission since the last 52 years has been the greatest blessing to the world of humanity, to the followers of every faith and religion in the East and the West.

If really Peace is going to be established in the heart of the individual or on the face of the earth. it is thought the realisation of the ideals of the Peace mission that includes all sects and creeds, faiths and religions in love, harmony, understanding and unity of oneness of God and brotherhood of man.

Whereas, bigotry and fanaticism of every kind coming from the ignorant or learned, from swamis or yogis, from priests or ministers, divide man from man, community from community, and nation from nation pouring petrol on fire.

Our zealous young preachers are only new children in the spiritual life. They should have a little love in their heart even towards the followers of other religions. With our study of a little Sanskrit and reading of a few English books we should not dazzle and disturb the faith of others and disturb the peace of the world.

On first May, we had a sad experience in our peace center. Some friends wanted to invite a swami and his *chelas* for a public meeting in the peace center, to help and serve the citizens of Kotagiri.

But alas, the swami or the President who has presided the meeting did not say one word of good of the peace center or of its silent service. On the contrary they both began to condemn and criticize the true followers of the other religions except theirs pouring out hatred and bitterness against their beliefs in a torrent of accusations all so needlessly.

The sages and saints lives taught us to open our mouths only if we can say anything good and constructive, but not to hurt and accuse and thus disturb the peace of the innocent devotees.

In the famous poem of the song of sannyasin we were asked to remain same – in both praise and blame, to keep on walking boldly repeating ‘*Om Tat sat Om*’

Our friends did not spare even our universal symbol that has been acclaimed and appreciated by the servants and votaries of all religions as a door of wisdom, peace and understanding – to create world peace, among different religions. From their blind belief there should not be any place for crescent or cross or lotus except their own symbol. I feel sad for these ignorant and fanatical reformers who are doing more harm than any good to their blind followers.

Where there is a fertile crop of wheat, these begotten reformers come and sow the force, tears and thrillers in the tender hearts of the followers of different religions. I felt sorry for the few faithful devotees who are blessed with universal hearts that feel for all and love all religions.

I offer my apology for hurting their hearts and wounding their feelings by speaking ill of other religions.

Our learned preacher found joy in rejecting again and again that it is bluff to think that all religions except his religion lead to god. He was very fond of the word bluff, bluffing the audience with his learned discourses giving away quotations from Bible etc calling of others and making all the audience to feel, all will go to perdition except himself and followers of his religion.

I felt so deeply hurt and bruised for a day for as my heart identifies with all the followers of respective religions – it actually began to suffer and bleed. I take comfort and joy in repeating the memorable words of blessed chant ‘Father thy know not what they do? Forgive them’

I only want my fellow sisters and brothers of all faith and religions should not be hurt and disturbed for their beliefs, but they should be appreciated, encouraged and united in their understanding of love with love.

How true are the words: God is love and Love is God.

Where love is, there is God. What kind of Love? Not the finite, blind love for his particular home and his religion or nation, but the love universal that includes all religions and nations.

We have a motto sign in Santi Ashram thus: The heart devoid of love is cemetery. What is the use of all our *pujas* and worships and grand eloquent talks and discourses – remaining ever in the cemetery devoid of love?

This message is not written as a complaint but only to help and protect the following of all religions, to wish God – feel in their beliefs and encourage them in their respective faith – as Geetha teaches all religions if faithfully followed or reaching to the same goal as all rivers or flowing towards the ocean of Satchidanandam.

If we could only understand our own religion deeply, there will not be any criticism or condemnation but on the contrary, there will be love and sympathy. For, in loving any of the least of His children we are loving God.

In Cosmic Flashes in the 79th Chapter on Do not complain the following life giving words were written.

'If you desire to be one with God Do not complain.'

This is the last examination in God-realization. If a man puts both his hands round your throat, to choke your life out of you, you are to see the sweet face of God in Him. If a man gives a fond embrace with one hand and with other hand stabs you in the back, you are to feel God's Presence in the touch of his very hand.

Do it now and be a blessing to all the religions and to the world of humanity.

Om! Om! Om!

I never realized until this sad incident. Love I suffer, Love my heart bleeds into the sorrows and tribulations of my fellow sisters in all the world.

This body is the temple of God. It represents all the world on humanity. I take joy in feeling Bhagawan Krishna, Lord Buddha, Christ, Mohammed, Mahavir, Nanak, Ramakrishna, Vivekananda and Ramatirtha and all the Avatars, Mahatmas of East and West are within. Even the 33 crores of Devatas, all the world of people are within me.

Whenever anyone is sad, in pain and I am sad. Whenever one is helping near or far, be it in any religion I am happy.

Little children and the young reformers cannot understand these truths for they are still on the surface dazzling with words.

As a personal incident when I heard in the conflict of Telangana that a certain man was burnt alive pouring petrol on him throat- day night you cannot imagine how many sleepless nights and sad days I spent over the sad suffering and death of innocent man, Identifying myself with his sad suffering and death.

This is the place where our zealous and educated reformers should go and preach the Holy Tenets and high ideals of their religion to their own Hindu brothers to prevent such heinous crimes and to propel the innocent This is real *Sanatan Dharma* to create love, Harmony and Understanding, but never in a dream to create bitterness, separation or hatred and distrust in their own beliefs.

I realize more than ever now with this sad incident which has been a resurrection to me after passing through a day of crucification- that as anyone who loves humanity must be ready to be a man of suffering- with all the tests, trials and tribulations of the world.

How true are the words: That all the real world needs are not creeds and religions but a little kindness and love for our fellow-beings, even to the dumb animals too, for all are the forms of the One Indivisible God.

Blessed are they who can see the One in the many and those hearts throb for the welfare and peace of all the children of God in every religion and nation all over the world. My Dear Loving Readers of Peace, Let me conclude now my message with the Vedic Peace Chant:

May there be Peace in heaven

Peace in the sky

Peace in the waters

May there be Peace on earth

May Peace flow from the herbs, plants and trees

May all the celestial beings radiate Peace

May Peace pervade all quarters

May Peace be unto all

Om! Om! Om!

A token of tiny offering to all the lovers of humanity in every religion with the lovely motto or song:

Let there be Peace on earth and

Let it begin with me.

Om Tat Sat Om

3rd May 1969 6am

21. OUR FATHER

Blessed are they who rely on the Father, who is not only in Heaven, but in the stillness of ones own purified hearts.

Strange as it may sound the father is within the pure and impure hearts for He is Omnipresent.

In the pure hearts He is shining in full glory and in the impure hearts He is dim covered and hidden by the thick veils of *Maya* – delusion – deep ignorance. How blessed it is to recognize God's Omnipresence within, without, above, below and all around.

It is blessed to rely on the Father completely, not now and then but in each and every moment of our lives- especially in the so called tests, trials and tribulations of life – which are all mere passing clouds.

Where are the clouds in the Sun, where are the tests and trials in the grandeur of millions of suns. Man forgets the Light within and suffers in darkness.

Forgetfulness is death. Awareness is Life

I am one with the Father. You are one with the Father. All are one with the Father. Father alone never disappoints you. All others however big they may be, they disappoint you sometime or other. Man disappoints –but not God, for He is the same always.

Self- Reliance on the Indwelling Light – the living and loving Father is the message of the hour – but not on the bewitching and dazzling lights of the world.

Often to teach us a lesson God makes man – the frail man to disappoint us. The fault is not with the frail and weak man. it is for our own good, to make us rely on the Omnipresent – Father, the finite man fails us and Father takes care of us.

Recently I happened to trust and rely on a sweet and loving soul, who has been all in all to the Ashram as well as to myself. He has hopelessly failed and disappointed me completely one hundred percent. At first it was shocking but later on slowly and silently, I learned the bitter lesson and now I take joy in repeating: All is for the best. Even at the point of death let my reliance be none and always only on the Father who is One without a second. How unfailing is our Heavenly Father, giving us our daily bread,

guiding us at every step even when we falter and slip. Our strength is in rising each time we fall – for He is ever with us, watching and protecting us in all the tests of life.

It was written in Cosmic Flashes that all tests and trials are only to test our mettle. It seems God gives us such tests that can be borne by us. Fire purifies gold. Similarly all disappointments make us to reach the One who never disappoints us. As Father is invisible to the necked eye – the weak man really relies on the big, mighty and powerful personalities and now or later –he gets disappointed and suffers agony, depression and even death. The faith of a little sparrow that flies, chirps and sings is needed for the man, who is supposed to be created in the image of God.

If God is Omnipresent, Omnipotent and Omniscient – nay interpenetrating the very cells of his being, where is the trust and faith of man in this Self-Effulgent and never failing Presence of the Father? There is never a moment of time when Father is absent, aloof or away from us either in the past, present or future. There is never an atom of space where He exists not either within us or without in the world. Hence it is high time to rely on the Father, the changeless Reality – the basis of all the worlds. What is needed is to express His Presence and Infinite Power, nay His Light, life and love, now and here in all our thoughts, words and deeds.

Let the Father speak and express in little things as well as big things.

Omnipotence is working. Let the Mortal retire. Peace that passeth all understanding is the result of the mortal retiring. Then alone, the immortal, the eternal and the infinite works through us may be done.

Our Dear Father, who art in Heaven – the heaven which is within our purified hearts, bless us dear God to feel Thy Presence Now and Here to rely no more on the big forms and names but cling to Thee who art formless and nameless and express Thee ceaselessly, facing Thee in his living heart and man, even in the fragrance of a tiny flower, and in the soothing song of a little bird, for Thou alone art existing from the tiny atom to the hugest planet in all the Universe.

Give us the strength as we repeat the following peace prayer to feel Thy Presence consciously now and here. Adorable Presence, within and without

May peace be unto all.

Om Om Om

An Offering to all the children of the Heavenly Father in all the East and the West – with prayers for world peace.

May peace be unto all

Om Om Om

26.10.63

5AM

OUR FATHER(2)

Dear Loving reader,

The Truth, Omnipresent, Omnipotence and Omniscience - is your divine heritage. Your real Birthright. Pray do not bury them – but express them not only in your meditations but even in your work for, It is eternally present in you both in rest and activity. Do not be a sheep but be a lion. Infinite energy - potential power is awaiting to be recognized and released by you for the good of the world and for the peace of all. All that the Father has, belongs to you for, you are His chosen

child – living image. Recognize and be silent. As I often repeat if we use what we have, what we earn will be multiplied. The way to be happy is to make others happy. So let us live in God and lead all his children everywhere, especially all the stray sheep towards our Father- who is anxiously and naturally awaiting our redemption.

22. DEATH

Death comes to one and all, sooner or later, for to be born is to die someday or other both to the saint and sinner even to the rich and poor.

Last night we heard the mother of Aurobindo Ashram – who did so much good as a friend of India and as a chosen disciple and devoted follower, representative of Sri Aurobindo, passed away. Such is the end of all life but blessed are they who lived selfless lives dedicating themselves to the cause of humanity such as the mother of Aurobindo Ashram.

Although I have seen Mother, I did not have the opportunity of knowing her closely. But I had the opportunity of knowing closely, Sir Paul Redmond, her husband – a learned writer when I was in USA. I was staying in New York with the president of the Peace Centre, Jnana Dun, and her husband John Hayward, the founder of Swami Omkar Peace Foundation in Albany, USA. When Mr. Paul Richmond was invited to take tea with us on one evening, when he was kind enough to speak about his life in India.

As a loyal, faithful *Chela*, and dear disciple of Sri Aurobindo, Mother did gigantic and monumental service to Aurobindo Ashram, especially after Aurobindo passed away.

By the way I had the good fortune of a long interview with Sri Aurobindo regarding our Peace Message – the silent work that we have been doing. He was so appreciative and sympathetic that he lovingly said “Swami why don’t you start Peace Center in Pondicherry? We had many rich and influential friends in Pondicherry beginning from the Mayor to several Merchants, Princess and other influential devotees.” Somehow as I have been always more anxious to start Peace Centers in the devoted hearts of people – the Peace Center on the land in Pondicherry never materialized- although I was taken to Pondicherry several times by the devotees of Santi Ashram.

How true are the words not a blade of grass moves without His will – whether it is starting a Peace Center or starting a graft of the famous tree of Buddha under the shade of which he meditated and attained Nirvana – in the lovely Thotapally Hills bringing it all the way from the far away Holy Gaya – the heart of Buddhism. God’s ways are mystical and incomprehensible. I am more concerned now in paying

my tribute to the great services of Mother and her loving and selfless service to the Center of Sri Aurobindo – and thus to all India and humanity.

May Mother's dedicated soul of culture and selfless services rest in God – in peace as a blessing to all – setting an example to the devotees of Sri Aurobindo both in the East and the West. This is the humble prayer to all the members of Sri Aurobindo Ashram and its branches in India and abroad.

Om Tat Sat Om

Now, coming back to death, I long to share some of my personal thoughts on death. Have you ever read the inspiring book “As a man Thinketh” by James Allen, the great philosopher and profound sensitive

Teacher, who wrote many inspiring books that have been a great blessing to the seekers of Truth in both the East and the West. As you think you become. As a Man Thinketh, is a helpful and practical message of harmonization! Verily, thoughts are things. You think within in silence and it is crystallized without in the form as you wished to have.

23. NO ACTIVITIES

(In the peace center)

A friend and well-wisher of our Peace center –an American lady who has been staying in the lovely Kotagiri since the last 12 years made the following the sad remark only 3 days ago when she came to see me.

Swamiji, sorry to see no activities in the Peace center, which has made me sad to see her limited vision, with all my respect for her devotion and interest in mother of all religions namely, Hinduism.

Of course, I have to explain to her wasting with words some of my precious time. Out of the fullness of heart, the mouth speaketh; this helpful message is the musing of my heart coming from within for the good and benefit of many such outer people who are running after the outer activities forgetting God – the light within themselves.

What is the use of going all the world losing your Soul? The world is full of activities helpful activities like Dispensaries, Hospitals, Schools, Colleges, and Homes for the aged, Nursing homes, Orphanages etc.

You will be happy and surprised in our own Mother Ashram- the oldest Ashram, which was established more than 60 years ago, there are Hospitals and Schools to take care of the sick, poor aged etc.

For instance, we have the Santhi Hospital in memory of the American Lady Sister Sushila Devi, who has cheerfully sacrificed not one or two years of her selfless and dedicated life but nearly 25 years of her consecrated life to serve the sick and poor, both day and night, like the dedicated nurse St. Florence Nightingale loving India as her Mother land.

Sister Sushila Devi reminds us of our devoted and dedicated soul Sister Niruddha of Sri Ramakrishna Mission, whose selfless life has been an example to Mother India. When the world is full of activities, a few of them self-interested and selfish activities running after the passing clouds of fame and name like mere children, should we also run after finite bewitching name and fame like mere children forgetting the Light within and ignoring the God of our precious human birth?

The Peace Centre was purposely established to be free of all such restless and feverish activities, to serve only as an Abode of Peace and solace. It was established to give an opportunity even to a few rare and blessed souls who are pining for God irrespective of the man-made castes, creeds, religions and Nations.

How blessed it is to feel for God with a universal heart that feels for all, Loves all, considering the world as our wide Home and all people of all religions and nations as our own sisters and brothers and to be of service to them without expecting any reward in any form selflessly as our true Light, real Religion?

Unto such rare and precious souls belongs the Peace Centre.

Welcome ye, the inheritors of Immortality to drink deep the nectar of Divinity in all silence, in the Peace Centre which is free of all activities.

Silence creates souls. Be still and know that I am God. A Christ is needed to understand Christ. A Judas understands Judas.

O men and women of the world. Sisters and brothers- citizens of Kotagiri and Nilgiris, pray, ponder a little deeply, think of tomorrow. Do you think that we will be for ever clinging to these perishable forms, neglecting and forgetting the Light within, living God who is our life soul and goal of our precious human birth?

Let us wake up from our long slumber, deep sleep, from pravritti to nivritti, from outer light to inner light. We may not pass this way again- we may not see this moment again.

For, this moment is ours and not the next moment, for today man is and tomorrow he is not.

Remember life is frail like a blade of grass. It is withering away like that of a tiny flower. let us wake up now and here alone before the call comes from the great beyond which is death.

In conclusion, my heart longs to close this long helpful blessing with the wise words of the learned words of the scholar and author, the great disciple of Bhagavan Sri Ramakrishna Paramahansa- the author of the inspiring book – The Face of Silence, so deep and such a life

giving and inspiring message given in such simple words, such noble and life giving and soul awakening words: it was nearly 40 years ago during one of my visits to America, the learned scholar Sri Dhangopal Mukharji came to see me and said in course of his conversation, the following wise and memorable words that have been an initiation to me especially when I waste my time with finite, lifeless words.

Dear Swamiji, we all speak because we can not be quiet. What is the use of your talking? Can you not help us in your advanced stage now by your wise silence – supreme silence which helps all and covers the whole universe?

Even these days after a lapse of 40 long years, whenever I speak needlessly, Mr. Mukharje's wise words: we all speak because we can not be quiet, because we are fools. Can you not help us Dear Swamiji by your deep waveless silence.

Dear friends of Peace, devotees and followers of Peace centre, may I request you, each of you who is blessed to read this helpful message to help me, by coming soon to your own Peace centre to take part in the Namasankeertana from today onwards for today alone is ours and not tomorrow.

Moment by moment let us grow inwardly. Let us have the strength to say goodbye to our outer life of finite senses. Let us cling to God within – the splendor of millions of suns, meditate and merge in the glory now in this living moment alone. This is the prayer of your own Omkar. The place to feel God's Presence is here. The time to feel His presence is now. The way to be happy is to make others happy. Let us not live anymore for ourselves. Let us say adieu – good bye for our selfish finite lives. Let us live for all and all lives for one. May Peace centre be your ideal home of rest, prayer, meditation and silence.

May Peace centre be the greatest blessing of your life, may it bless you, your dear ones –ladies and children with great peace that passeth all understanding which is beyond all finite words. What else can I say or wants in these very early hours of dawn except wishing your welfare by seeing you in the light of lights, in the splendor of millions of Suns, Let us end it with the peace chant now with prayer for the peace of all.

The Peace chant:

May there be peace in heaven

Peace in the sky-----

May peace be unto all!

Om Om Om

A tiny offering:

out of the fullness of the heart, to all the devotees – the aspiring souls, in all religions and nations of the East and the West with prayers, for God-realization now and here.

Hari Om Tat Sat Om

7.5.1975

3AM

24. THE PRESENCE OF GOD

(How to feel IT)

The friend who has been the well-wishers of Santi Ashram and who has been dear and near to my heart has sent me a most helpful Book from his far away China named 'The Practice of the Presence of God' -by Brother Lawrence.

I have read it with great joy, benefit and inspiration but I am not going to deal with the same thoughts contained in the small volume, for I recommend it to all of you- and you can read Brother Lawrence thoughts in that helpful book.

Here I wish to share now the thoughts of Brother Omkar-on the practice of the Presence of God. To understand this vital and most essential theme, in a simple way let us take one or two common examples.

For instance there is the ocean. You must have all seen It., though not this Rushikonda Beach Ocean, but some ocean or which is near to your place.

How to take a bath in the ocean? Can it be done by reading books on the benefits of sea-bath or by listening to the lectures given on the same?

Of course the study of books on sea-bathing and listening to discourses on it may be helpful too to a tiny extent.

But the actual sea-bath consists in coming to the Beach and in having a dip into the sea actually. Then alone you can know what a sea-bath is and how it feels. Shall we take another similar illustration.

What about a Sun bath which is helpful in every way physically, mentally and spiritually too?

A critic may raise the question: How can a Sun bath help spiritually?

A: When there is health in body there is health in mind. When the mind is calm- the Soul is restful. Thus the rays of the Sun dispel all clouds of sickness, weakness and darkness of any kind.

Suppose a man says, I will take a Sun bath in the middle of the night. How can he take a sun bath in the night? When the Sun is absent? He should take it only in the early hours of the day or at the hour of sunset, when the rays of the Sun are not too powerful, to be benefitted by sun bath.

Now going back to our message of feeling God's Presence- let us apply these illustrations in our daily life.

To take a sea bath, there must be the ocean and one must approach the ocean and be prepared to plunge into it, in spite of its boisterous waves sometimes. Many a time I went to have a dip in the ocean, with such an anxious heart but had to return without a bath, because of the angry restless waves. But whereas in the case of God, you need not have to be disappointed - for He is never angry. There is no ebb and flow in Him. He is always same. You can go to Him at anytime for He is the Ocean of Love and Mercy. Now and always for He is all Life, Light and Love. He is ever waiting for you to come and bathe in His Infinite Love and Eternal Peace.

In the illustration of Sun, the Sun bath, it cannot be taken in the night-time. But whereas in taking a Spiritual Bath in God, you can take at any time, both day and night. You can bathe in God's Love any moment whether it is day or night, for His Love is above the formal calculation of days and nights, even time, space and causation.

My Friends, without making my message too long- the essence of it is as God is Omnipresent, you can feel His Presence wherever you may be. As He is Present from eternity to eternity you can feel Him at any time. He is never the violent and angry like the waves in the ocean. He is never hidden or absent like the Sun in the night.

What is more, he is not aloof, away or separate, like the ocean or Sun. He is interpenetrating the very cells of your being. He is living, sparkling in your very eyes, flowing in your breath, in your thought and even in your body, senses and mind

How can you forget God who is the breath of your breaths, Life of your lives and soul of your souls? Whether you know it or not the happiest news, the most consoling and comforting news is that you are filled, surrounded nay, saturated into the Presence of God not only now but for ever. All that you have to do is only feel this infinite and eternal oneness with God in little things as well as big things, expressing Him in all your thoughts, words and deeds.

Q: When to begin to practice to feel God's Presence?

A: Now- for this moment alone is yours and not the next moment.

Q: How to begin to practice to feel God's Presence?

A: By recognizing Him in your very breath, in your thought and even in the movement of your body, senses, mind, intellect and ego.

Q: Is it possible to feel God's Presence in each and every moment without forgetting Him?

A: When once, you understand and recognize your inseparable and eternal Oneness with God, it is more than possible for you to be aware of His Presence always for you are working, breathing and moving ever having your being in Him.

My Friend, it is practice, constant practice, and ceaseless practice to feel God's Presence Now and always is what is most essential.

If you wish to float on the ocean you have to practice floating in water. If you wish to be benefitted by sun bath, you have to take sun bath everyday. Similarly, if you wish to feel God's Presence Now and always, the only way is to wake up from your ignorant sleep and to behold that the God for whom you have been dreaming is no longer, aloof or separate but inseparably, indivisibly One with you not only now, but always from eternity to eternity.

Behold my friend, even as you read this message, His arms are entwining you, His Presence is pervading and permeating the very cells of your being.

He is active when you are active. He is silent when you are silent. The Peace that passeth all understanding belongs to those rare and blessed souls who can also recognize that God is Silent, when they are active and that He is active when they are silent.

Gita- the song celestial also teaches the same essential and deep thought, to see the Karma in Akarma and Akarma in Karma- to observe Action in inaction and inaction in action.

These are hard nuts, deep truths that are difficult to be cracked or solved even by the mighty intellects, but open facts and simple lessons for those who are willing to pay the price of complete self-surrender- death in life- to the Almighty God, by practicing to feel His Presence, in each and every moment of these lines, in spite of the rising waves, tests and trials and the dark clouds of tribulations. It is only rough by the beach side on the surface but deep within the ocean it is all calm and waveless. Behind the very dark clouds there is the Sun waiting to burst out any moment. Likewise, you are in God and God is in you. Thou art That.

Q: What else you need?

A: All but you need is only a little practice ceaseless practice now and always to feel God's Presence within and without.

My Loving Reader, allow me now to have you in His Presence, which is interpenetrating the very cells of your being now and always. May you feel His Infinite Presence; eternally is the prayer of your brother Omkar.

Sri Kailas, 10.10.1951

25. ENTERTAINING

We are busy in entertaining every day- with everybody- our friends, relatives, our children, visitors and strangers etc.- with Tea, Coffee, above all with our loving words and hospitality. If we fail to do our part in receiving and entertaining them, we are considered discourteous and unkind. If we remain silent, we will be misunderstood. This is the life in the world.

What about the life in God!

Did you ever given thought, whether you are entertaining God- Indwelling Presence who is the soul and goal of your very life!

But alas! He is grossly neglected and forgotten in the busy outer life of the world. Yet God is patiently awaiting our recognition in the stillness of our own purified hearts.

In spite of our neglect and forgetfulness, God has not left us; He has not even forgotten us or ever decreased. He is same, shining ever as the Eternal Witness of our lives.

We entertain our friends and visitors with refreshments and sweet words of welcome.

How shall we entertain God- the Indweller of our hearts?

Does He need Tea or Fruits? He does not need even our empty words. God needs our dedicated hearts of love. He needs our selflessness. He needs our complete self-surrender.

It was said in the Bible that God is a Zealous God. He wants our all in all- one hundred percent of our Love- with mind, heart and soul.

Dear Loving Readers Are we ready to entertain Him with such Infinite love that excludes none but includes all.

Blessed are they who are blessed with Love Universal!

It is high time that we should give death blow to the outer life of Pravritti and begin the Inner Life of Nivritti and begin to entertain God, who has been patiently awaiting our worship-entertainment!

God does not want our worship with outer paraphernalia- empty ritualism. He does not want our fruits and flowers not even our praises and words or Mantrams- sacred affirmations. All that He wants is our full dedication- complete self-surrender- nay our waveless Silence.

Verily, God speaks in Silence. Lord! Speak Thy servant learneth. Let us be completely silent to hear HIM. Be still and know that I am God. Thou art That. Tat Twam Asi. Recognize and be silent. This is the highest form of worship or entertainment of the Light of Lights- the Indweller of our hearts!

May all Homage unto Him and may peace be unto all.

Om Om Om

Peace Centre

20-9-68 2:30am

26. SUBJECTIVE MEDITATION

(Or meditation on the transcendental)

This is the highest form of Meditation. It is not for the beginners but for the Advanced souls. It begins with the highest, deals with the highest and ends with the highest in the highest.

In this meditation one is not taking any chances of doubt or failure for the subject is always there. You may raise the question:

Q: Where is this subject?

A: The subject is in inside, outside in you, in me and everywhere.

Thus you begin the meditation on this Subjective Meditation or something which is Eternal which is the only Reality- the Existence Absolute, Knowledge Absolute and Bliss Absolute. You begin in completeness- dwell in completeness and in completeness. How glorious!

Here there is nothing to get or grasp. It is Eternally Complete. It is already perfect. It is always whole and full. It is in this form of Highest meditation, that the Wisdom Light streams forth or expresses through all the avenues of body, senses and mind, intellect, reason and ego— In the Light of Lights all forms and names are dwindled into nothingness. In the splendor of millions of suns of the Indivisible and Everlasting subject the world of mine and them is burnt up.

Here the ego rises its hood no longer for it is consumed in the fire of God Consciousness.

Q: What remained then?

A: Only the Peace that passeth all understanding, the ineffable and incomprehensible. Glory of the subject- which is no other than myself. That Thou and Subject art Thou.

My Loving Reader, this is no message for speculation but for deep meditation.

You are privileged to hear of the Highest. As the path to the Highest is through *Sravan*, *Manan* and *Nidhi*, *Dhyasa* as the scriptures say, Meditate now contemplate deeply and thus dissolve in the One Indivisible and Eternal Brahman!

That Thou art!

Glory! Glory! Glory! Peace, Peace, Peace.

SILENCE SILENCE SILENCE Om Om Om

Sri Kailas 19-11-1951 6am

27. MEN OF LIMITED VISION

Man judges others, but not himself, for his senses are always going outside externally. He whose senses are controlled or withdrawn- he judges himself instead of others. It is easy to give advice to others but rather hard to practice the same in his own life.

It is really strange how, man wants others to practice what he himself cannot practice in his own life. After theory is so easy, for it is all concerned with talk and practice is very difficult for it is hard work, often deny the little self- which is the hardest or most difficult thing in all the world.

Men of limited vision are those in whom the self is prominent. It is only when the self is obliterated they will be blessed infinite or unlimited vision and universal love. It is only then, the outlook is always for the welfare of others. Verily, the outlook here is grand, whole and ethereal and they are beyond the men of comprehension and beyond the comprehension of men of self or finite understanding.

Let us take to present example from the life of the Ashram to make this point a message more clear. For instance- the Military have spent in constructing five buildings during the war time for observatory purposes of aero planes etc, near our Ashram on the top of a Hill. To reach the top of the Hill, they have spent two lakhs more in laying a permanent road.

After the war- the buildings were auctioned. The bid was only 1500 Rs. because it is difficult to dismantle these concrete cement buildings and to carry down from the Hill, the timber and iron bars etc that are in the buildings.

I felt from within looking at the long mountain which is stretching into the sea- the Bay of Bengal. Instead of demolishing the valuable property where lakhs were spent, why not make it Kailas Ashram, an Abode of gods- where seekers of Peace could spend their time in absolute silence and Peace- facing the wonders of nature- above all the beautiful surging sea?

Now it belongs to the world of devotees who are hankering after God – but not to selfish people whose one aim is to amass the perishable wealth and to sell their souls for a little passing name and fame. The Kailas Ashram is now the property of the public – all selfless and peace loving souls.

I am grateful to the few and rare friends that have helped me – above all to the almighty god, the indwelling presence – for blessing me with the vision of a future world abode of peace – to serve the aspiring souls after peace in all the religions of East and West.

When I had the blessed opportunity, of reaching the top of the hill and saw the vision beautiful and just one look at the calm expansive ocean and the blue sky above and the hills far and near and with all the vegetation between the hills. I felt one look at this inexpressible and indescribable beauty is worth 1500rs.

The property is invaluable. Who can estimate the value of our Ashram – the Ashram of Gods – the Kailas Ashram. Verily not a blade of grass moves unless it is the will of God – hence may all glory be unto the almighty for converting the military buildings that were intended for the war – for the purpose of generating peace into an abode of peace. May His will be done.

But, alas, what an opposition, what a world of criticism and discouragement. I had to face in this new venture of offering to the world – a new Ashram – Kailas Ashram. In the first place – I had to deal and face the men of selfishness who wanted to break and demolish the building so that they could use the timber and iron in constructing their own homes. A few others wished to start some other Ashrams, for the sake of owning the building. What free advice I have received unsolicited – to give up the thought of a new Ashram - not to have anything to do with the military buildings.

How can any good come of measurement has been the argument of some people how can peace come forth from the place – which was occupied by the military. Are not the other Ashrams enough and why this new Ashram again? How can you walk to the top of the hill? Why trouble yourself – with the peace of others – adding new responsibilities. Have nothing to do with the hill. these are some of the gratuitous advises that I have received both in letters and in persons, from friends of Ashram, many of them are householders and rich people too with plenty of wealth.

Why should he not be satisfied with one Ashram has been the burden of the song of opposition. How can I be satisfied with a little Ashram when I wish to see all the people in the world in East, West, North and South to consider the Ashram as their own and seek peace in it.

If it is for one individual, even an Ashram is not needed – for he takes only six feet of earth for himself but when it is intended for all the devotees in all the religions – all over the world – we need more Ashrams of universal type – where no one is excluded but all are included.

To some of my householder friends I love to repeat they don't question. Why should you not be satisfied with what you have, why should you not be satisfied with a child or two – in these odd times of famine and starvation. Why do you keep on creating more children – to be a burden to mother earth without a spiritual outlook or basis?

To the men of wealth, should I not raise the question – why do you want more money – when you have thousands of it? Even those who have lakhs are they satisfied. They are working after selling their souls – for more and more.....

It seems once a old man was planting the seed of a mango on the road side and people began to laugh and judge saying the old fellow will die of old age pretty soon and he is planting a tree now. How many long years does it take for him to reap the fruits of his labour. But the wise man silently replied: -- my ignorant children the fruit is for you to reap. it is for you I am planting the seed. my joy is in planting in creation and in giving something to others.

May the seeds that are sown now in the form of Kailas Ashram be useful to the present and future generations to come to serve as a real abode of peace – where gods alone meditate in undisturbed silence and peace – and thus generating peace through *tapas* – for the harmony of community and the peace of the world.

May the Kailas Ashram be a blessing to all the aspiring souls in all the religions blessing them with peace that passeth all understanding above all – giving an opportunity to those who are seeking peace

away from the bustle and hustle of the world – the peace that cannot be bought for any amount of the wealth in the market and which can be had Free in the abode of God, the Kailas Ashram.

May all glory be unto God the Highest and peace unto all on earth.

Om Om Om

5 am 16.4.47

28. MILLIONTH FRACTION OF A SECOND

Do you know what is a millionth fraction of a second? It is so difficult even to comprehend it, for it is so much small of the smallest, minute of the minutest.

Any sane and intelligent man knows what TIME is. He knows the years, months, weeks, days, hours, minutes and seconds. The average man goes only as far as a second. He cannot go beyond it.

May be, the analytical and scientific man, can divide the second, into half portion, one fourth, one eighth, one sixteenth, nay one hundredth and one thousands fraction. But can he comprehend the duration of the time of a thousandth portion of a second or a millionth fraction of a second? It almost looks beyond the comprehension of the finite mind. When man fails to comprehend the tenth or twentieth fraction of a second, how can he comprehend the millionth fraction of a second?

In this message our consolation is that we are not concerned in trying to comprehend the incomprehensible or in knowing the millionth fraction of a second. Our theme now is that a man of Illumination or God-realisation cannot afford to forget the LIGHT within, or his SOUL, even for the fraction of a millionth second.

Is it possible? How can the Light forget itself? Does the SUN, ever forget its Light? If so how can the Sun of suns forget his Infinite, Eternal stupendous and self-effulgent LIGHT?

The greatest comfort and consolation is that LIGHT is there, the LIGHT is always there within and without, whether one knows It or not, whether one is ignoring in all his life or for the millionth fraction of a second.

When a God-man is unable to forget the Light even for a millionth fraction of a second what about the man of the world, the man of selfishness who is living for himself, denying the God who is everywhere not only for seconds, minutes, hours and days but for weeks, months, years and births? Both the men live in opposites of extremes- one in LIGHT- with awareness and the other in DARKNESS in oblivion. One is going upward path of Illumination and Nirvana and the other is going in the downward path of ignorance and death. How true are the words that: He who wastes moments wastes his whole life. He, who takes care of seconds, can take care of the millionth fraction of a second too. He, who knows the invaluable worth of a second, knows the nature of his whole life.

The essence of the message is: Forgetfulness of the LIGHT is destruction, chaos; darkness and death. Awareness- perpetual awareness of the LIGHT that never goes out is Life, Light and Love. It is Peace, Power and Wisdom.

Dear Friend, may we meditate now on the LIGHT, that never goes out, the Light which is perpetually shining in the sacred sanctuary of our own purified hearts, nay the Light which is life and soul of the universe itself, never ignoring, forgetting or denying IT, even for the millionth fraction of a second is the prayer of your brother, Omkar.

16th Oct.1949, 5 AM

Omkar

29. BLESSINGS

Hearty welcome to our Sri Jaya Prakash Narayan and Srimathi Prabhavati Devi and to all of you, not only with Santi Ashram- the Abode of Peace, that into the Presence of God- the Omnipresent, Omnipotent and Omniscient Energy which is filling our beings now.

There is only the ONE, who can bless us all and our new venture the Vedanta Colony- that One is the Indwelling Presence of our hearts, who is ever pervading and permeating the very cells of our beings.

The very name Jaya Prakash Narayan represents Success, Light and Narayana- the soul and goal of humanity.

Our Vedanta Colony is blessed to be inaugurated by Sri Jaya Prakash Narayan having Success, Light and Narayan as the very foundation of our Institutions.

How blessed it is to have a Heart of Universality- Heart that feels for all lives excluding none but including all.

Santhi Ashram was blessed in the year by the loving visit of Sri Jaya Prakashji. He was kind enough to write in the visitor's book the following sentence: What has been the inspiration of my life; nay a real Initiation leading me unto the blessed region of Universality. In Swamiji's Presence one forgets one's religion and nationality.

The Vedanta Colony- Sri Rama Tirtha Institute of Peace is only to create world peace with the basis of Brotherhood of Man and Fatherhood of God with the message of one caste, one religion and one God.

Verily it is the Individual peace that paves the way to Universal Peace.

In memory of this auspicious day, I request you all, to help us, by establishing Peace in the stillness of your own purified hearts Now and Here, this moment is yours and not the next moment. So let us do our good deeds today only by recognizing the One in the many- as all of you are the living images of the One Indivisible God!

May Peace be unto all

Om Om Om

30. A MEDITATION

I meditate on the splendor of the Self-effulgent LIGHT, the Light of the Millions of Suns Glory.

It is all Light within, without, above, below and all around.

It is glory, full glory- Glory everywhere, Glory all around.

There is never a moment of time when the glory is absent for it is Omnipresent.

It is there eyes closed.

It is here eyes opened.

There is never an atom of space where it exists not.

Behold the glory Now and Here

Having eyes see yet not?

Behold the Light of lights Now and Here in the very living present moment both within in the very cell of your being as well as in all the Universe for it is all the Self-effulgent light from the tiniest atom to the biggest planet.

What we have within we behold the same without.

The wise cannot afford to forget the Self-effulgent Light of Lights even for the fraction of a millionth second.

Whatever we do is that Self-effulgent Light.

Verily, we work, breath and move in the Light of Lights.

Every thought is from that effulgent Light. Every breath is from that One Effulgent Light.

I am thinking because of THAT.

I am writing now, because of THAT.

My hand is moving and writing this message is because of THAT.

Dear Loving Reader, wherever you may be, you are in God, who is Omnipresent, Omnipotent and Omniscient.

You are reading this musing because of THAT. Thou art that. Tat Twam Asi. Thou art interpenetrating the very cells of the body as well as the Universe.

Be still and know that I am God- the Self-effulgent Light. Silence, waveless Silence, Supreme Silence.

Hari Om Tat Sat Aum!

8-8-1978

3am

31. WASTED

So far you have wasted 84 years of precious life in doing nothing.

Starting Ashrams, in the Asramas Gurkulas, orphanages, Aged homes, Hospitals etc, this is not your real work.

Your real work is to live in God and help others to live in Him.

This work you have been doing both in work and silence, consciously or unconsciously.

Blessed are the few who can cheerfully say:

The world is my house and all the people in it are my own Sisters and Brothers.

To Love and serve them is my highest religion.

You can begin your new life of God-consciousness, the real religion of Love Universal from the holy Ram or Krishna Jayanti.

It is blessed to wake up with the following Holy thought:- God has no other body on earth but yours.

Krishna has no other body on earth than yours. Christ has no other body on earth other than yours.

Buddha has no other body on earth than yours.

How blessed it is to live with the wisdom of Krishna and expressing the compassion of Buddha, stretching your arms to all the world repeating the loving words:

COME UNTO ME feeling His Presence, the Indwelling Presence in thought, word and deed.

The finite life of body consciousness has come and gone.

The past is dead and buried. Begin the new life of Resurrection in this moment forwards.

Nothing is lost. All is for the best. Make the stumbling blocks into stepping stones. You are born now unto Krishna, Christ and Buddha. How blessed it is to express Krishna, Christ and Buddha.

How blessed it is to express Krishna , Christ, Buddha and other saviors of humanity in thought, word and deed in this new birth of god consciousness .

No more wastage for he who wastes moments wastes all his life.

Hari Om Tat Sat Om

Lokasamasthaa Sukhino Bhavanthu!

An offering to all the aspiring devotees in all religions with prayers for their Peace and Illumination.

27-8-1978

4am

32. MIRACLES

Miracles happen even in these days for those who love God and trust in God- the Indwelling Presence or Light.

By His grace a miracle happened in my life.

The eyes of this body may be because of advanced age 84 years have been giving a little trouble. The Specialist Doctors in eye sight examinations, have been very kind, often

examining my eyes and giving glasses also for the eyes- all so freely, some of them even coming to the Ashram, bringing all their glasses etc. for testing the eyes in the Ashram itself! How very kind and good of God and the devoted Doctors to come to the Ashram to examine my eyes. Recently as I was not able to read or write clearly, I thought another test is needed and perhaps a change of glasses too. When went to our Waltair Ashram to serve the devotees there, as there are good Eye Specialists there, I had the opportunity of getting my eyes tested. Even there the Eye Specialist was kind enough to come and test my eyes. Dr Pitchayya, the great surgeon and oldest devotee and well-wisher of the Ashram has brought an Eye Specialist and was kind enough to be present while the examination was going on in the Ashram itself.

After examination, the Specialist, the devoted Doctor requested me to come to his eye clinic, to do better screening by examination thoroughly by pouring medicine in the eyes for better results.

In the presence of our loving devotee Dr. Pitchayya, the Eye Specialist Dr. Reddy Naidu tried all his test glasses pouring drops in my eyes, with all devotion and personal attention and kindness. All his tests disappointed us all because none of his glasses helped us for I was not able to read anything clearly.

Hence, the Eye Specialist Sri Reddy Naidu and our Dr. Pitchayya said in disappointment: Swamiji, let us wait some more time to get clear results even for a change of glasses.

Hence returned to Waltair Ashram a little disappointed- after all trouble taken by the loving Doctors to help and serve me.

Repeating All is for the best, I live to convert the stumbling blocks into stepping stones:

In our simple, helpful and inspiring PEACE PRAYER, we repeat every day the inspiring powerful words: Eye of the eyes. When God is the Eye of the eyes, why should there be any defect or weakness in the eyes.

Thus I began to repeat Peace Prayer feeling His Presence- God's Omnipresence, Omnipotence and Omniscience in the very cells of my eyes. By great spiritual grace and blessings, the result is I am writing now with the help of the old glasses.

This is *Anushtana Vedanta*, not only for me but for all the members of the Ashram and devotees especially to all the sick people in the world to get rid of the passing clouds of sickness and weaknesses of every form and kind.

Self-reliance- Self-reliance- Self—reliance is to be practiced in daily life.

No more reliance on other deities but reliance Now and Here or Lord of Doctors who is the Indwelling Presence of our devoted and dedicated hearts of purity and truth.

May all the children of God rely on the Infinite and eternal Light within and be a blessing to our Creator who has blessed us with human birth and this be a blessing to all His children by being health and peace.

This is the ardent prayer of your own Omkar who loves you all as his own as God is *Advitiyam* All in all One without a second.

Hari Om Tat Sat Om!

15-8—78 6am

33. IMMEDIATELY

How true are the words that 'one word is enough for the wise'.

I am one of those trying to assimilate all that is best, good and helpful from every source.

Sri Krishna, the District Collector of Godavari District has been a silent friend and well-wisher of the Ashram ever wishing the welfare of the 75 orphan children in the Gurukula and also trying to make the Ashram, self-supporting. As God has provided the Ashram with 259 Acres of spacious land, there is no need for the Ashram to suffer for want of food.

Hence our good-hearted Sri Krishna was offering his wise suggestions of digging tube wells so that we can have two crops in the Ashram lands offering also a big amount of Government loan.

I was very happy to hear all his wise suggestions and asked when we were going to receive the benefits of his helpful scheme for the Ashram.

I asked: when this scheme is going to be started?

Sri Krishna replied in one word Immediately.

I was thrilled to hear the life-giving and soul-awakening word immediately. Since then this life-giving word is ringing in my ears.

Apart from the Ashram progress and its self-supporting schemes, I am drawn more towards the spiritual significance of the word 'IMMEDIATELY'.

How blessed this world would be, if man the living image of God, could also say spiritually along with Sri Krishnaji : I want God immediately now and here.

I cannot afford to forget God even for the millionth fraction of a second.

World peace will be the inevitable result of clinging to God more than ever and realizing Him immediately knowing that it is the individual peace that paves the way to universal peace.

Dear loving readers of Peace, let us establish first in hearts Peace so that it will lead naturally to peace in the home, community, nation and world at large. Let us chant now the peace chant with silent prayer, for world peace.

May there be peace in heaven.....

May Peace be unto all!

Om! Om! Om!

17.9.1968 6 AM

34. MY PUJA

Everything I do is my Puja – the worship to Him. I am writing now it is my Puja to Him. I am seeing and it is my Puja for I am seeing Him, even in my pen, clock on the table, on this note book- in the letters and in all the things around me. Verily, it is He in everything – in little things as well as the big things.

What is there in this world, which is not God – His manifestation? I open my eyes only to see Him. I close them again to merge in Him. As I am writing now at this early hour of dawn – it is drizzling. Is not he in every rain drop? I feel His presence in the sound of every rain drop.

How lovely and helpful to sing that it is not raining rain to me but it is raining roses and flowers. Let these eyes see in everything in every tiny flower GOD- even in Jimmy the mother of the kitten Rammy in Thotapalli. By the way Jimmy, the favorite dog of Sister Lalita Devi is often now at my feet looking into my face. It certainly misses Lalita Devi, the Sister of compassion and kindness to all the dumb animals.

It is with us now to see that dumb animals should not miss the attention, kindness and love of Sister Lalita Devi above all their daily food-rations, for in serving any of the least of His children even in the form of dumb animals, we are only serving Him.

Even a leaf or a tiny flower is an offering to Him. Whosoever gives a cup of cold water to a thirsty man is doing Puja and the worship to the Lord.

Every throb of my heart is my Puja to Him. Both day and night my heart is only throbbing for Him.

What about the Breath? Inhale and exhale Peace with each and every breath. Verily, it is the Highest Puja, the most simple, direct and natural worship to the Indwelling Presence of my heart as well as to the Universe.

Every motion of the body, nay, even of the mind is my living Puja to God the Universal Energy- the Divine essence.

Whether I am aware of it- conscious or not, there is never a single moment of time either in the past, present or future, when I am not doing my Puja to the Omnipresent, Omnipotent and Omniscient Light of Lights.

Verily, I live in Him, breath in Him, nay work and move in Him from eternity to eternity from the beginning to end. What need is there of too many words. Let

SOHAM- the Ajapa Gayatri, be my simple and natural Puja. Above all, let Supreme Silence- Waveless Silence- be my Highest Puja- the worship.

May I worship HIM in all.

May Peace be unto all!

Om! Om! Om!

21-9.1968 5AM

35. LET EACH BREATH LEAD YOU INTO GOD

Let each and every breath lead you into God, Let the first breath lead you into God, Let the second breath lead you into God. Let the third breath lead you into God. Let the fourth breath lead you into God. Let the fifth breath lead you into God. Let the sixth breath lead you into God. Let the seventh breath lead you into God. Let the eighth breath lead you into God. Let the ninth breath lead you into God. Let the tenth breath lead you into God. Let the eleventh breath lead you into God. Let the twelfth breath lead you into God. Let each breath from birth to death lead us into God. Let our breath from beginning to end, from birth to death lead us towards God, who is Omnipresent, Omnipotent and Omniscient. Breath is no other than *Soham*. *Soham* is the beginning, middle and end. *Soham* is the Life, Soul and Goal. *Soham* is in all in all. It is because of the presence of *Soham*, I am writing now.

Dear loving readers, it is because of *Soham* – the One Universal Energy, you are reading now wherever you may be, whether you know this great truth or not. *Soham* breath is here, it is here now eternally present. Om Om Om.

No more depressions or oppressions. No more forgetfulness. Follow your own indwelling breath ceaselessly which will solemnly lead you into Universal Breath. God has no other body on earth none than yours. *Soham* is wonderful. *Soham* is glorious. *Soham* *adviteeyam*, one without a second. *Soham* is the only universal energy. Let us follow it ceaselessly without a break like *thaila dhaara*, oil poured from one vessel to another vessel. No more words. No more thoughts. Recognize and be silent in *Soham*. *Soham* does not need any imaginations.

Glory

Glory

Glory.

This is the real grace of God.

Swami is dead but Omkar is alive in all of you. Follow *Soham* 21600 – ceaselessly without a break even for a moment. We cannot afford to forget God or *Soham* breath, the universal energy even for the millionth fraction of a second.

Tat Tvam Asi– Thou that art.

Glory Glory Glory. Silence, waveless silence, Supreme silence.

Knowing this the wise melt into *Soham*

Nissabdo Brahma. Silence is God

Hari Om Tat Sat Om

OFFERING:

A tiny offering to our Jnaneswari and Shanthi who take such motherly care of this body both day and night ceaselessly, with prayers for their health and longest lives of service and peace.

Hari Om Tat Sat Om

May peace be unto all!

4.8.1978

4AM

36.PRAVRITTI VERSUS NIVRITTI

All the lectures, discourses, preaching and teachings of every kind comes under the category or heading of *Pravritti*.

Every moment physically or mentally is *Pravritti*.

Only supreme silence, within and without is *Nivritti*.

Every inhalation is leading you into Nivritti and every exhalation is leading you into *Pravritti*.

Narrow and rugged is the way that leads to Nivritti – heaven. Hence we find very few people walking in the Nivritti path whereas wide and broad is the path leading to hell - Pravritti path. Hence we find crowds of people going to take the proper joy in cinemas.

As I am writing this musing there is a beautiful statue of Bhagavan Buddha in contemplation – eyes closed.

The very night the vision of the compassionate Buddha is very inspiring. He is not preaching or teaching nor collecting funds for any old or new Ashrams, He is silent setting an example of supreme silence, waveless silence of the ocean. Lord Buddha is teaching Nirvana is here and now. The place to enjoy Nirvana is here. The time to enjoy Nirvana is now. The way of Nirvana is complete selflessness.

Be dead but ye may live.

All Homage be unto Bhagwan Buddha the lord of compassion who is setting an example to all the followers of Nivritti Marga!

May peace be unto all!

Hari Om Tat Sat Om

7Am

17.8.1978

37. FINITE MAN ALWAYS DISAPPOINTS

The finite man always disappoints, GOD – the Infinite God of all- wisdom alone never disappoints.

We trust in the finite man without knowing his emotional nature seeing his outer tears of emotion and we get disappointed again and again.

The finite man is also impulsive, because of his inherent nature; he does such things- harmful things- dangerous things so unconsciously that lead us into trouble and misunderstandings.

Let us try to be aloof and far away from the talking machines be they men or women. Unconsciously they are digging their graves and doing harm for the innocent people causing harm not only for themselves but for all, for such are the inevitable results of too much talking.

He who loves God is silent, never talks, and wastes his precious time nor of others in finite words for the All-knowing wise God is all Silence, Supreme waveless Silence.

O! Finite man, time is too precious to be wasted in finite words. Conquer your restless mind and your selfish thoughts before you try to teach and reform others.

Learn to be silent in the ocean of Sat Chit Ananda being empty in silence.

Talk less and meditate more. Before you see faults in others, introspect your own life and practice your own faith and try to be peaceful yourself.

Reform yourself before you reform others.

Remove the Beans in your own eyes, before you pick the holes in the eyes of others. This is the only living message to serve the world to create harmony, understanding Love and Peace among individuals, in the communities, Ashrams and in all nations.

Hari Om Tat Sat Om

38. GIVE, GIVE, BUT NEVER BEG

Life is too precious to be wasted in begging even in the name of the Ashram in trying to do good to others. You have wasted 85 years of your precious life in the name of SHANTI Ashram, begging all kinds of finite people, for finite things, for the perishable goods of the world. Open your eyes now even in this last moment.

Precious life is intended give but not to beg!

Do not be a slave of weak, negative and false imagination. Negative thinking, false and weak imagination be it even for a moment leads you into hell itself.

Only positive imagination and giving always, sharing what you have with your fellow sisters and brothers, the living image of the ONE Indivisible God leads us to Heaven itself.

Recognize the Living Truth that you are the Sun of suns- the Light of the world Now and Here in this living moment, then you can afford to give even the blood and bones cheerfully.

As Truth the Light of the world, you have nothing to beg, but only to give to God, who comes to you in the form of sick and poor.

It is a Blessing to GIVE. It is a curse to BEG.

Body-consciousness makes you to beg God-consciousness. Soham glory makes you to give, to share now and always ceaselessly.

May all Glory be unto the givers!

Hari Om Tat Sat Om

An offering

An offering to Hanuman and Kameswari, the ideal devotees of Shanti Ashram

39. NO MORE WORRY

(Worry kills multitudes, work kills none)

Suffered and worried too much, until I could suffer and worry no more – all in the name of service for the Ashram.

The wise words of Abraham Lincoln have been my strength and comfort in the tests and trials of the Ashram.

Out of the depths fresh strength

Out of the darkness new LIGHT

Even in the gloom we are on the way.

Let me be dead to the world, by observing BLINDNESS, whenever it is possible.

In the first place, let me begin my new life of No more worry, by observing Mounam –Silence, whenever it is not necessary to speak.

For Silence speaks louder than all the words.

Let every thing I do be it small or big, be an offering to HIM, by puja to GOD.

Let every moment, motion of the body be an offering to God, the Indwelling Presence of my heart.

How can we even forget Him when He is throbbing in my heart, thinking in my mind, flowing in my very breath?

Let me inhale Peace; exhale Peace with each and every breath.

May this be my eternal Prayer to God who is my Life, soul and goal of my existence.

Let us relax, relax in work and rest. Let us relax in our prayers and meditation. Let us relax while drinking and eating. Let us relax in our Puja or when offering prayers and doing meditation.

Dear Loving Reader, as you are dear and near to my heart, I am sending this special personal musing to you wishing your progress and welfare- to Universal Peace- world Peace.

May Peace be unto all!

Om Tat Sat Om

6am

40. HOW GOOD IS GOD

God is good, because He is all good. Whatever side I turn my eyes I see God's Glory.

He is there wafting His cool breeze on me. He is here making me to bask in His fading rays.

Whether I am on land or in water – in the sky or heaven, God is there protecting me with His never failing love and protection. Every sight portrays Him. Every sound expresses Him. He is in every rain drop. He is in the thunder and lightening too. During my recent visit to the Rishikonda Beach, while bathing in the ocean I felt that every wave is a prayer. The ocean is praying. Why don't you pray, O Man is a beautiful thought and a lovely motto in our Waltair Ashram, helping people to think of God.

How blessed it is to make all our thoughts into prayers. Verily, it is God within and without. As he is omnipresent there is not an atom of space where He exists not. It is all He not only on every side, but also above, below and all around. Naturally, it is God in everyone. Hence it has been said that man is an image of God. It is God, even in the fragrance of sweet flowers. It is God even in our sleep too. This message is the outcome of the message of a letter.

Jasmine flowers last night, on the veranda of the Nirvana Mandir as I sleep – I inhale the fragrance of the sweet flowers. We have not planted this jasmine creeper. It came by itself with some other plants there and began to grow and bloom giving plenty of flowers month after month.

How good is God!

While I was in ecstasy inhaling and exhaling Peace in the fragrance of these tiny flowers, from somewhere a bird began to sing in pathos. Pew Kahan?

Where is *Prabhu* – the God! I was deeply moved and touch with tears in my eyes – on one side – inhaling the fragrance on the land and heavy from the very sky, the cry of the sacred bird seeking God. It was a holy moment of divine ecstasy. It was a full moon day and I was going in the early hours towards the Kailas hill, floating in His presence. At one place on the way towards the hill, I sat on a slab of stone, on one side there was the full moon going down towards the horizon. On the other side there is the advent of the rising Sun, dispelling all clouds of darkness – it is an ecstatic moment but cannot be described in these finite words – to see the two balls of the fire – one rising from the east and the other going down the horizon in the west. How good is God!

He has given me Sun and Moon, as my play things. They are my toys. How rich I feel to own the Sun, Moon and stars! I am the Monarch of all that I survey. The world belongs to me. Verily, it is my creation. How good is God to bless me with a healthy body, discriminating mind and an aspiring heart of love? He has not only given me these precious and priceless gifts but He is ever abiding without and within me protecting and watching how I am making good use of His precious gifts. The glory of God's love lies, in His eternal oneness with me- for He is the eye of my eyes, ear of my ears – heart of the hearts, mind of the minds, breath of breaths, nay life of the lives and soul of the souls.

Glory! Glory! Glory!

Inhale and exhale Peace with every breath. Recognize His life from the tiniest atom to the biggest planet, for He is the soul of the souls. The individual alone is the universal. Above all my heart longs to worship God – who is all love and who has been too good to me – no longer with words – but with supreme silence in divine ecstasy.

Be still and know 'Thou art That'!

Om Tat sat Om

OM Om Om

41. FILTH

Dear friends: What an awful heading is this to begin with. Whatever I feel from within it has been my nature to share with you all. Out of the fullness of my heart the mouth speaks – the hand writes. It seems once God felt pleased with a devotee and asked him to choose three boons. He asked as the first boon to give him some work to occupy his mind. As the second boon he asked for pain, to remember God in pain. The third boon the devotee asked was an enemy to pick and peck at him, to criticize and crucify him so that he can be nearer to God, knowing his faults if any.

Now the cruel and bitter enemy that God has given to the Ashram since the last 20 years that has been actually trying to nullify the Ashram and its good work, by publishing many vile tracts with full of filth. As it needs two hands to produce sound, as we have been silent all these years, the enemy has been digging his own grave with his hands.

As all is best, both the bad and good experiences, even this filth, the vile calumny as its good side.

This filth has opened my eyes to know who are the real friends and well-wishers of the Ashram and who are flatterers, with lip sympathy having no heart in the tests and trials of the Ashram.

Passing through Githa Seminar I classified the people or devotees into three sections,

The genuine people, real friends and well wishers who shed tears of sorrow, over the vile propaganda trying to hurt the fair name and good work of the Ashram, that has been a blessing since the last 52 years to all the seekers of peace in the east and the west. Blessed is the filth that has brought me nearer and dearer to the few devoted and dedicated souls.

The second kind of people are with the cat on the wall – so unconcerned reminding one the saying : the wound of a bull cannot be known to the crow and what is play for the cat is death to the rat, individually this body may be crucified but it is the honour, due respect to the selfless workers of the Ashram and to its world-wide good name. So this filth or trying examination made us to realise who are really our friends and who are not, with lip sympathy and outer worship.

Now there is the third class of the people – the blind sheep. Let us call them HA HA hashes. They are rejoicing to read and hear something bad and happy to spread it among their kindred friends.

This reminds me of the story of the woman in the bible – who was brought by the Pharisees to the blessed Christ to allow them to stone her alive for she was indulging in sin.

The blessed Lord said: he who is sinless among you can throw the first stone on her. One by one all those who wanted to stone her left, leaving her with the blessed one.

So let our enemies - rivals throw the first stone – the vilest criticism or calumny, examining their own hearts first. Above all the law is what we have within we behold the same without. If we have God within all the world is God for us. If we have filth devil in us – everything looks devilish. How true are the words that a Christ is needed to understand a Christ. A Krishna alone can understand, and comprehend the holy Krishna.

The essence of this message is : Let our eyes see God alone – all that is best in everyone – above all as God is love and as love is God, let love alone flow from us even towards the bitterest enemies with memorial prayer of blessed Christ.

Father forgive them, they know not what they do.

One of the sages, a man of God realisation said – do not complain. If you complain you have not yet realised God. Self defense is a great weakness in the spiritual life. So let us rely on the indwelling light which is equally present, both in the enemy and a friend, nay in all the people of the world – as all are the children of One indivisible God – as all the rays come from the one effulgent Sun and as all the waves rise from the one ocean or Akhanda satchidanandam – Existence, knowledge, bliss absolute.

May peace be unto all!

Om Om Om
2AM

date: 6.8.1969

42. ENTERING INTO HEAVEN

(A chance- a golden opportunity for rich people to enter into heaven)

It has been said in anticipation that it is easier for a camel to enter or pass by through the eye of a needle, rather than for a rich man to enter into heaven.

Narrow and rugged is the way that leads into Heaven. It is like walking on the sharp edge of a razor blade than for a rich man to enter heaven. One cannot serve both God and Mammon. No wonder, it is difficult for entering into Heaven for those who are running after two hares and many leaves or rabbits.

To realize God- to enter into Heaven one should have simple minded devotion or dedication. One should have single minded aspiration and concentrated mind; completely surrender oneself completely to God- the all knowing One.

Be dead but ye may live- How simple and truthful it is? But alas, how very few to put it in practice in our daily lives, to be dead to the world of forms in our daily lives! Whether it is easy or difficult, it is the only way to reach the goal of precious human birth. Whether we die today or tomorrow or when the inevitable call comes, we must all die to the world of forms and names, before the ordained call comes from Yama.

When the call comes, we are to leave every thing that we possess, every form and name that we praise so much, we have to leave behind. However intelligent, mightily learned one may be, one cannot take with him even a broken needle. When such is the case, why not cling to Truth, adoring and worshipping the Indwelling Light alone, as we are soul and goal of our all in all-

Om Tat Sat Om

43. SELF RELIANCE(Chapter 123)

Self-reliance has been the Soul and goal of every living Religion on the face of the earth. Yet, there is not one in a million who has full Self- reliance among the people of the world. Each one is relying on some one or other- instead of on God. Each is attached to something or other, other than the Highest.

Even to rely on God, is not the highest state of self- reliance. In the heights of Self- realization God and Himself are not two but ONE. Hence in relying on himself – he is only relying on God- the One Indivisible and All- pervading Truth. Verily, Self- reliance and God- realisation are one and the same.

But alas in the practical daily life of the world, how difficult it is not to rely on others for something or other! We need the help of others for every little thing we want to do. So long as we live in the world, although we need the help and cooperation of others especially when engaged in the service of others, namely the welfare work- Knowledge of God- Personal Experience of His Interpenetrating Presence, makes all the difference in the very outlook of life.

With the knowledge of God one feels that he is the master of himself and the world. And with the denial of God's Presence and with body consciousness, one becomes a slave of his senses and the bewitching world.

Self- reliance makes a man- all powerful and fearless. Want of Self- reliance makes a man a coward, and he fears and shivers at the rustle of the leaves or even the wafting of the breeze.

A man of God- realization alone is blessed with Self- reliance, but not others- the slaves and the weaklings of passions and fashions. Before the iron will of the man of Self- reliance the world shivers and quivers.

A man of Self- reliance commands and the whole world obeys his best selfless wish for he is the monarch of all that he surveys. A man devoid of it is life- less soulless and a living mummy.

As Self- reliance is our birthright and as it is ever within us- inseparably and eternally One with us, may we express It in all our thoughts, words and deeds and thus be a blessing to the world at large.

May Peace be unto all!

OM! OM! OM!

7-3-1948 3:30 a.m.

44TWO FAMILIES OF HOUSEHOLDERS

Yesterday we were happy to have the visit of two families of House holders with all their women and children. They came here all the way from long a distance in two big cars and were received by our Manager and they were shown around the Ashram and were given every kind of care.

A special meeting was arranged and spiritual messages were read out and leaflets and booklets were distributed- ending in Prayers and meditation, for, the ideal of the Ashram is never to allow anyone to go away with an empty heart. We wish to fill the hearts and minds of the devotees who visit the Ashram, with Peace, Health and Love.

The Ashram has done its part and the rest lies with God. These householders who have come have not offered a fruit or a single pie- as an offering for the progress and upkeep of the Ashram. But they have brought plenty of fruits and they were all eaten away in the Ashram itself. What the Ashram got is only the feelings of fruits and nothing else. Some of the little children spoiled the mats and the Ashram workers have to wash them.

The point now is when Householders who are supposed to support and take care of Spiritual Institutions behave in such a callous manner, how the Ashram can grow or keep alive. When people are so disinterested when in the Ashram itself- enjoying the Peace of the place, how

can we ever expect their sympathy or support when they are steeped in the mire of worldly life.

What now- at least the average man needs now is not Peace or God. He is after form and name. He is mad after the accumulation- work day and night. The least parting or sharing his hoarded wealth with others makes them miserable and unhappy.

Verily, he is thinking of himself, his wife and children and no one else outside his circle counts in his life. Let experiences like these teach us to be desireless and also to be universal in our outlook without any finite circles around us.

Above all, knowing that all hands are God's, let us never expect any reward in any form, for what we do or give or share with householders or any of the least of God's children.

Let it be our privilege to serve His children without expecting the least reward in any form.

May Peace be unto all!

Om

Om

Om

7-3-48 3 am

45. EQUANIMITY IN DISAPPOINTMENTS

Man wants everything in the world to happen just as he wishes, but it does not happen so, often. Then he becomes, blue sad, disappointed and depressed with the life and disgusted with the world itself.

As illustrations to understand the present theme, let us consider the following disappointments on a particular day. To begin with, a certain man promises to give money- not his donation but what he has taken from the Ashram and disappoints us, on the day of our coming to Totapalli. The money is needed to pay the gardeners etc. The man does not show up at all. What we should do under such conditions?

Again as the Ashram Road is bad and in repairs we were rushing to reach Totapalli, before it gets dark to avoid accidents and the car refuses to go and it gives us trouble for more than an hour. How could we be happy over the delay which may result in danger? On the way, as the Manager of a Farm promised seeds and seedlings, in spite of want of time, for the sake of the Ashram we go out of the way, to meet him hoping that it will not take more than a few minutes. But alas, the path to the farm leads is far away from the Ashram Road and after all our trouble, the Manager is not in the office. We rush to his Home- another long distance, since we have taken all the trouble so far. He is not at home also—and it was getting late. How to be happy and equanimous under such conditions? While we were racing to the Ashram there was a family of friends- the devotees of the Ashram residing on the way. If we do not stop and visit them, they will be insulted and if we visit them going out

of the main road, it means further delay and we would never reach our destination before dark.

Q: How to satisfy one and all and how to remain same when things does not turn up, as we wish- and in our disappointments.

A: Be true to your inner voice- trusting in God fully and leaving the results to the wind.

But alas! How hard it is to do so, to have the optimistic outlook even in failure!

Verily, Peace belongs only to those blessed souls, who can make their failures turning points in life – the seeming stumbling blocks their stepping stones, to Divine Recklessness- Freedom on God-realization.

May Peace be unto all!

Om Om Om

7-3-48 4 A.M

46. BEGGING-YACHANA

Whatever you may say, whether you believe it or not *Yachana*-begging is the greatest curse in the world of duality – Maya-the deepest delusion- even in the name of Asramas- Public Services.

When I think of *Yachana*-Begging, unconsciously the illuminating illustration or story of Alexander, the great comes to me unconsciously and his conversation with the simple, smiling Sadhu by the side of Ganges who was all smiles.

Now here is the choice for you also. Now choose.

Do you want to be Alexander, the great Emperor with all the precious wealth of the world having a crown on his head or do you want to be a poor simple Sadhu with a loin cloth and no but with all contentment and all smiles.

Now is the time to choose to be an Emperor with insatiable, endless desires or to be a simple, contented Sadhu with imperishable wealth of all contentment, identifying with the Indwelling Light- the self-effulgent Light of Millions of Suns Splendor.

Why waste precious time with too many words.

This is the place to choose your destiny. This is the moment to resolve and determine your one aspiration.

Let me not run after the dazzling and bewitching Mammon - the wealthy of all the world.

Let me be contented and happy with SOHAM wealth- the imperishable wealth but cannot be rusted by time and stolen by thieves, confiscated by Governments, which is Eternal and Immortal, which is the Birthright and common heritage of every man, woman and child.

Having Immortality Nectar within, why run after the perfume of senses without.

DANA – give, give, and give while you live.

Begging deadens vitality, makes one helpless. So, may we all be givers but never be beggars. An offering to our President Sri Viswanathamji in memory of his laying the foundation to 'The Peace Pillar of Light', 'The Universal Prayer Hall' on the 10th November 1976. With Puja and Prayers for the Peace of all in the East and the West.

Om Tat Sat Om

47. PEACE

Peace is man's birthright, yet in the daily life- Peace seems to be a myth. To many a man it is a distinct cry in the far away wilderness.

Men's life on earth is a burden to Mother Earth- without Peace, be he great or small, rich or poor, learned or ignorant.

How to realize Peace? How are we to take a foothold of our Birth-right- Peace! As it is the individual Peace that paves the way towards Universal Peace, man should strive to establish Peace in his own heart first.

The Peace of one's heart is felt naturally in the family and home. The Peace in his home spreads in his community. The Peace of his community leads to other communities and nations and thus the whole world- for the Light cannot be hidden. It radiates itself far and near.

We may not be able to change the world, but we can at least change ourselves. We may not be able to establish Peace all over the world, but we can establish Peace in our own hearts. Let charity begin at home. Let us be true to the Indwelling Peace. Blessed are the pure in heart for they shall see God. Peace comes to the pure selfless dedicated hearts.

Q: Where is Peace?

A: Peace is within, in the stillness of our own purified heart. (In vain is the search for Peace outside in Temples, Churches- in Teachers and Masters- having it ever within.)

Dear Friends, inhale and exhale Peace your birthright with each and every breath. Inhale with each and every breath. Exhale with each and every breath. As you inhale and exhale

Peace, following your very breath, it leads you- to the very source- to the state of Transcendental Glory- wherein you realize- that all are your own- hence in loving anyone- you are loving the One Almighty God and in hurting anyone you are only hurting the One Indivisible Presence.

In the Eternal and Infinite Peace all the man-made differences of castes, creeds, colours and nations are forgotten- wherein alone man beholds the sweet face of God in every face for all are the images of God! As we chant now- the Universal Prayer- the Peace chant, let us close our eyes and commune with the Indwelling Presence.

O Adorable Presence! Thou who art within, without, above, below and all around and Thou who art- interpenetrating the very cells of our beings, Thou who art the heart of our hearts, mind of our minds, breath of our breaths, life of our lives and soul of our souls- may we be blessed with perpetual awareness- not now and then but always in each and every moment of our life.

May Peace abide in north and south- east and west and may all be happy and peaceful is our prayer.

12-1-1948 9 pm

48. Brother Lawrence Now

Yesterday morning I came across a little inspiring Book in the old store room called Practice of the Presence of God by Brother Lawrence.

So deeply touched with the simple and inspiring thoughts of Brother Lawrence, I want now to be no longer Swami Omkar- but the simple Brother Lawrence clinging to God in all the little things as well as in big things.

Everything I do be it small or big, trivial or mighty let it lead towards God.

Let it be my humble offering to Him. Thus you can never forget God. By practicing the Presence of God in each and every moment of your life, you will be free from the bugbear or disease of forgetfulness of God.

How can you ever forget God even for the millionth fraction of a second, when he is the only Reality? When God is Omnipresent, Omnipotent and Omniscient- especially when nothing exists besides God- for He is One without a second.

Let us meditate on this Completeness. Let us work, think, move and breathe in him, POORNAM-COMPLETENESS like Brother Lawrence. Let him be our Guru and example to show us to practice the Presence of God in all the little things we do from dawn to dusk, from dusk to dawn.

There is never a moment of time when God is absent whether in your life or in all the outer world.

Glory! Glory! Glory!

We live in God, move in Him, work, and breathe in Him ceaselessly whether in work or rest, both in activity or in Prayers and Meditation- in SILENCE.

Look at Brother Lawrence polishing the Boots of his elders and even visitors with all Love and Reverence as a God given duty cheerfully doing work with hands and chanting His name with the mouth. Again let us look at Brother Lawrence in the kitchen, doing everything cheerfully having God on his lips. Look at Brother Lawrence again while cleaning the utensils patiently, longingly as if it is God ordained work.

Brother Lawrence makes Religion and Life one but not two.

May we all start to walk in the Blessed foot-prints of Brother Lawrence setting an example to all considering all work is worship. I am happy to see now a world of Brothers and Sisters, the living image of Lawrence in the east and the west.

Om Tat Sat Om

May Peace be unto all!

17-11-1976 4pm

49. BE GOOD AND DO GOOD

The highest truth – the complete truth is not only inherent, but also expressed in a nut-shell in the above simple words. No wonder, it has been said by the wise, that truth is always simple, plain, often direct and face to face. I like to add to the above category of the attributes to truth, that it is ever within and without, pervading and permeating the very cells of our beings, being Omnipresent.

Be good and do good.

Being and doing are not two but one, hence you can never separate them. Being is Brahman, the unmanifested and doing is Shakti, the manifested. Being is stillness – complete wise silence. Doing is activity – complete selfless service.

Men of the world often ask: Is being good greater than the doing good? Which of them is greater than the other? You cannot raise this question for being and doing as already stated are not two but one, like the Sun and sunshine, Ocean and the waters- tail and the head, ice and its coolness, flower and its fragrance. Thus wherever there is being good, there is naturally doing good also.

It is out of the fullness of the waters in the ocean, there is heaving or ebb and flow. It is out of the fullness of the heart, one is silent and the mouth speaks or heart expresses too, when the spirit moves. To understand the first statement BE GOOD, one must be completely selfless. When one is complete and selfless, all service flows from him spontaneously like the gushing rivers from the thorny glaciers of the Himalayas.

Knowing, Be good and Do good, rather being and doing are not two but one, it is strange yet, to see some people wasting their precious time, with discussions and controversies of solving which of the two is greater than the other. It is only the children in wisdom or spiritual life, who give themselves to such thoughts, engaging in discussions, enjoying the words, forgetting the spirit. Sad is the state of those who are running after shadows ignoring the substance, the only Reality.

When doing is not based on being, all that one does, results in failure and disappointment. He may start a dozen hospitals and a number of schools, he may be busy with many other activities, but if his service of doing is not based on the realization of being, there is always, the little self present in him, seeking self-glorification and reward in some form or other.

Gita – the song celestial teaches that ours is only to do our duty but duty's sake leaving the results to God. But, an ignorant man can never do duty for the sake of duty. It is only the wise man who is established in being good, can cheerfully render good without expecting any reward, nay finding his reward in the service itself.

Blessed are they who are established in the blessed state of completeness – which is being good. They are the salt of the earth, the flowers of humanity, and the light of the world. As sun shine comes out of the Sun, so also from such God-men – service comes out.

50. HOLY BREATH

(A simple, practical and inspiring message for God-realization- Now and HERE)

Breath is the string of life. It is the soul and goal of precious human birth.

Let each breath lead us into GOD- SOHAM LIGHT.

Follow it like *Taila Dhara*. Oil poured from one vessel into another vessel without a break ceaselessly. This is the only way, simple way, ardent way to freedom *MUKTI* or *Moksha*. Just try as an experiment in your life- now and here.

Begin now with the first breath. Inhale and exhale Peace- the only Reality, thy divine heritage, the Real Birthright. It is so easy and simple and placid and direct. All that you have to do is only to follow your Soham breath ceaselessly and tenaciously..

As one of the American psychologists said in one of his inspiring lectures

HOLD ON AND HANG ON, to the breath within, to the Soham breath- the Indwelling Presence, to the glorious Soham Light, the only one indivisible Presence-the Self-effulgent Light of Lights, the splendor of millions of suns.

Glory! Glory! Glory!

Supreme Silence, Waveless Silence, inexpressible and incomprehensible Silence.

In the first place is SOHAM, one or two or three or many?

Soham is the One Indivisible Universal Energy. It is One without a second, being Omnipresent, Omnipotent and Omniscient. Merge within, follow your own breath. It is so easy, easier than separating the petals of a flower, or even closing one's own eyes-lids.

All that you need only is practice, simple practice, constant practice; strenuous, ceaseless practice, now and always in each and every moment of your life- with each and every breath, with every Holy Soham breath.

What else can I write or say!

tHari Om Tat Sat

A tiny offering to Dr M. Chenna reddy and Srimati Savitri Devi and all the devotees of SOHAM worshippers, to all the aspiring sisters and brothers of Self-effulgent Soham Light and all the religions and nations in the East and the West.

May Peace be unto all! AUM.

26-9-78 3am

51. DETACHMENT

(How to detach yourself from the body?)

The essence of all religions is in this vital and deep thought of detachment from the body. One needs detachment not only from the physical body but also from the mental and causal bodies also.

But alas, one can detach himself from anything and everyone, but how very difficult it is to be detached from the physical, mental and causal bodies- Sthula, Sukshma- kaarana Sareerams. Whether it is difficult or easy, Peace that passeth all understanding belongs only to those rare and blessed souls, who can detach themselves from the above three bodies.

Often at the hour of dawn and dusk, I go towards Santi Plateau in Kailas to watch the rising sun from the horizon on the vast ocean or the setting sun behind the long ranges of hills. I silt them usually on a small slab of stone. On the other day, when I went to meditate, I was amused to find one meditating on my seat.

Who was it? It was a small snail that has a round shell body. I was glad that I did not sit on the stone without seeing the small snail, for I would have crushed the poor thing. As soon as it saw me, it began to move slowly- rather crawl, stretching its head forward.

But I said: my friend, please do not be afraid of me. I won't hurt you. Here we have place for both of us and we can both meditate. With such thoughts, I sat besides it and began to watch the beautiful disc shaped shell. I was interested to see all the designs on the neck of the small snail, as it was stretching it, while crawling slowly. Who can make all these beautiful designs- even on the neck of an insignificant snail except God, the Almighty!

I lifted my eyes from the snail to the little flowers that were on the bushes around. How sweet and fragrant even all these flowers each having a beautiful design, color and fragrance too. Who can make a flower except God?

Man with all his intelligence, how sad it is to see him using the God given intelligence to invent dreadful instruments of death and atom bombs to destroy the world and himself, instead of using his divine faculties for the well-being of the world!

Here we are not concerned with the inventions of man and his mighty genius and its perverted use or proper use for the good of the world. Our present theme is only Detachment from the body.

As I saw the snail and its inseparable attachment or unity with its shell, I began to realize how similarly man also is inseparably connected and attached- to the shell of his body.

Can you separate the snail from its shell? Death will be the result of such separation. Same will be the case if we separate man from his body, at least with the average man. But there is a spiritual detachment which makes a man free and happy rather than cannot destroy or hurt the body. We are concerned now more with that Spiritual detachment.

I have also on my table, the smallest size coconut, from our Totapalli gardens. It has been with me since years. I keep it as it helps me as an object lesson for detachment. As I shake it, I feel the shell is separate from the kernel. Man, the aspiring man must learn to be like this dry coconut, separate from the shell, for he is the Chit-Intelligence, but never the body of flesh, blood and bones.

In this connection, there has been a beautiful verse from Ashtavakra Gita that has been a source of joy and inspiration to me from my early days. May I share it with you, my loving readers? Here it is: - If you detach yourself from the body and rest in Intelligence, you will at once be free, peaceful and free from bondage.

In some form or other, whether it is through the repetition of the name of God- of one's own favorite Deity, the Ishtadaivam or through yoga, the control of the mind stuff- *Chitta Vrittis* or through *Jnana*- wisdom the discrimination of the Real from the unreal, all the votaries of every religion, all the seekers of Truth, have to come to this final state of detachment of body, to realize the goal of birth.

Identification with body results in the inevitable pain, agony, misery, sickness, suffering and ignorance of every kind resulting in destruction and death.

Identification with CHIT- true Intelligence naturally results in joy, contentment, wealth, happiness and Peace, finally leading to birthless and deathless state of Supreme Silence.

Q: How to detach ourselves from the body is the important thing now to know?

A: It can be done through proper introspection. To reach the heights of Transcendental Glory, one must detach himself not only from the three bodies but rise above the five sheaths too- the *Annamaya*, *Pranamaya*, *Manomaya*, *Vijnanamaya* and *Ananadamaya Kosas*.

Anna is food matter.

Prana is force.

Manas is the mind.

Vijnana is knowledge.

Ananada is bliss.

The Atman is above all these sheaths.

I love to close my message sharing a few more inspiring and helpful stanzas, from the Sage Ashtavakra on the same theme.

1. Alas, as greed arises from the illusion of silver caused by the ignorance of mother-of-pearl, even so arises the attachment to the objects of illusory perception from the ignorance of the Self.
 2. Having known yourself to be That in which the universe appears like waves on the sea, why do you run about like a miserable being?
 3. How wonderful? In one, the shore less ocean the waves of individual selves rise, strike each other, play for a time and disappear each according to its nature.
- May the blessings of the sages and saints of East and West, the Living Lights of guidance, the ideal Gurus be on the aspiring seekers of Peace to help them to be detached from the body, the seen and visible and be attached to the SOUL, the unseen and the invisible and thus bring Peace on earth and goodwill among individuals and nations is my earnest prayer.

May Peace be unto all!

Om! Om! Om!

Sri Kailas

9-10-51 4am

52. DOES GOD ANSWERS PRAYERS?

It is strange, that I should choose to write on the above theme, being the staunch advocate of prayer, having begun my very life with prayer itself.

As a baby, I must have unconsciously offered prayers. As a child, I offered prayers for the toys to play with. As a student, I was praying for the success in the examination, whenever I need anything, I resorted to the prayer to get it.

To make my thought clear, in the student days, I wanted a cycle. I did not get it from the parents, as they may have thought, that I was too young and further the cycle may cause accidents.

But I wanted the cycle badly – more so as I saw some students were happy riding the cycles. Then I began to pray to God to give me a cycle. I took the exercise book and began to write

the name of god until I finished the whole book with the repetition of Ram nam. Thus I got my prayers answered and got the cycle.

I leave to the wise readers to know, whether it was God who answered my prayers or whether it was the parents answered seeing the fervor of my wish and devotion. Let us say, that God answered the prayers through the parents entering into their hearts.

When we were children, our prayers were childish and when we were grown-ups our prayers are sensible and when we were advanced in wisdom our prayers are wise with refinement. It was my privilege even when in teens to write the daily prayers – consisting of a prayer for the morning, mid-day, evening and mid night periods – all ending in the prayer of realisation.

Then the prayer with community was written in the solitudes of the hills of California. As a culmination of all prayers – the peace prayer for the world peace has been the result of the life of prayer, beginning life in the Himalayas and ending in the Thotapalli Hills.

Prayers can be divided into three sections, according to the stage and the temperament of the individual.

1. Tamasic prayers – ignorant or selfish prayers.
2. Rajasic prayers – worldly or selfless prayers.
3. Satvic prayers – Divine prayers – for the peace of the world.

Our theme is not to discuss the prayers, but to know, whether God answers prayers. What kind of prayers does God answer? Does He answer all prayers?

If God answers all the prayers offered especially at the time of world wars, there would not have been much of the world at all, for half the people are praying for the destruction of the other half and the other half to annihilate and destroy the other half of the world – their enemies.

How wise are the words of the sage who said that He prayeth best who loveth, bird, beast and man. If you do not have love in your heart, what is the use of all the prayers in the world? If you have love in the heart what is the need of your prayers, since the objects of the prayer is only to be centered in love Universal. The shine and the rain do not change their courses, with the prayers of man. The shine is the sun shine and the rain is from the clouds.

Whether you pray for the sun-shine or not, the sun keeps on giving his light. Whether you pray for rain or not, the rain descends on earth when the clouds gather and are too thick and when it is time to rain.

These thoughts are the outcome of the following incident, or problem in Kailas, as we are not yet blessed with water. In these days of summer, it makes me sad to see the tender trees dying and their flowers fading for want of a little water. The water that was stored during rains, in the tanks and tubs was exhausted.

On the other day, it was cloudy and drizzling too and it almost began to rain, as if God was pitying the pathetic state of the withering flowers and dying plants. I was almost tempted to repeat – O God, give us the rain. Save the plants. But on deep thought, with introspection, I

reasoned within myself: God knows what is best for me, for Kailas and for all His children in the world. Why give Him trouble with little prayers for little things? One man's prayer may be poison and hurtful to the other man. For instance rain may be good to the plants in Kailas, and to the vegetation but fishing people do not wish to have rains now, lest they would be prevented from going on the sea to fish and thus to starve without food.

Whether man offers prayers to the sun to come out or not, he regularly rises from the east and sets in the west – giving all light, life and love to the whole world. Similarly, whether man offers his prayers for the rain or not, the rain descends – when it is time to fall, in its season as per the laws of the nature. The nature or the laws of the God can not be changed with the whims and prayers of the finite man! Then is prayer needless and superficial? No. Man must pray, he must pray ceaselessly as bible teaches. As Geetha teaches, he must pray, leaving the results to God.

Is it possible to pray ceaselessly? How can you pray amidst busy work or during deep sleep? Hence the wise man said that every thought is a prayer. You may not be praying always, but you are thinking always consciously and unconsciously. There is cessation of thinking in deep sleep. Thus it is impossible to pray with words or thoughts ceaselessly. Then is there anything in man which is ceaseless? Yes, there is. It is the breath. It does not make any difference, whether you are working or sleeping, for you are inhaling and exhaling in every moment both day and night with each and every breath. Hence if you wish to make your prayers constant, without a break if you wish to pray with Christ ceaselessly then make every breath with a prayer.

Soham bhavena pujayet. Worship God with Soham. Breathe the Universal consciousness. This is the highest prayer the scriptures have taught us. This is the ceaseless prayer that all God-realised souls followed and advocated for their individual peace as well as for world peace.

As God is the breath of the Breaths, He is listening our prayers in each and every breath.

Does God listen to the prayers?

Yes, He, is listening in all stillness and silence, remaining as the witness of your prayers of *Soham* in each and every moment.

53. THE DIVINE BATTERY

My loving readers! What is your souls' cry? What is your aspiration, aim and ideal in this birth? What is your soul and goal of this human existence?

Are you working and living for peace? Is the cry of your soul for peace? Do you wish to have peace in your life? Do you realise at least, that peace is your birthright and that your goal sooner or later is peace?

If so, here is your Kailas ashram, our legacy to you. This is the abode of peace, from where peace generates. It flows in torrents and rivers. All that you have do is only to attune yourself with this universal energy.

The divine battery of peace is installed in mount Kailas, on the top of the hill, in Kailas Ashram, for the good of all. The seekers of Truth, the lovers of peace, whether in near or far, in east or west from all corners of the world, can tune in their lives and connect themselves with the divine battery, which is ever operating both day and night eternally.

In this divine battery peace is the life force. It is the reservoir of soul force. It has innumerable cells working ceaselessly, giving connection to millions of wires all over the world. Anyone, from anywhere has easy access to connect himself or herself, with this divine battery, for it is a universal battery that includes all forces from every source.

My loving friends, do you wish to taste peace, which is your divine heritage, and which passeth all understanding? If so, here is the blessed opportunity without wasting anymore of your precious life or time in day dreaming and idle talk, for; this moment is yours and not the next moment.

Before the advent of the rising sun, at the early hours of dawn, the gong is sounded – the ringing of the bell continues to vibrate far and near to wake up all the sleeping and weary souls, from their long slumbers, to open their dedicated hearts, to attune with peace eternal and joy infinite. The weak and the strong, the sick and the healthy, the poor and rich nay, the sinners and saints can tune in and connect themselves with the universal battery of life and light and love. The connection is free as the air you breathe or the sunshine you enjoy so freely. No dues fees or charges for the repairs or advice or for the current. You can use or draw as much current as you can utilize in your life.

My friends! it is this divine battery that in spite of all the intricate and the invisible wires unites and connects all the people of all the religions and nations into one world of one humanity – one caste, one creed, one color and one religion of love. Disconnection with the divine battery is lifelessness and death and connection, inseparable and eternal connection with the divine battery, the source of existence and the soul of all manifestation is life effulgent.

Now, let us close our eyes and try to tune in, with the universal vibrations, connecting ourselves with the divine battery, to be blessed in the stillness of our purified hearts, with the vision universal, where it is all waveless peace – supreme silence. Let us inhale and exhale peace with each and every breath, drawing from the universal source – the soul force from the divine battery which is installed in mount Kailas within ourselves in the thousand petalled lotus – *sahasraara* with indivisible and eternal connection of Soham or I am, with the universal whole. Behold the Glory! The transcendental splendor of millions of suns, the moving power, of the divine battery within you.

May peace be unto all!

Om Om Om

Sri Kailas

15.5.1950 3AM

54. THE LIGHT THAT NEVER GOES OUT

Good news! Glad tidings- here is the happiest news. Did you ever hear of the LIGHT, that never goes out, the Light which is perpetual, the Light which is eternal, Infinite and all-inclusive- above all- the Effulgent Light, that does not need any other light, to prove its existence!

My friend, have you ever had read about such a Light of Illumination? Some say, that they have even seen the Light which is permanent and never goes out. But how can they see it with their physical eyes? Is it an object to be seen with finite eyes? Who can speak about It? Who can comprehend It?

Yet, the Light that never goes out is the common heritage and Divine Birthright of each and every individual on the face of the earth. Whether we know the Light or not, whether we can describe and speak about It or not, whether we can see It or not, nay, even whether we can think of It or not- our greatest consolation is, that the Light is always there, sparkling in our very eyes and shining in the stillness of our purified hearts, steadily and silently, radiating its radiance- the splendor of millions of Suns near and far.

Blessed is the man who identifies with the Light that never goes out! There is something within every man and woman that helps to unite them with the Light. That something is the holy breath within. As we follow it faithfully, it will lead us into the Holy of Holies- towards the soul- the centre of the Light that never goes out.

Then, let us practice to follow the breath, to recognize the Light, now alone for by using what we have; what we have will grow. All that the aspiring man needs is only to practice and practice the little that he has known so that he will be lead step by step- into the great Beyond- the Regions of peace, blessedness and illumination.

The Sun who is the light of the world is only a mere symbol of the Sun of Suns- the Light that never goes out. Even the Sun – the Light of the creation is hidden – seemingly when the night comes- but the Sun of Suns, the Light that never goes out is never hidden even seemingly under any conditions.

If the Light is hidden and separate, one cannot feel it, if it is far away one cannot see it, if it is aloof, one cannot cognize and recognize It.

Hence, here is the happiest news, as the Light is within, inseparable and eternal, one can feel It now and here, as It is Omnipresent and all-in-all. One can face It everywhere and all around, as It is shining in the devoted heart. One can feel It in the stillness of his heart. Verily, It is the Heart of the hearts, Breath of the breath, Life of life and the Soul of the souls. The Light is there not only within but also without! It is the witness of your waking, dreaming and sleeping conditions. It is equally present in the past, present and future.

O Adorable Light, Thou who art within, without, above, below and all around, Thou who art interpenetrating the very cells of our being, Thou art here NOW. What else can we say, other than recognize Thee not only now but always. The Seers and Sages recognizing THAT, they melt into wise Silence.

The holy breath is the oil of Life Eternal, for the effulgent light of Illumination. Aspiration is the holy wick of aspiring radiance, burning away all drops of ignorance and darkness and leading one, to the sublime heights of cosmic joy or Transcendental Glory.

My loving reader, let us abide ever by the Light that never goes out; for we are filled and surrounded, nay, pervaded and permeated already by the Effulgent Light. Verily, we are saturated now and always, with the Indivisible Light which is the only Reality, in the changing world of names and forms.

The Light that never goes out be the prop of our life, joy of our existence and the soul and goal of our aspirations!

In thought, word and deed, it is the Light that thinks in our thoughts, speaks in our words and expresses in our deeds. Verily, we move, work, breath, ever having our beings in the Light that never goes out.

May all homage be unto the Inseparable Light, Incomprehensible Light—the Light that never goes out, which is self-shining, perpetual and ever lasting. Recognition of the Light is our homage. Awareness of the Light Now and ALWAYS is our real homage and true offering to the Highest!

May the Light that never goes out, bless all the children of Light in East and West with Light!

Om! Om! Om!

Totapalli 18-10-49 3am

55. THE DAYS OF MIRACLES

Many a man thinks that the days of miracles were over, with Christ, Krishna, Buddha and other Avatars- saviours of Humanity. The days of miracles are not yet over. The sun keeps on shining now today, as in the past in the good olden days of the saviours and prophets. Miracles do happen even today, but men needs eyes to see, ears to listen and brains to comprehend and understand the Law of Love which is ever same either in the past, present or future.

Q: - What is a miracle? Is it to make the blind to see, the deaf to listen, the lame to walk, even the dead to rise?

A:- All these are miracles. Yet, there is a higher miracle- the transformation of the mind- the very heart, towards the Highest, the soul and goal of existence. What miracle is more touching and glorious than to see the so-called enemy, who has tried to do the greatest harm in ignorance, pays homage to you and embraces you, having the sweetest words 'pardon me' on his lips.

The change of heart, the transformation of the soul from the evil to good, is the miracle of miracles. To err is human. All people make mistakes. An ignorant man cannot even understand his mistakes. A coward does not have the strength to admit his mistake. It is only a Hero, once in a while comes out with all the latent strength within, with the miraculous words 'pardon me'. I bow my head in deep adoration unto such heros of strength.

How good is God? He tests his chosen ones with fire and brimstone. He purifies His children, in the fire of tribulations. He gives us only such crosses that can be carried by us, but anxiously waiting for us at journey's end, to utter the most consoling words patting on the back: Well done my child. I am pleased with thee.

Man falls a hundred times, nay even a thousand times, but in the end he rises, never to fall any more. The greatness is not, in never falling down, but in rising each time he falls. The miracle is not in the possession of wealth, health, power and opulence. It is in the recognition of harmony, understanding, meekness, faith and charity above all in Love. Verily, where Love is, there is God and all the miracles exist in Him.

Is not the Sun, a living daily miracle in the world, in the daytime? Are not the twinkling stars, a glistening miracle in the night? Above all, the Love of the man of sorrows is the greatest miracle of the world? Unto those who live as Love everyday is a day of miracle, every single act is an act of miracle. Even the aspiring thought that ascends like the smoke of the incense, is an offering- or living miracle to God.

Let each day be a day of miracle leading us from the unreal to the Real: from darkness into Light, from mortality to Immortality. Indeed everyday is a day of fresh beginning, to recognize God's Omnipresence, Omnipotence and Omniscience, in each and every face, for all are His manifested images, the living children of the One Indivisible God.

May all homage be unto God's all miracles.

May peace be unto all.

Om Om Om

Waltair 13-7-50 4.30am

56. THE BRAHMIC SPLENDOR

(The Light of millions of suns)

The Brahmic splendor- the Light of millions of suns is the life, soul and goal of human birth. But alas, there is hardly one in a million who is centered in Brahman, the Highest, expressing the Light in each and every moment of his life.

What is life, without Light? Yet, man has learnt to love darkness, hugging ignorance to his bosom. The inevitable results are bumps and knocks, heart aches and disappointments, suffering and misery, finally ending in death, the deep oblivion.

It is rather difficult even to grasp and understand the Brahmic splendor, not to speak of experiencing personally in one's own life, because it is above comprehension and beyond the senses, mind, intellect and ego.

To have even a faint idea of It vaguely, let us take some illustrations in the form of simple questions and answers.

Q: What is the relationship between the Brahmic splendor and the world?

Q: What is the relationship between Brahmic splendor and the body?

Q: What is the relationship between the Brahmic splendor and the breath within?

To solve these deep and intricate questions, let us take the illustration of the ocean, which is in front of us now.

Q: What is the relationship between the Ocean and the waves?

Q: What is the relationship between the ocean and the bubble?

Q: What is the relationship between the ocean and the friction or motion in the waves of the ocean?

Answer: As a wave is never separate from the ocean, and as it is inseparable one and intertwined in the ocean, so is also the world is never aloof or separate from the Brahmic splendor. As a wave is nothing but all waters, one and the same substance of the ocean, so also is the body a part and parcel of the Brahman, the one indivisible Truth- the Eternal Light. As the ebb and flow, the constant friction- the ceaseless motion is the life and soul of the ocean, so also is the life breath is the fulcrum or substratum, the very core and source of the Brahmic and splendor.

All that one needs now is only to feel and practice, in one's own life, the interpenetrating Presence of the Inner Light, the Indivisible Light of the millions of suns splendor. Whether eyes closed or opened, we are filled, surrounded and saturated, pervaded and permeated by the Infinite Light, not only now, in the living present moment but always, from eternity to

eternity. It is with us now, to express the Brahmic splendor, in all our thoughts, words and deeds.

Man, the living image of God, is the Light of the world with the awareness of the Brahmic splendor. Devoid of It, however mighty and rich he may be, he is only a mere living corpse, a disgrace to humanity and a burden to mother earth. The greatest consolation is however materialistic and gross the man may be, he cannot run away, be aloof or escape from the Brahmic splendor, for, it is interpenetrating the very cells of his being.

Awareness of the Brahmic splendor is life- non-recognition of It is death inevitable.

My friend, my loving readers, out of the fullness of my heart, I long to share this Brahmic splendor with you, for It is also your only birthright and Divine heritage. Let us close our eyes and meditate now on the great Light of lights, which is ever within, without, above, below and all around. What else can I say in these finite words? Feel, feel my friend. Assert and express nay, manifest now and here- the only unchanging Reality- the ocean of Light amidst the ever changing waves of life!

May all homage be unto the Brahmic splendor!

Om Tat Sat Om

Om Om Om

1-12-49 4am

57. GOD IS ONE-WORSHIP HIM UNIVERSALLY

It was the sacred hour of early dawn. I was trying to meditate awaiting to behold the glorious sight of the sun, rising from the horizons of the ocean.

Hence now and then, I was opening my eyes to see that the sun might not come out of the horizon without my watch, while the eyes were closed.

Nearby me, there was the inspiring and beautiful Universal symbol of Om, Cross, Lotus and Crescent with the words: GOD IS ONE WORSHIP HIM UNIVERSALLY. When I opened my eyes- they fell on the last word and the bottom of the symbol- UNIVERSALLY and suddenly in a flash, I had a clearer conception of the word universally the .

Hitherto, I was laying stress in my universal conception in the ides=a, that there is no need to be intolerant and the God or the goal of life can be reached through any of the well-known big religions- Hinduism, Christianity, Buddhism, Islam etc. for all the paths are leading to the same God just like the rivers to the same ocean.

Generally, when we say God is One- worship Him universally, means, do not fight over other man's religion. Be tolerant and appreciative of other faiths, for all are children of one God, sooner or later realizing Him, irrespective of the difference of faiths.

Now, what has struck to me forcibly as my eyes fell on the word: 'universally', at that precious state, Lord of dawn is something deeper, vital and most uplifting? There is no Peace or happiness for man unless he worships God universally. It is not enough to be tolerant and appreciate other faiths. It is not enough to be a true Hindu or Christian walking in the ordained path and ignoring the sufferings of the world.

Worship Him Universally. Universal worship means, the worship of the universe, but not the worship of one's own creed alone. Respecting all creeds and faiths, worship of the universe is the real universal worship. Since God pervades and permeates the whole universe. Men should begin to worship the whole universe in every aspect.

Om Om Om

58. THE DAY OF RESURRECTION

This is supposed to be the day of resurrection of the Blessed Lord Christ. He rose from the dead- from the unreal to the Real, from the darkness into the Light, from the mortal to the Immortality.

It is blessed to have a day of resurrection so that each one can strive or attempt to rise and to reach the goal of precious human birth, at least once in a year.

Dear Friend, when is your day of resurrection? Are you dead or alive? Those who are not conscious of God- the Indwelling Presence are dead though alive physically and those who are aware of His Presence in the cells of their very being are the only ones who are alive.

On this blessed day Christ rose from the dead. Why should we not also attempt to rise from the dead- the state of weakness, sickness and ignorance. Let this be a day of resurrection not only for the Lord but for us also.

It is not enough to say- the Lord rose from the dead. What about you and I. What about all his disciples and ardent followers all over the world? Will they rise from the dead? Are they resurrected today?

Blessed is the one who can say sincerely and cheerfully, I too am resurrected with the Lord. The Lord rose. Why should we not rise also. He alone is the true lover and follower of Christ, who can rise with the Lord.

Let not the Lord say that we have failed Him and that we have slept while he was praying and that we were degenerating while he was resurrecting and that we were going to perdition while he was heading to Heaven.

Let this Holy Day be a Day of resurrection- a day of Rejoicing to one and all. Let us resurrect from the fetters or shackles of the man-made differences in caste, creed, colour and nations. Let us resurrect from hatred to Love, from strife to Harmony, from suspicion to understanding, above all from body-consciousness to God-consciousness.

Above all whether it is in sickness or health, in poverty or wealth, in ignorance or knowledge, in death or life, let us stand by the Lord- for He is the way – Truth and Life. May all be resurrected all over the world in the East and West, in North and South-in His Name, now and here is the prayer of a humble servant to Lord .

May Peace be unto all
Om

6-4-1944